



WEDNESDAY EVENING

AT BETHANY BAPTIST CHURCH

Title: Hannah: Praying Through Heartbreak

Passage: 1 Samuel 1

Speaker: Bro. Keith Preston

Introduction: There may be someone here carrying heartbreak that no one else can fix. That is where we find Hannah. Year after year, she carried the pain of being unable to have children while Peninnah continually provoked her. Even though Elkanah loved her, he couldn't take away her pain. But instead of running from God, Hannah ran to Him. Tonight, we will look at three steps through a heartbroken prayer that we see in Hannah's testimony.

I. Hannah's Burden (Verses 1-8)

Before Hannah ever opened her mouth in prayer, she carried a burden that had been weighing on her for years.

There are some hurts that no friend can fix, no family member can heal, and no amount of encouragement can erase.

Some of the greatest prayers were born out of the deepest burdens.

God often uses burdens to bring us to the place where we finally seek Him with all our hearts.

II. Hannah's Prayer (Verses 9-18)



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Hannah didn't hide her pain. She didn't pretend everything was okay. She didn't smile through it. She came before God exactly as she was.

God isn't looking for perfect words. He's looking for honest hearts.

A heartbroken prayer looks like coming honestly before the One who already knows everything about us.

God's first work through prayer is changing us while we wait.

God may not always answer your prayers in the way you want, but when you spend time in prayer, He will give you the answer you need.

III. Hannah's Trust (Verses 19-28)

Putting your trust in people will fail you, but Hannah understood that putting your trust in God will never fail.

Before Hannah ever held Samuel in her arms, she had already found rest in her heart.

Don't mistake God's delay for God's absence.

We often pray for God to fix today's problem while God is accomplishing something much greater than we can see.

Conclusion: Heartbreak is something we will all experience, but Hannah reminds us where to take it. When your heart is broken, don't run from God; run to Him. Bring Him your burden, pour out your heart, and trust Him with the outcome. These three steps to praying through heartbreak aren't always easy, but Hannah's life shows us that when we bring our broken hearts to God, we can trust Him to work.