

FRUSTRATED

THE EXPRESSING OF DISTRESS AND ANNOYANCE,
ESPECIALLY BECAUSE OF AN INABILITY TO
CHANGE OR ACHIEVE SOMETHING.

**What should I
remember when
I'm tempted to vent
my frustrations?**





DANIEL 8

RESTRAINT AMID UNRESTRAINT

In the third year of the reign of King Belshazzar a vision appeared to me, Daniel, after that which appeared to me at the first. ² And I saw in the vision; and when I saw, I was in Susa the citadel, which is in the province of Elam. And I saw in the vision, and I was at the Ulai canal.

DREAMS AND VISIONS



³ I raised my eyes and saw, and behold, a ram standing on the bank of the canal. It had two horns, and both horns were high, but one was higher than the other, and the higher one came up last.



⁴ I saw the ram charging westward and northward and southward. No beast could stand before him, and there was no one who could rescue from his power. He did as he pleased and became great.



⁵ As I was considering, behold, a male goat came from the west across the face of the whole earth, without touching the ground. And the goat had a conspicuous horn between his eyes.



⁶ He came to the ram with the two horns, which I had seen standing on the bank of the canal, and he ran at him in his powerful wrath. ⁷ I saw him come close to the ram, and he was enraged against him and struck the ram and broke his two horns.



And the ram had no power to stand before him, but he cast him down to the ground and trampled on him. And there was no one who could rescue the ram from his power.



⁸ Then the goat became exceedingly great, but when he was strong, the great horn was broken, and instead of it there came up four conspicuous horns toward the four winds of heaven.



⁹ Out of one of them came a little horn, which grew exceedingly great toward the south, toward the east, and toward the glorious land.



¹⁰ It grew great, even to the host of heaven. And some of the host and some of the stars it threw down to the ground and trampled on them.



¹¹ It became great, even as great as the Prince of the host. And the regular burnt offering was taken away from him, and the place of his sanctuary was overthrown.



¹² And a host will be given over to it together with the regular burnt offering because of transgression, and it will throw truth to the ground, and it will act and prosper.



¹³ Then I heard a holy one speaking, and another holy one said to the one who spoke, “For how long is the vision concerning the regular burnt offering, the transgression that makes desolate,



And the giving over of the sanctuary and host to be trampled underfoot?” ¹⁴ And he said to me, “For 2,300 evenings and mornings. Then the sanctuary shall be restored to its rightful state.”



¹⁵ When I, Daniel, had seen the vision, I sought to understand it.

And behold, there stood before me
one having the appearance of a
man. ¹⁶ And I heard a man's
voice between the banks of the Ulai,
and it called, "Gabriel, make this
man understand the vision."



GABRIEL



17 So he came near where I stood. And when he came, I was frightened and fell on my face. But he said to me, “Understand, O son of man, that the vision is for the time of the end.”



¹⁸ And when he had spoken to me, I fell into a deep sleep with my face to the ground. But he touched me and made me stand up.



¹⁹ He said, “Behold, I will make known to you what shall be at the latter end of the indignation, for it refers to the appointed time of the end.



²⁰ As for the ram that you saw with the two horns, these are the kings of Media and Persia. ²¹ And the goat is the king of Greece. And the great horn between his eyes is the first king.



ALEXANDER THE GREAT



²² As for the horn that was broken, in place of which four others arose, four kingdoms shall arise from his nation, but not with his power.



²³ And at the latter end of their kingdom, when the transgressors have reached their limit, a king of bold face, one who understands riddles, shall arise.



²⁴ His power shall be great—but not by his own power; and he shall cause fearful destruction and shall succeed in what he does, and destroy mighty men and the people who are the saints.



