



WEDNESDAY EVENING

AT BETHANY BAPTIST CHURCH

Title: When Life Falls Apart

Passage: Psalm 3

Speaker: Pastor Dan Preston

Introduction: Psalm 3 was written during one of the darkest moments of David's life. His son Absalom had rebelled against him, trusted friends had abandoned him, and David was forced to flee Jerusalem. David's circumstances had not changed, but his focus had. Psalm 3 shows us how to move from fear to confidence by remembering who God is when life seems to be falling apart.

I. Don't Be Afraid to Tell God How Bad It Really Is (Verses 1-2)

Satan loves to convince God's people that their situation is beyond God's help.

Instead of bottling up his fears or pretending they didn't exist, David brought them straight to the Lord.

David teaches us that faith isn't the absence of honest emotion. Faith is taking those honest emotions to the right person.

II. Remember Who God Is (Verses 3-4)

There is a security that only God can provide because there is a protection only God can give.



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David reminds us that when everything else is stripped away, if we still have God, we have not lost what matters most.

David doesn't say that God immediately removed every problem. He says that God lifted his head.

Before God changed David's circumstances, He changed David's perspective. He reminded him that he was not alone, forgotten, or abandoned.

III. Rest in the God You Have Remembered (Verses 5-8)

Faith doesn't deny reality. Faith simply believes that God is greater than the reality we face.

Sometimes we think trusting God means we stop asking. David teaches us the opposite. Because he trusted God, he continued bringing his needs before God. Faith doesn't replace prayer; faith fuels prayer.

Whether we need rescue, deliverance, wisdom, strength, or victory, our hope has never rested in ourselves. Our hope has always rested in God.

Conclusion: David's circumstances had not changed. Absalom was still coming, the betrayal was still real, and the trouble had not disappeared. What changed was David's focus. He remembered what was true about his God and that is the lesson of Psalm 3. When life falls apart, remember that God is still the shield, still the glory, and still the lifter of the head. The answer is not pretending the trouble is gone, but remembering who God is and resting in Him.