

# STORY & MISSION

## THIS IS NOT A PERSONALITY ASSESSMENT

Unlike DISC, Myers-Briggs, SHAPE, 5 Colors, APEST, or Enneagram, etc., this is not a personality assessment. Most tools focus on you and often reduce identity to function. This study shifts the focus to the Trinity—who God is and how He works in and through us. We understand ourselves rightly only by first understanding Him.

This is about thinking deeply about God: Who is He? How does He relate, organize, reason, reveal truth, and carry out mission?

Whatever your “score,” your role reflects His image, not yours. The goal is His glory, not self-definition.

## THE CROSS FRAMEWORK

We use the acronym C.R.O.S.S. because Jesus’ life, death, and resurrection stand at the center of Scripture and history. We will assess the following:

- Community (how you relate)
- Rhythms (how you do things)
- Organization (how you order life)
- Scripture (how you learn)
- Shared Mission (how you serve)

These categories simply help us observe how the Triune God is revealed to be united in Scripture. These categories do not limit God but provide a tool for reflection as to how we too are to be united in relationship, thought, structure, truth, and mission.

As we study this unity, we grow in living as one—relating well, reasoning faithfully, organizing wisely, learning truth, and serving missionally.



**DISCLAIMER:** IN THE OLD TESTAMENT, GOD’S PEOPLE WERE LED BY PROPHETS (PRECEPTS), PRIESTS (PEOPLE), AND KINGS (PLANNING). JESUS FULFILLS ALL THREE PERFECTLY. THIS FRAMEWORK DOES NOT ASSIGN TITLES. IT DESCRIBES TENDENCIES—HOW YOU MAY PRIMARILY FUNCTION. YOU MAY LEAN TOWARD PROPHETIC, PRIESTLY, OR KINGLY TENDENCIES, BUT ALL BELIEVERS SHARE IN THESE IDENTITIES IN CHRIST. EVERY CHRISTIAN IS CALLED TO GROW IN ALL THREE, YET WE OFTEN SERVE MOST NATURALLY IN ONE AREA AND NEED THE REST OF THE BODY TO MATURE US. THE AIM IS NOT LABELING, BUT BECOMING MORE LIKE JESUS, WHO PERFECTLY REFLECTS THE TRIUNE GOD.

# HOW YOU RELATE

CIRCLE/CLICK YOUR ANSWER TO THE QUESTIONS:

1 BEING LEAST LIKE YOU - 5 BEING MOST LIKE YOU

1. My favorite type of lyrics and entertainment are ones that promote an agenda. 1 2 3 4 5
2. I enjoy having a small number of close friends. 1 2 3 4 5
3. I most enjoy entertainment that focuses on proving a point. 1 2 3 4 5
4. I draw back into relationships that are comfortable when I'm stressed. 1 2 3 4 5
5. After hanging out with people, I need to be alone while working on something. 1 2 3 4 5
6. I enjoy keeping up with a large network of people. 1 2 3 4 5
7. I tend to struggle with being cold, disconnected, and even harsh in my actions or words. 1 2 3 4 5
8. I choose to isolate myself when I'm overwhelmed. 1 2 3 4 5
9. I enjoy maintaining planned and considered relationships. 1 2 3 4 5
10. I most enjoy anything that prioritizes imagination and story. 1 2 3 4 5
11. After prolonged association with people, I need to be alone with my thoughts. 1 2 3 4 5
12. I prefer smaller audiences (one on one) to large crowds. 1 2 3 4 5
13. I have a strong emotional intelligence (very in-tune with mine and others emotions). 1 2 3 4 5
14. I prefer being in the spotlight and having large-scale influence. 1 2 3 4 5
15. When I am stressed, I tend to fall back on lists and priorities. 1 2 3 4 5
16. I have a strong sense of right and wrong. 1 2 3 4 5
17. I tend to struggle with enabling people, tolerating sin, setting good boundaries, and I give into the fear of man very easily. 1 2 3 4 5
18. I am very good with systems, structure and networking. 1 2 3 4 5
19. I tend to struggle with being too firm with rules, regulations, restrictions, and details. 1 2 3 4 5
20. After spending time with a lot of people I tend to have a lot more energy. 1 2 3 4 5
21. I prefer to work on things that help out behind the scenes. 1 2 3 4 5

