



# PEOPLE OF PRESENCE

— From God's Presence to God's People —

## QUARTER 1 — CREATED TO DWELL

Learning to Delight in God's Presence

WEEK  
4

## IDENTITY

*Psalm 139*

I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well."

“  
You are  
fearfully and  
wonderfully  
made.

PSALM 139:14



### THE BIG IDEA

God knows me completely  
and loves me deeply.  
I am His workmanship,  
created for His good works.



### GOSPEL IDENTITY

Because Christ is my Creator  
and Redeemer...

- ✓ I am known completely.
- ✓ I am deeply loved.
- ✓ I am made for purpose.

### FROM PROTEST TO PRAISE

A JOURNEY THROUGH PSALM 139



#### 1 PROTEST

What hurts?

Do I doubt my worth?  
Do I feel unseen or  
misunderstood?



#### 2 PRESENCE

Bring it to God.

You know me fully,  
Lord. You see me  
and love me.



#### 3 PERSPECTIVE

What is true?

I am fearfully and  
wonderfully made.  
You have a plan  
for me.



#### 4 PRAISE

Trust grows  
while waiting.

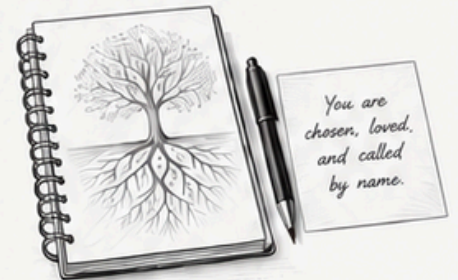
I will praise You,  
for I am Yours  
and You are good.



### CREATIVE RESPONSE

#### SELF-PORTRAIT, POEM, OR WRITTEN BLESSING

Reflect on who God says you are.  
Create something that expresses  
your identity in Him. Use Scripture,  
words, images, or both.



Let God's truth shape  
your view of yourself.



### BODY LIFE PRACTICE

SPEAK BIBLICAL IDENTITY  
OVER ONE ANOTHER

In your group, take turns speaking  
Scripture-based truths over each person.  
Encourage and affirm who God says  
they are.



### COMPANION QUESTIONS

- 1 What does it mean to you that God knows you completely?
- 2 Where do you struggle to believe you are loved by God?
- 3 What truth from Psalm 139 do you need to remember most?
- 4 How can you live more fully in the identity God has given you?



### PRESENCE PRACTICE

#### THIS WEEK

Each day, reflect on who God  
says you are.

Each evening write:



Today I  
thank God  
for...

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Today God  
reminded me  
that I am...

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Today I will  
live as His  
beloved by...

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### MEMORY VERSE

**Psalm 139:14**

I praise you, for I am  
fearfully and wonderfully  
made. Wonderful are your  
works; my soul knows  
it very well.



### GOSPEL TRUTH

My identity is not  
found in my  
performance, but  
in God's perfect  
love and purpose  
for me.



May the God who knows you completely help you live  
in the freedom and joy of being His beloved.