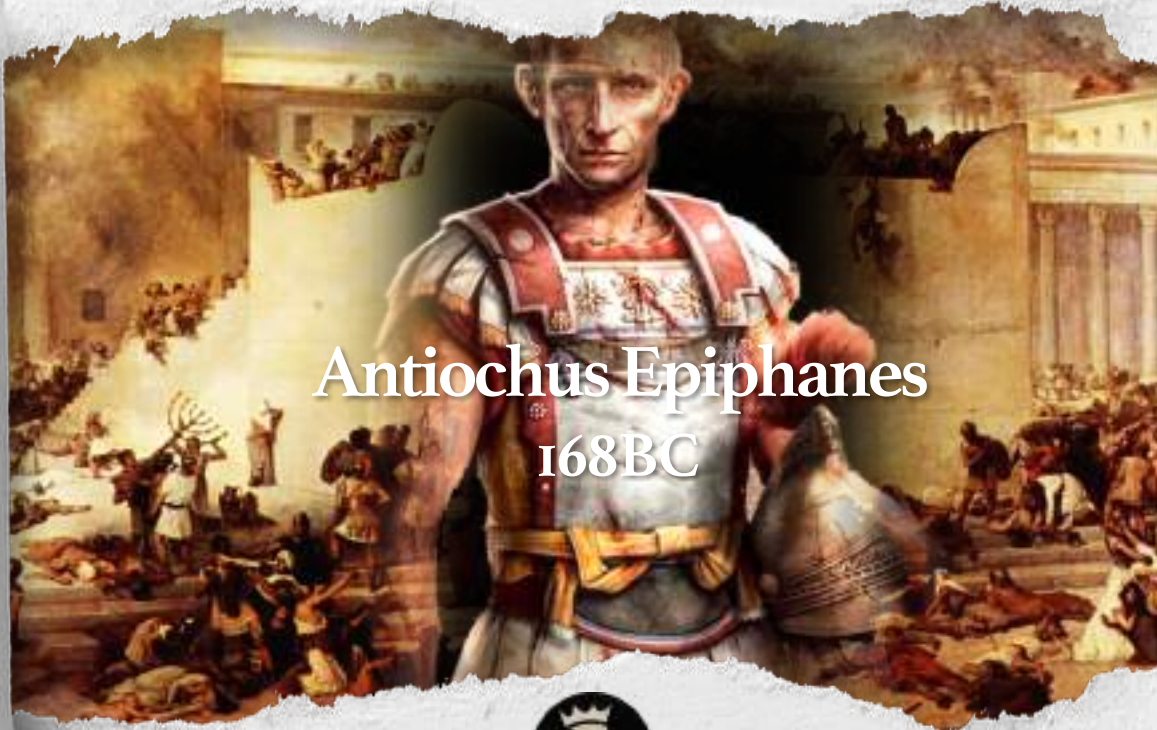
²⁵ By his cunning he shall make deceit prosper under his hand, and in his own mind he shall become great. Without warning he shall destroy many.

Antiochus Epiphanes

King of Syria 175BC-164BC



And he shall even rise up against the Prince of princes, and he shall be broken—but by no human hand.



Antiochus Epiphanes
168BC



ABOMINATION OF DESOLATION



ABOMINATION OF DESOLATION



“THE LITTLE HORN” An Evil End Times Leader Dan. 7:8

“KING OF INTRIGUE” Insolent & Skilled Dan. 8:23

“PRINCE TO COME” Global Dictator Dan. 9:26

“MAN OF LAWLESSNESS” Liar & Cheat 2 Thess. 2:3

“THE FOOLISH SHEPHERD” 10 Nation Federation Zech. 11:15

“SON OF DESTRUCTION” Hatred for the Saints 2 Thess. 2:3

“THE BEAST OF THE SEA” Empowered by a False Prophet Rev. 13:1



ANTI-CHRIST

THE FIRST BEAST OF REVELATION 13



FALSE PROPHET

THE SECOND BEAST OF REVELATION 13

Then I saw another beast rising out
of the earth. It had two horns like a
lamb and it **spoke like a dragon.**



FALSE PROPHET

REVELATION 13

It exercises all the authority of the first beast in its presence, and **makes the earth and its inhabitants worship the first beast**, whose mortal wound was healed.



FALSE PROPHET

REVELATION 13

It performs great signs, even making fire
come down from heaven to earth in front
of people, and by the signs that it is
allowed to work in the presence,



FALSE PROPHET

REVELATION 13

It deceives those who dwell on earth, **telling them to make an image for the beast** that was wounded by the sword and yet lived.