# HOW YOU DO THINGS

CIRCLE/CLICK YOUR ANSWER TO THE QUESTIONS:

1 BEING LEAST LIKE YOU - 5 BEING MOST LIKE YOU

1. I like to work in an active or fast-paced job environment. 1 2 3 4 5
2. I fight for systems that I believe in. 1 2 3 4 5
3. I act on plans only when they work to someone's benefit. 1 2 3 4 5
4. I tend to plan my actions as I learn about the correct direction. 1 2 3 4 5
5. I am good at directing people into the areas of service for which they are best gifted. 1 2 3 4 5
6. I love to help people, and I don't expect anything in return. 1 2 3 4 5
7. I am good at discerning the positives and negatives in a person's actions and future directions. 1 2 3 4 5
8. I like to defend ideas and concepts that I believe in. 1 2 3 4 5
9. I like to be in a relaxed and relational work environment. 1 2 3 4 5
10. I tend to thrive in the relationships I develop. 1 2 3 4 5
11. I feel the most satisfied in the accomplishment of tasks and details. 1 2 3 4 5
12. I tend to plan my actions in advance. 1 2 3 4 5
13. I tend to enjoy my decisions to be led by the moment and more spontaneous. 1 2 3 4 5
14. I am good at counseling people into areas of health and obedience. 1 2 3 4 5
15. I act on plans when they are the right thing to do. 1 2 3 4 5
16. I like to be in a structured, ordered, and planned job environment. 1 2 3 4 5
17. I will not act on something until it makes sense to me. 1 2 3 4 5
18. I serve and help people, but inwardly desire acknowledgment and affirmation. 1 2 3 4 5
19. I tend to thrive in the accomplishment of rational and logical conclusions. 1 2 3 4 5
20. I most readily defend people. 1 2 3 4 5
21. I readily help people when they are contributing to the structure of things. 1 2 3 4 5

# HOW YOU ORDER LIFE

CIRCLE/CLICK YOUR ANSWER TO THE QUESTIONS:

1 BEING LEAST LIKE YOU - 5 BEING MOST LIKE YOU

1. I tend to thrive in the accomplishment of tasks. 1 2 3 4 5
2. I have a strong sense of authority and moral right and wrong. 1 2 3 4 5
3. I have a strong sense of mercy and compassion and will adjust guidelines to fit needs. 1 2 3 4 5
4. My first response to situations and people is first emotional and then logical. 1 2 3 4 5
5. I am more apt to relate to my outer world through thinking. 1 2 3 4 5
6. I first respond to things using my logic and then emotional. 1 2 3 4 5
7. I relate easily and quickly to those around me using both feelings and logic. 1 2 3 4 5
8. I tend to pay more attention to what I do (hands) in how I live out my faith. 1 2 3 4 5
9. I tend to thrive in the accomplishment of caring for someone. 1 2 3 4 5
10. I am more apt to relate to my outer world through feelings. 1 2 3 4 5
11. I tend to do best in an environment where I can conquer concepts or ideas. 1 2 3 4 5
12. Being on time most rightly shows reverence. 1 2 3 4 5
13. I tend to pay more attention to what I feel (heart) in how I live out my faith. 1 2 3 4 5
14. The time given to me is given to allow me time to show love and care. 1 2 3 4 5
15. I tend to invest my time, talent and treasure in people. 1 2 3 4 5
16. I have a strong sense of vision and overall strategy. 1 2 3 4 5
17. My first response to situations and people is first practical. 1 2 3 4 5
18. I tend to pay more attention to my thinking (head) in how I live out my faith. 1 2 3 4 5
19. Being on time most rightly shows respect. 1 2 3 4 5
20. I tend to invest my time, talent and treasure in causes. 1 2 3 4 5
21. Organizations capture my attention because of their efficiency and structure. 1 2 3 4 5

