



PEOPLE OF PRESENCE

— From God's Presence to God's People —

QUARTER 1 — CREATED TO DWELL

Learning to Delight in God's Presence

WEEK
11

REMEMBRANCE

Psalm 103

"Bless the Lord, O my soul,
and all that is within me, bless
His holy name."

“
Unless the Lord
builds the house,
its builders labor
in vain.
PSALM 127:1



THE BIG IDEA

God remembers me
and His goodness never
runs out.
I will remember too.



GOSPEL IDENTITY

Because Christ is my Sabbath
and Sustainer...

- ✓ I remember I am forgiven.
- ✓ I remember I am loved.
- ✓ I remember He is faithful.

FROM PROTEST TO PRAISE

A JOURNEY THROUGH PSALM 103



1 BLESS

What can I praise?

I bless the Lord,
O my soul.



2 REMEMBER

What has He done?

He forgives, heals,
redeems, crowns,
and satisfies.



3 SEE

Who is He?

He is compassionate,
slow to anger,
abounding in love.



4 RESPOND

How will I live?

I will not forget
His benefits. I will
tell of His deeds.

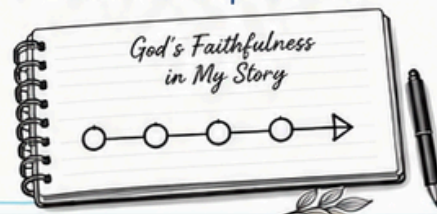


CREATIVE RESPONSE

CREATE A TESTIMONY TIMELINE

Make a timeline of your life
highlighting key moments where
you've seen God's faithfulness.

- Mark the highlights.
- Write what God was doing.
- Add scriptures or prayers from those times.
- Look back and praise Him!



BODY LIFE PRACTICE

TELL GOD'S FAITHFULNESS

Share a time this week when God
was faithful—big or small. Your
story can encourage someone
and bring glory to Him.



COMPANION QUESTIONS

- 1 What stands out most to you in Psalm 103?
- 2 When have you most experienced God's mercy or love?
- 3 How does remembering God's past faithfulness strengthen your hope today?
- 4 Who can you encourage this week by sharing your story?



PRESENCE PRACTICE

THIS WEEK

Take time each day to
remember one way God
has been faithful.
Write it down.



Today I
choose to
remember...



Today I
thank God
for...



Today I will
tell someone
about...



MEMORY VERSE

Psalm 103:2
"Bless the Lord,
O my soul,
and forget not all His
benefits."



GOSPEL TRUTH

God is good and
His mercy
endures forever
(Psalm 103:8).



God's last day was Adam and Eve's first day. We are invited to work from rest,
not for it—setting apart time to ponder and rest is "work while we rest or our help."