FALSE PROPHET

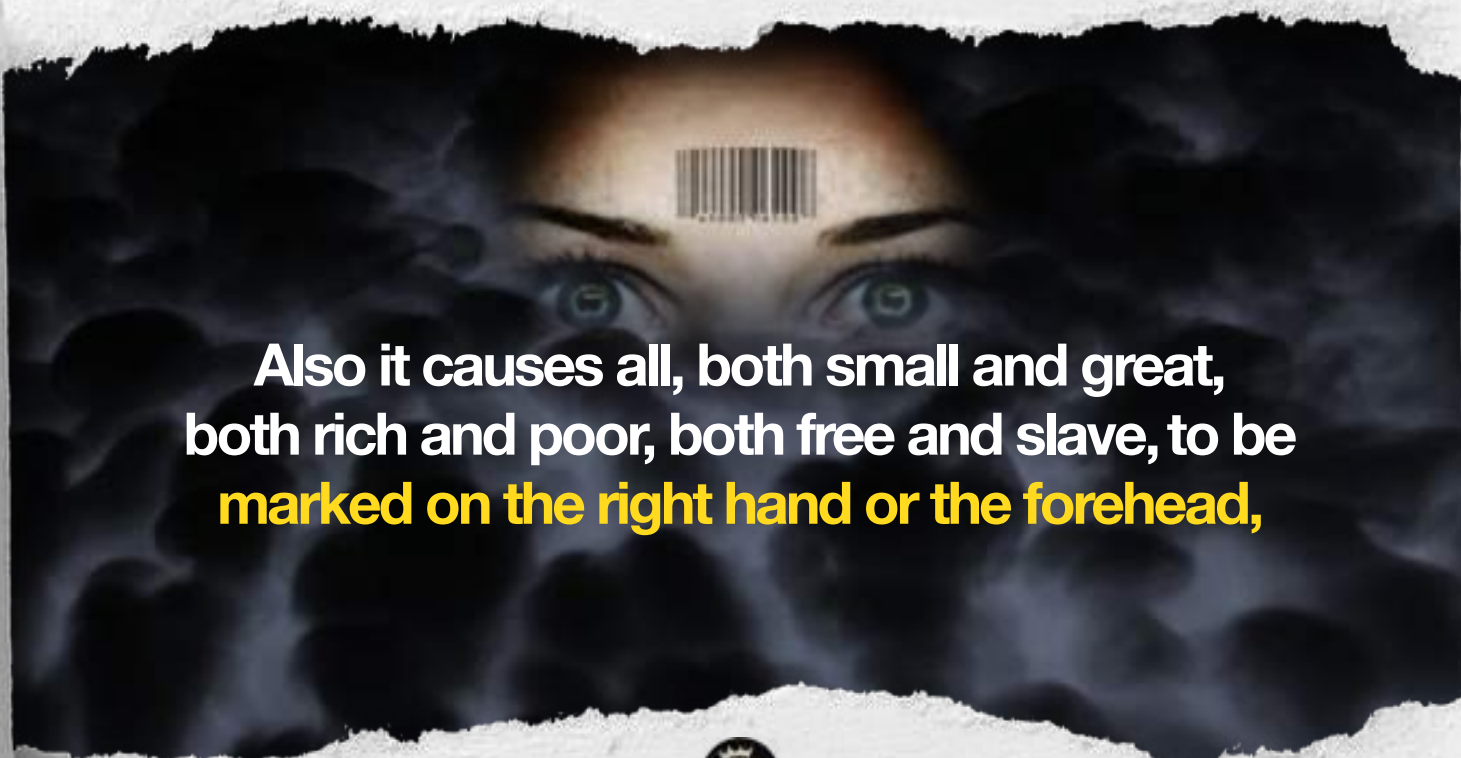
REVELATION 13

And it was allowed to **give breath to the image of the beast**, so that the image of the beast might even speak and might cause those who would not worship the image of the beast to be slain.



FALSE PROPHET

REVELATION 13

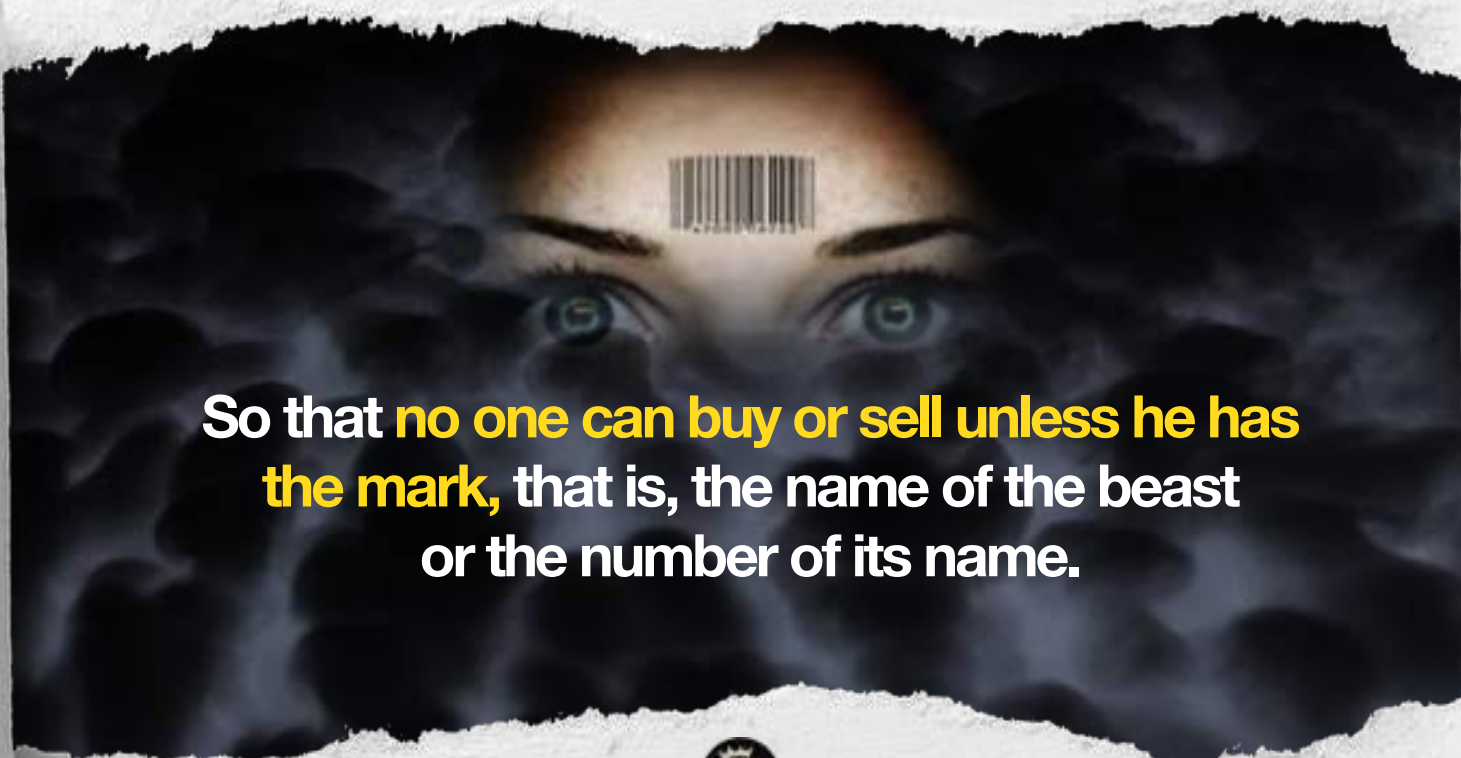
A woman's face is visible through a jagged, torn hole in a white sheet of paper. Her eyes are wide and blue, looking directly at the viewer. On her forehead, a white barcode is superimposed over her skin. The background behind her face is dark and textured, resembling a marbled or mottled pattern.