# HOW YOU LEARN

CIRCLE/CLICK YOUR ANSWER TO THE QUESTIONS:

1 BEING LEAST LIKE YOU - 5 BEING MOST LIKE YOU

1. I can do well in black, white, and grey thinking. 1 2 3 4 5
2. I am excited by the abstract, theoretical, or imaginary ideas. 1 2 3 4 5
3. I tend to spend my free time doing “hand activities,” such as planning and orchestrating events and trips. 1 2 3 4 5
4. I am drawn to emphasize texts in Scripture referring to God as Judge, Righteous, on a Throne, and Wrathful. 1 2 3 4 5
5. I tend to spend my free time doing “heart activities” such as music, journaling and dialogue with friends. 1 2 3 4 5
6. I like black and white thinking. 1 2 3 4 5
7. I am comfortable with grey areas. 1 2 3 4 5
8. I am drawn to emphasize texts in Scripture that refer to God as Omniscient, Sovereign and Lord. 1 2 3 4 5
9. I prefer to ask the question “who?” when thinking about people and situations I’m serving. 1 2 3 4 5
10. I am drawn to texts in Scripture that refer to God as Shepherd, Care-giver, Gracious, Merciful, Bride, Husband... 1 2 3 4 5
11. I find searching for a solution is equally as exciting as arriving at the outcome. 1 2 3 4 5
12. I am excited by the possible. 1 2 3 4 5
13. I prefer to ask the question “how?” do we do things. 1 2 3 4 5
14. I think that the search for a solution is hard compared to the excitement of doing the result. 1 2 3 4 5
15. I think searching for a solution is more exciting than the outcome. 1 2 3 4 5
16. I prefer to ask the question “why?” in situations. 1 2 3 4 5
17. I am excited about the measurable. 1 2 3 4 5
18. I tend to spend my free time in mind activities such as blogs, books, information etc. 1 2 3 4 5

# HOW YOU SERVE

CIRCLE/CLICK YOUR ANSWER TO THE QUESTIONS:

1 BEING LEAST LIKE YOU - 5 BEING MOST LIKE YOU

1. I enjoy spending my free time doing activities. 1 2 3 4 5
2. I arrange my time with purpose. 1 2 3 4 5
3. I lead through my message. 1 2 3 4 5
4. I am drawn to messages through visual presentation and art. 1 2 3 4 5
5. It is in my nature to naturally view heavy responsibility as honorable. 1 2 3 4 5
6. I lead through relationships. 1 2 3 4 5
7. I am drawn to communication through policy and strategy and any form that may bring these two elements together. 1 2 3 4 5
8. I arrange my team with priority. 1 2 3 4 5
9. I am drawn to communication through discussion and any form that may bring these two elements together. 1 2 3 4 5
10. I respond well when deadlines are reasonable. 1 2 3 4 5
11. I connect to people through talking about ideas. 1 2 3 4 5
12. I can discuss plans and problems without prejudice, but struggle to do so with people. 1 2 3 4 5
13. I enjoy fun that's end goal is time together, relationship, and network related. 1 2 3 4 5
14. I can discuss people and plans without bias, but struggle to do so to problems. 1 2 3 4 5
15. I enjoy having fun by learning something new and education. 1 2 3 4 5
16. I arrange my time with flexibility. 1 2 3 4 5
17. I most naturally only take on a responsibility if it is needed. 1 2 3 4 5
18. I respond well to deadlines that are valid. 1 2 3 4 5
19. I connect to others through opinions. 1 2 3 4 5
20. I enjoy responsibilities and tasks only when they allow me to serve people. 1 2 3 4 5
21. I respond well when deadlines are flexible. 1 2 3 4 5
22. I can apply critique to people objectively, but I struggle to do so with plans and problems. 1 2 3 4 5
23. I engage through feelings. 1 2 3 4 5
24. I lead through tasks. 1 2 3 4 5

# TALLY SHEET

TOTAL UP YOUR SCORES TO SEE WHICH TENDENCY BEST DESCRIBES YOU

## HOW YOU RELATE?

Total your scores in the green box. Click/Circle the pink box with the highest score that best shows how you relate.

