

Sermon Discussion Questions

The Secret Of Contentment – Kim May
21 September 2025
Sermon Text: Philippians 4:10-14, 17

AGENDA

- People arrive, talk, snack, and icebreaker – 5 min
- Worship – 5-10 min
- Prayer/Ministry Time – 20-30 min
- Discussion Questions – 35-45 min

PRAYER/MINISTRY TIME (20-30 min)

Ask for prayer requests. Ask for specific needs of group members.

MESSAGE INTRODUCTION

This week we are taking a break from our sermon series on the book of Ephesians. This week, Pastor Kim May breaks down what it means to be content and how we can live a life of contentment that can only be found in God alone.

How do we differentiate between what we need and what we want. Let's dive in and explore the four secrets of contentment Kim lays out in his message, **The Secret Of Contentment**.

DISCUSSION QUESTIONS (35-45 min)

1. Last week you were asked to have the Holy Spirit bring someone to mind you can pray for. As you prayed for them, you were to specifically pray for them to experience the truths Paul prayed over the Ephesians (hope, inheritance, and power). Did you find someone to pray for?

2. What is something that really jumped out at you from Kim's message this week?

3. To you, what does it mean to be content? How does it compare to Kim's definition of contentment? (see below if you don't remember the definition he gave).

4. One secret of contentment presented by Kim is: "Your happiness is not contingent upon what happens to you." Do you think this is true? Why or why not?

5. Another secret to contentment is the realization that "everything you receive in life is a gift from God". How do you wrestle with this idea in your own life?

Icebreakers

Pick one of the icebreaker questions below and go around in a circle (starting with the leader) and have everyone answer. (If you have new members or guests have each person introduce themselves.)

1. Have you ever gone apple picking at an orchard in the Fall?

2. If you carve a pumpkin in the Fall, what do you do with the seeds you remove?

3. When was the last time you went on a hay ride?

6. The third secret Kim highlighted was to “focus on what you have; not on what you don’t have.” How might our focus impact our ability to be content? Have you ever had to shift your own focus? What happened and how did your focus impact your own life and your contentment? One of the ways we lose our focus is to think about what we think we deserve. Have you ever thought to yourself, “I deserve ...”? How does this thought process rob you of contentment?

APPLICATION

Take some time this week to think about the four secrets of contentment Kim mentioned in his message and see if there are areas where you need to change your way of thinking in order to live a contented life. What are you struggling with or what do you need to surrender in order to live a life of contentment? Pray and ask the Holy Spirit to show you these areas and for the strength and resolve to step into what He has for you and to put your trust in the sufficiency of God.

COMING UP

To join a small group or find out more about what is going on, click on the NWC App, the website <https://nwckc.com>, or the New Wine Church Community Group Facebook page. Sermon study questions can also be found in all three locations.

Heart of the House. September 23 and 30, 6:30-8:30 pm. 7102 N. Prospect Ave Gladstone, MO. Dinner is provided on both nights and childcare is available for children 3 months to 5th grade. Registration deadline is 16 September. Register at: <https://subsplash.com/newwinechurch/lb/ev/+jfq6kch>

The Call – Men’s Retreat. 3-4 October. Lake Maurer Retreat Center, Excelsior Springs, MO. Join us for two powerful days of spiritual growth, worship, brotherhood, and unforgettable fun — all centered on being Rooted in Christ. The guest speaker is renowned author, Bob Sorge.

Haiti Joy Hope Silent Auction. 1:30-4:00 pm, 5 October. Liberty Community Center, 1600 S Withers Rd Liberty, MO 64068. Come bid on amazing items from local retail and services, gift cards, and so much more! ALL proceeds go to caring for vulnerable kids in Haiti - supporting a School, Feeding Programs, and a Children's Home!

Child Dedications. 9:00 and 11:00 am, Oak Park High School, 825 NE 79th Terrace, Kansas City, MO. Register at: <https://nwckc.com/child-dedications?sapurl=Lytxdm56L2xiL2V2LyszN2t6cHd0L3JlZ2lzdGVyP2JyYW5kaW5nPXRYdWUmZW1iZWQ9dHJlZSZyZWNIbnRSb3V0ZT1hcHAud2ViLWFwcC5saWJyYXJ5LmNhbGVuZGFyJnJlY2VudFJvdXRlU2x1Zz0lMkI3dmt2ZGo2>

All Church Picnic. 1:00 – 4:00 pm, 12 October. Oak Grove Park, 800 NE 76th St, Kansas City, MO (just around the corner from Oak Park High School). Lunch will be provided. Bring a chair. Bring a game. Come hang out with your New Wine Church family. Get to know someone new. Bring a friend!

FINAL THOUGHT

**If you’re not content with what you have today,
you won’t be content with what you gain tomorrow.**

For even today you are not content with what you gained from yesterday.

Contentment: The Greek word *autarkies* means sufficiency. Living in a state of trust that yields to the goodness of God and overrides the nature of circumstances.