Also it causes all, both small and great,
both rich and poor, both free and slave, to be
marked on the right hand or the forehead,



FALSE PROPHET

REVELATION 13

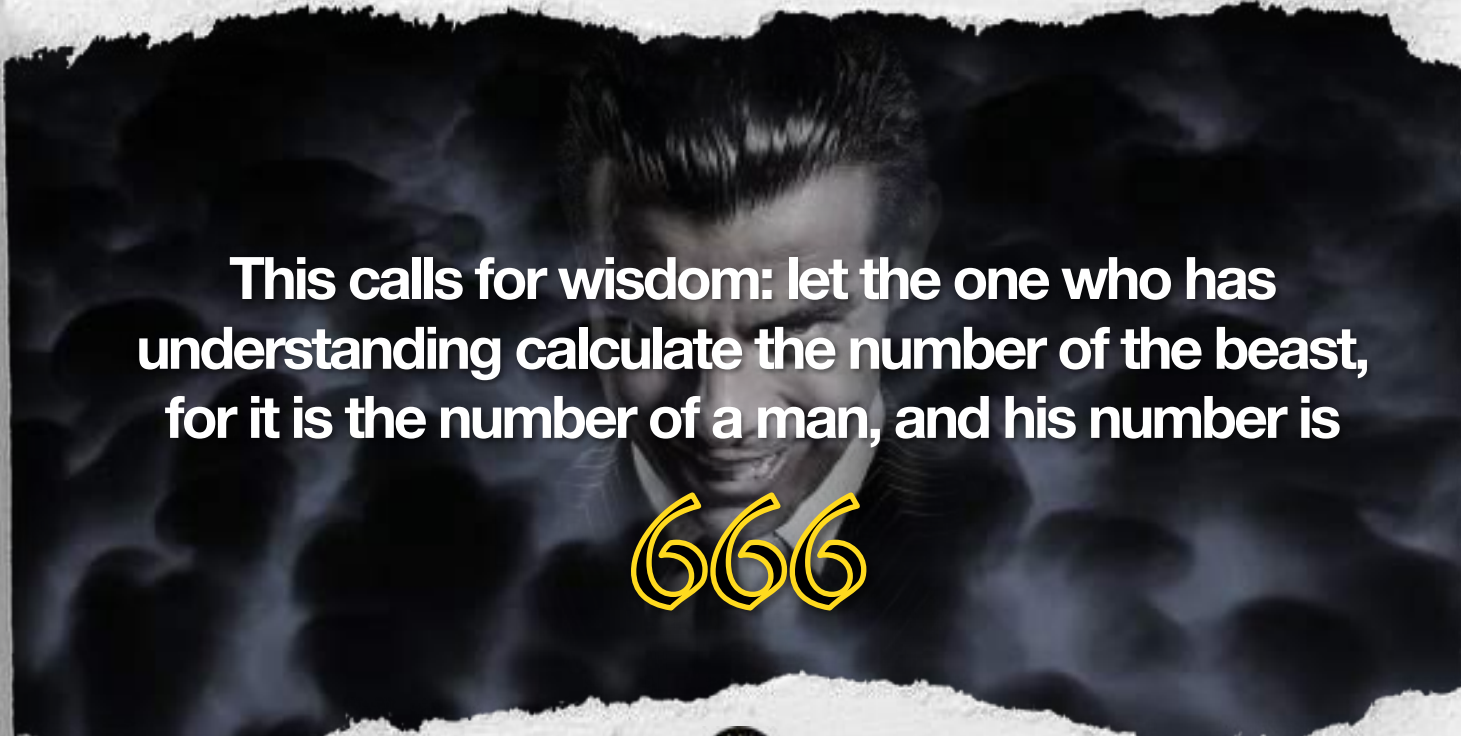
A woman's face is visible through a jagged hole in a white sheet of paper. Her eyes are light blue and looking directly at the viewer. On her forehead, there is a white barcode. The background behind her face is dark and textured, resembling a crowd of people.