KING | PLANNING

TOTAL 1, 5, 9, 15, 18, 19, 21

PLAN

PRIEST | PEOPLE

TOTAL 4, 6, 10, 12, 13, 17, 20

PEOPLE

PROPHET | PRECEPT

TOTAL 2, 3, 7, 8, 11, 14, 16

PRECEPT

## HOW YOU DO THINGS?

Total your scores in the green box. Click/Circle the pink box with the highest score that best shows how you do things.

KING | PLANNING

TOTAL 2, 5, 11, 12, 16, 17, 21

PLAN

PRIEST | PEOPLE

TOTAL 3, 6, 9, 10, 13, 14, 20

PEOPLE

PROPHET | PRECEPT

TOTAL 1, 4, 7, 8, 15, 18, 19

PRECEPT

## HOW YOU ORDER LIFE?

Total your scores in the green box. Click/Circle the pink box with the highest score that best shows how you order life.

KING | PLANNING

TOTAL 1, 5, 8, 16, 17, 19, 21

PLAN

PRIEST | PEOPLE

TOTAL 3, 4, 9, 10, 13, 14, 15

PEOPLE

PROPHET | PRECEPT

TOTAL 2, 6, 7, 11, 12, 18, 20

PRECEPT

## HOW YOU LEARN?

Total your scores in the green box. Click/Circle the pink box with the highest score that best shows how you learn.

KING | PLANNING

TOTAL 1, 3, 8, 13, 14, 17

PLAN

PRIEST | PEOPLE

TOTAL 5, 7, 9, 10, 12, 15

PEOPLE

PROPHET | PRECEPT

TOTAL 2, 4, 6, 11, 16, 18

PRECEPT

## HOW YOU SERVE?

Total your scores in the green box. Click/Circle the pink box with the highest score that best shows how you serve.

KING | PLANNING

TOTAL 1, 2, 7, 17, 18, 19, 22, 24

PLAN

PRIEST | PEOPLE

TOTAL 6, 9, 12, 13, 16, 20, 21, 23

PEOPLE

PROPHET | PRECEPT

TOTAL 3, 4, 5, 8, 10, 11, 14, 15

PRECEPT

# **\*\* OPTIONAL \*\***

**ASK 1-2 TRUSTED PEOPLE TO TAKE THE ASSESSMENT FOR YOU AND ANSWER HONESTLY. NOTE THE SIMILARITIES AND DIFFERENCES BELOW.**

# SECTION 2

# GOD'S PLAN & PROVIDENCE

GOD HAS BEEN SHAPING YOUR STORY FROM THE BEGINNING, WEAVING COMMON THREADS THROUGHOUT YOUR LIFE THAT REFLECT WHO YOU ARE. FOR EACH STAGE OF YOUR LIFE, LIST 2-3 KEY EVENTS (GOOD OR BAD) THAT HAVE SHAPED YOU MOST.

0 - 5 YEARS

6 - 10 YEARS

11 - 15 YEARS

16 - 21 YEARS

21 - 28 YEARS

28 - 40 YEARS

41 - 55 YEARS

55+ YEARS

# SECTION 2

# GOD'S PURPOSE

PRETEND YOU'RE WRITING A BOOK ABOUT YOUR LIFE—GIVE EACH STAGE A CHAPTER TITLE (E.G., A TRAUMATIC CHILDHOOD COULD BE "BROKEN"), AND AS YOU DO, NOTE HOW GOD WAS REVEALING HIS TRIUNE NATURE (FATHER, SON, AND HOLY SPIRIT) THROUGH THOSE EXPERIENCES.