So that **no one can buy or sell unless he has the mark**, that is, the name of the beast or the number of its name.



FALSE PROPHET

REVELATION 13

A black and white photograph of a man's face, looking down with a slight smile, peering through a jagged hole in a white surface. The background behind him is dark and textured.

**This calls for wisdom: let the one who has
understanding calculate the number of the beast,
for it is the number of a man, and his number is**

666



FALSE PROPHET

REVELATION 13



False Prophet

(ANTI-THESIS OF THE HOLY SPIRIT)

1. He will come across innocent but is very evil. (Rev. 13)
2. He will Perform Miracles. (Rev. 13:13-14)
3. He will Build an Image to Worship. (Rev. 13:14)
4. He will Falsely Raise Anti-Christ to Life. (Rev. 13:12-14)
5. He will Give Life to the Image. (Rev. 13:15)
6. He will Force Everyone to receive 666. (Rev. 13:16)
7. He will control Commerce for Anti-Christ. (Rev. 13:17)



FALSE PROPHET

REVELATION 13



Anti-Christ
(The Son)

Satan
(The Father)

False Prophet
(Holy Spirit)

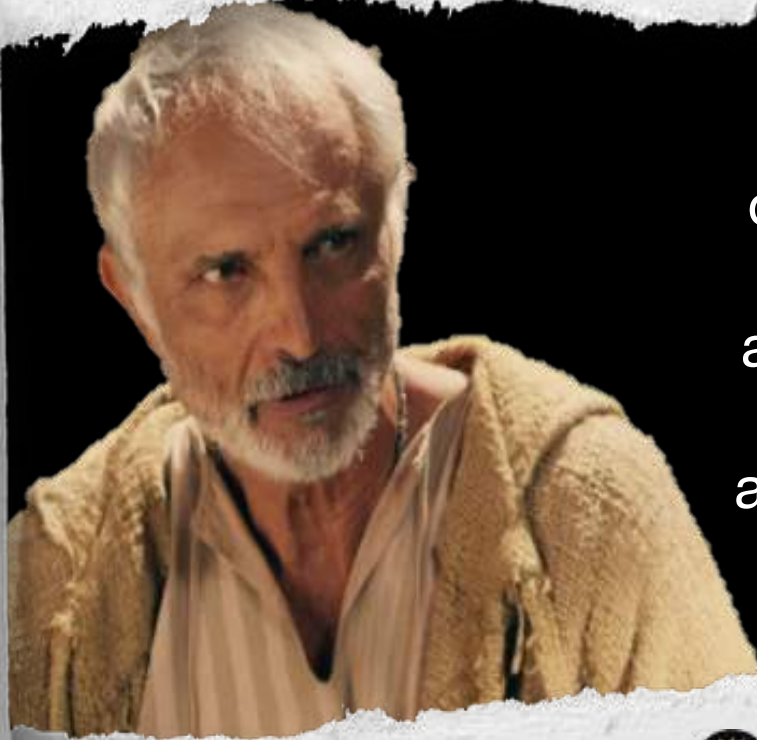


UNHOLY TRINITY

OF THE TRIBULATION



26 The vision of the evenings and the mornings that has been told is true, but seal up the vision, for it refers to many days from now.”



²⁷ And I, Daniel, was overcome and lay sick for some days. Then I rose and went about the king's business, but I was appalled by the vision and did not understand it.



DANIEL 8

RESTRAINT AMID UNRESTRAINT

**What should I
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my frustrations?**



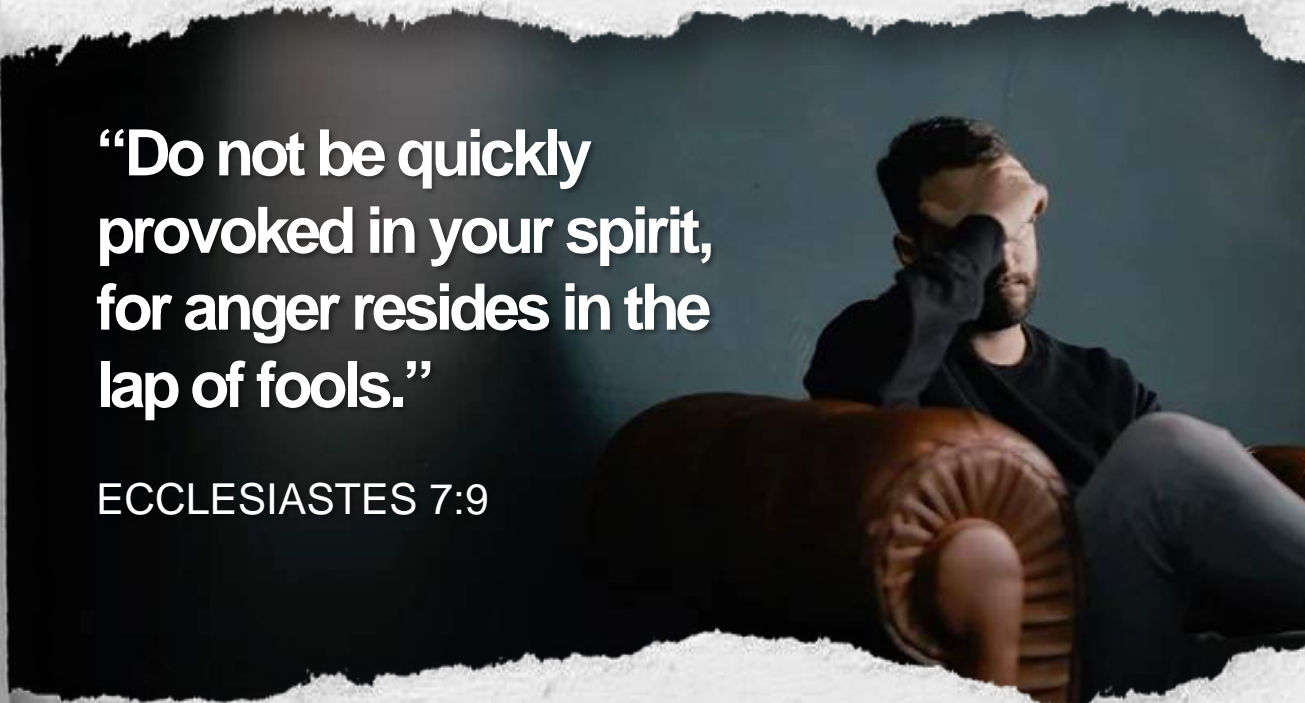


7 Reminders of Restraint



FRUSTRATED?