CHAPTER 1 TITLE

CHAPTER 2 TITLE

CHAPTER 3 TITLE

CHAPTER 4 TITLE

CHAPTER 5 TITLE

CHAPTER 6 TITLE

CHAPTER 7 TITLE

CHAPTER 8 TITLE

CHAPTER 9 TITLE

CHAPTER 10 TITLE

IDENTIFY HOW GOD'S PROVIDENCE AND TRIUNE NATURE HAVE BEEN AT WORK IN YOUR LIFE—EVEN BEFORE YOU NOTICED. THEN READ EPHESIANS 1:3-14 AND, NOTING HOW "PURPOSE" IS USED WITHIN THE TRINITY, WRITE 1-2 SENTENCES DESCRIBING GOD'S PURPOSE FOR YOU.

# SECTION 3

# GOD'S VALUES

FROM THE FOLLOWING LIST, CIRCLE/CLICK THE TOP 10 VALUES THAT BEST DESCRIBE YOUR LIFE AS A RESULT OF THE STORY GOD HAS GIVEN YOU

ACCOUNTABILITY  
ATTITUDE  
AUTHENTICITY  
BOLDNESS  
CHARACTER  
COLLABORATION  
COMPASSION

CONFIDENCE  
COURAGE  
CREATIVITY  
DEDICATION  
DEVOTION  
DISCIPLESHIP  
DISCIPLINE

DISCOVERY  
DIVERSITY  
EFFICIENCY  
ENCOURAGEMENT  
ENDURANCE  
ENTHUSIASM  
EVANGELISM

EXCELLENCE  
FAITH  
FAITHFUL  
FAMILY  
FELLOWSHIP  
GENEROSITY  
GENTLENESS

GODLINESS  
GOODNESS  
GRACE  
GRATEFULNESS  
GROWTH  
HONESTY  
HONOR  
HOPE  
HUMILITY  
HUMOR  
TRUTH & WISDOM  
INTIMACY

JOY  
JUSTICE  
KINDNESS  
KNOWING  
GOD  
LEADERSHIP  
LEARNING  
LOYALTY  
MERCY  
OBEDIENCE  
OPENNESS  
ORDER

PASSION  
PATIENCE  
PEACE & UNITY  
PERSEVERANCE  
PERSONAL  
GROWTH  
PRAYER  
PURITY  
RELATIONSHIPS  
RELIABILITY  
RESPECT  
SACRIFICE

SELF-CONTROL  
SELF-DISCIPLINE  
SELFLESSNESS  
SERVANTHOOD  
STEADFASTNESS  
STEWARDSHIP  
SUBMISSION  
TEACHABLE  
TEAMWORK  
THANKFULNESS  
TRANSPARENCY  
TRUSTWORTHINESS

# GOD'S MISSION

READ MATTHEW 28:16-20: LIST THE 5 BIG IDEAS, OR "PILLARS". COMPARE YOUR LIFE EXPERIENCES, VALUES, AND PURPOSE WITH THE GREAT COMMISSION PILLARS BY CRAFTING A 1-3 SENTENCE STATEMENT THAT UNITES THEM, FRAMING YOUR PASSIONS WITHIN GOD'S STORY AND MISSION.