RESTRAINT AMID UNRESTRAINT

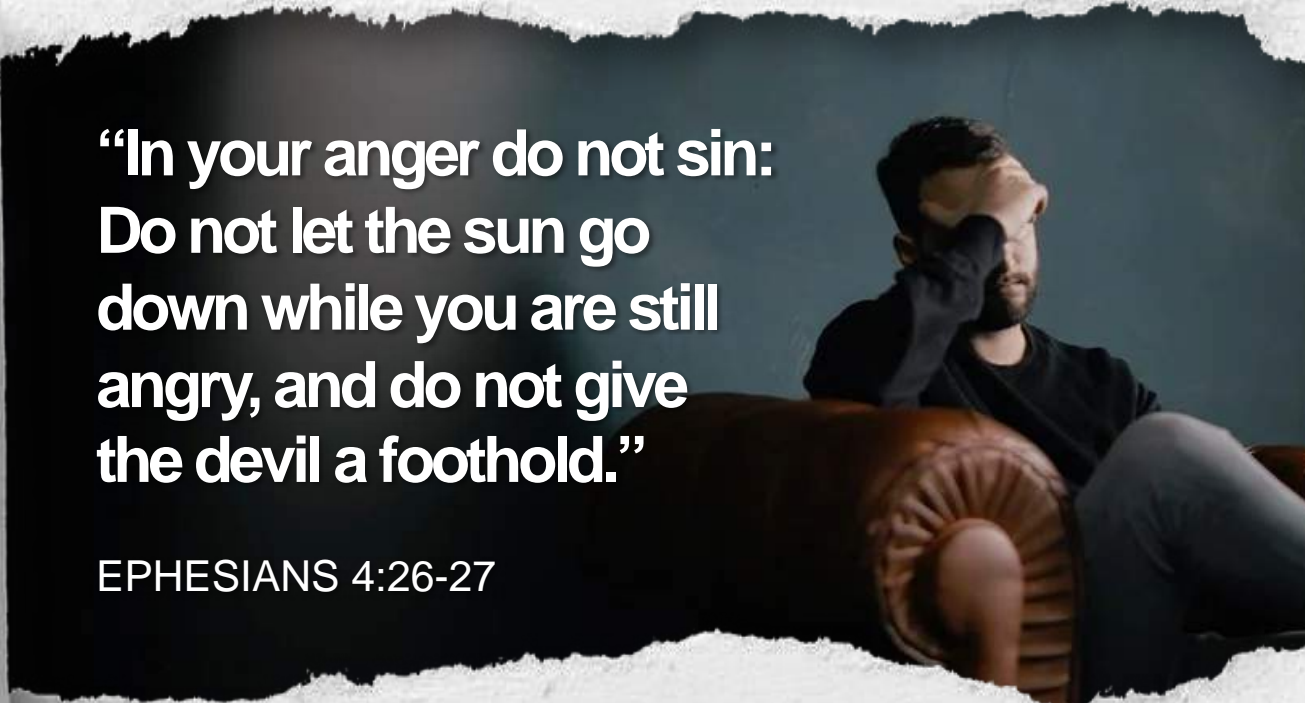


**“Do not be quickly
provoked in your spirit,
for anger resides in the
lap of fools.”**

ECCLESIASTES 7:9

1. RESTRAIN FROM IMPATIENCE

RESTRAINT AMID UNRESTRAINT




**“In your anger do not sin:
Do not let the sun go
down while you are still
angry, and do not give
the devil a foothold.”**