PILLAR 1

PILLAR 2

PILLAR 3

PILLAR 4

PILLAR 5

1-3 SENTENCES

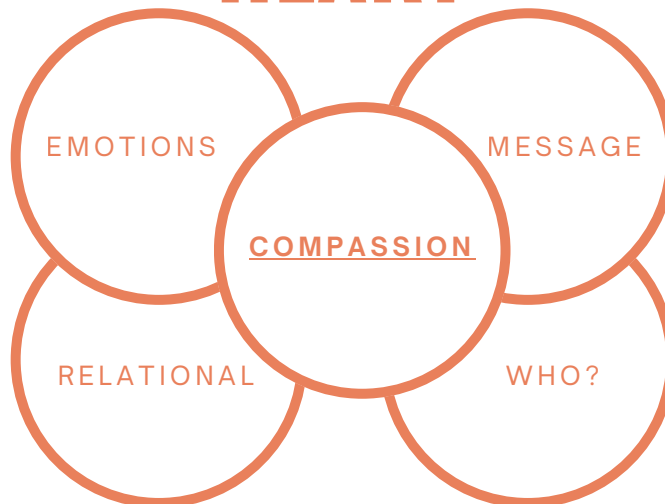
# PRECEPTS / PEOPLE / PLANS

CONSIDERING EVERYTHING UP TO THIS POINT, SUMMARIZE YOURSELF BY CLICKING/CIRCLING WHICH DIAGRAM BEST DESCRIBES YOU:

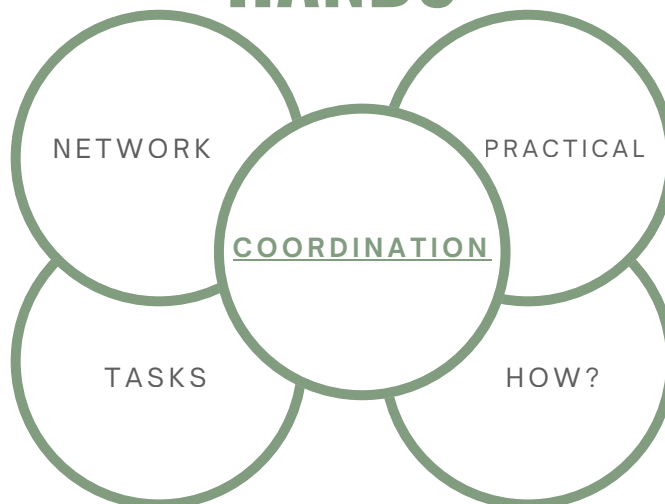
## HEAD



## HEART



## HANDS



# YOUR PASSION & GIFTS

GOD MAY USE YOUR EMOTIONS TO REVEAL WHERE HE'S CALLING YOU TO SERVE AND MAKE A DIFFERENCE IN MINISTRY.

WHAT EXCITES YOU MOST?

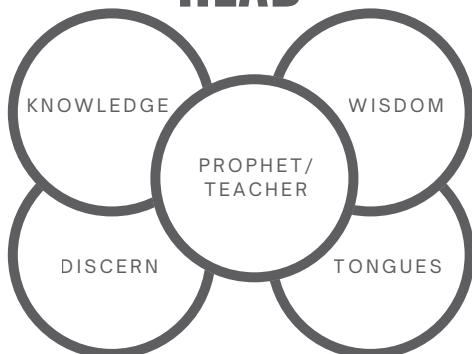
WHAT MAKES YOU ANGRY?

WHAT BRINGS YOU TEARS?

## YOUR MINISTRY

**CLICK/CIRCLE THE ONE THAT BEST REPRESENTS YOU:** “SPIRITUAL GIFTS” (ROM. 12:6–8; 1 COR. 12:8–10, 28; EPH. 4:11; 1 PT. 4:11) ARE NOT COMPLETE LISTS BUT TYPES OF MINISTRIES—FUNCTIONS, ROLES, AND ADMINISTRATIONS WITHIN THE BODY. THEY ARE NOT PERSONAL POSSESSIONS BUT ARE GIVEN AND TAKEN BY GOD TO MEET NEEDS. RATHER THAN FOCUSING INWARD ON OUR GIFTS, WE LOOK OUTWARD TO SERVE OTHERS WITH A POSTURE OF SERVANTHOOD.

### HEAD



### HEART



### HANDS