EPHESIANS 4:26-27

2. RESTRAIN FROM FUMING

RESTRAINT AMID UNRESTRAINT




**“Whoever is patient has
great understanding, but
one who is quick-
tempered displays folly.”**

PROVERBS 14:29

3. RESTRAIN FROM INDIFFERENCE

RESTRAINT AMID UNRESTRAINT

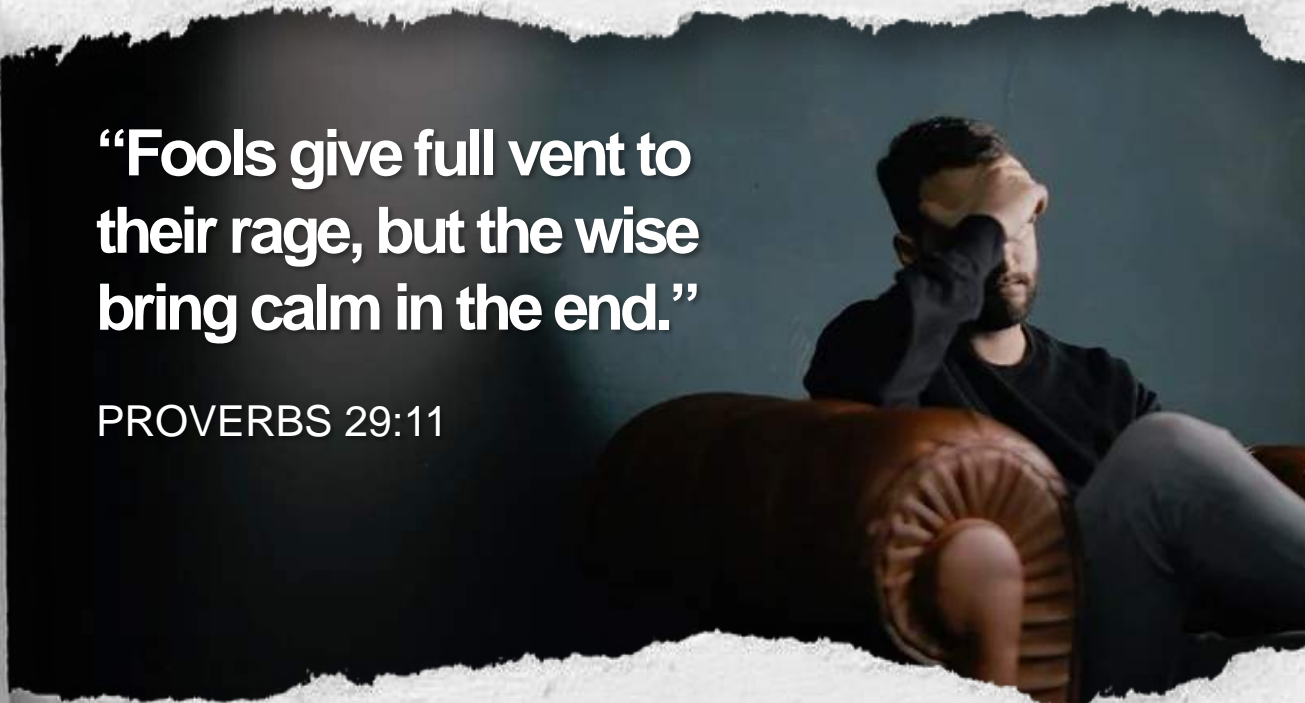


**“A gentle answer turns
away wrath, but a harsh
word stirs up anger.”**

PROVERBS 15:1

4. RESTRAIN FROM HARSH WORDS

RESTRAINT AMID UNRESTRAINT




**“Fools give full vent to
their rage, but the wise
bring calm in the end.”**

PROVERBS 29:11

5. RESTRAIN FROM FULL VENTING

RESTRAINT AMID UNRESTRAINT

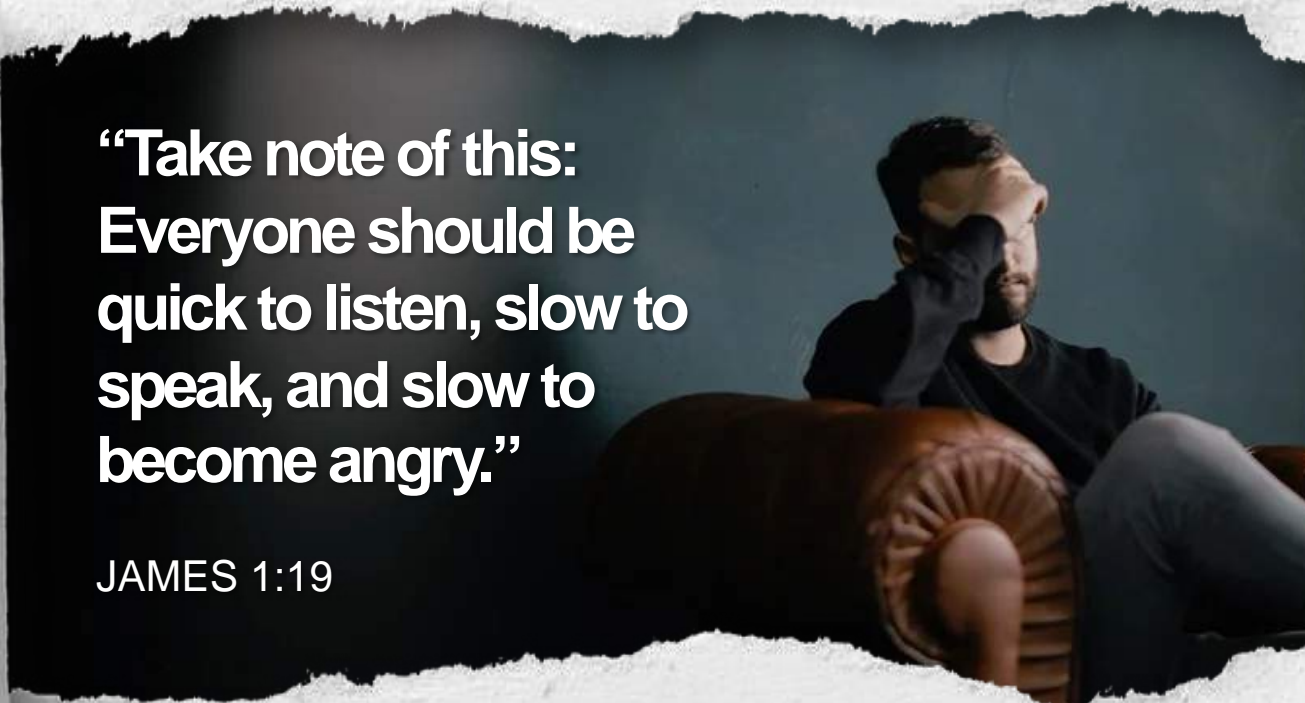


**“Where there is strife,
there is pride, but wisdom
is found in those who
take advice.”**

PROVERBS 13:10

6. RESTRAIN FROM DEFIANCE

RESTRAINT AMID UNRESTRAINT



**“Take note of this:
Everyone should be
quick to listen, slow to
speak, and slow to
become angry.”**

JAMES 1:19

7. RESTRAIN FROM DISCOUNTING

RESTRAINT AMID UNRESTRAINT

**What should I
remember when
I'm tempted to vent
my frustrations?**



A man with a beard and dark hair is sitting on a brown leather chair, looking off to the side. A large white pause icon (two vertical bars) is overlaid on his face, enclosed within a white circular border. The background is a dark, textured wall.

I'm Just So Frustrated!

LIFE IN THE PAUSE

@PASTORCHRISHELLER