

Sermon Discussion Questions

Ephesians: Adulting For The Sake Of Unity – Grant Braaten

30 November 2025

Sermon Text: Ephesians 4:3-16

AGENDA

- People arrive, talk, snack, and icebreaker – 5 min
- Worship – 5-10 min
- Prayer/Ministry Time – 20-30 min
- Discussion Questions – 35-45 min

PRAYER/MINISTRY TIME (20-30 min)

Ask for prayer requests. Ask for specific needs of group members.

MESSAGE INTRODUCTION

This week, Grant guides us through what it means to be a mature Christian and go after reconciliation and unity in his message, *Adulting For The Sake Of Unity*. We've already been given unity through the Trinity and see how it is to be lived out in our lives. Paul encourages the Ephesians to preserve the unity that has already been given to them. Let's dive in and see how this applies to us today.

DISCUSSION QUESTIONS (35-45 min)

1. Last week you were asked to reflect on the identity you've already been given in Christ. (Remember, it's nothing you must strive to achieve. It has already been given to you.) As you settled into that identity, did you find that you were living according to the calling you've already been given or if you're chasing the next big thing. Share with your group what you came up with.
2. What is something that jumped out to you from Grant's message this week?
3. How is it a sign of maturity if we go after reconciliation quickly? What might that look like in our life?
4. In this passage from Ephesians we are asked to be brought into the unity of the Trinity. (Previously we were asked to experience and be part of the love expressed by the Trinity). What is the unity of the Trinity? What is it supposed to look like?
5. We are not creating or producing unity. We have already been given unity and are invited to preserve what we already have. How does this seem to be at odds with our efforts many times to "create unity" in our lives and church?

Icebreakers

Pick one of the icebreaker questions below and go around in a circle (starting with the leader) and have everyone answer. (If you have new members or guests have each person introduce themselves.)

1. What type of Christmas tree do you put up each year (real or artificial)?
2. What is the Christmas gift you remember most as a child?
3. What is one Christmas tradition you have as a family?

6. “If possible, so far as it depends on you, be at peace with all men.” (Romans 12:18). Do you think there are times when we don’t do what is required of us to be at peace? We are waiting on others when the responsibility for peace might be up to us?

APPLICATION

Where do you need to seek out reconciliation and unity this week? Ask the Holy Spirit to show you where and how you need to seek reconciliation and then go out and do it. Consider sharing with your group next week.

COMING UP

To join a small group or find out more about what is going on, click on the NWC App, the website <https://nwckc.com>, or the New Wine Church Community Group Facebook page. Sermon study questions can also be found in all three locations.

Christmas At New Wine, 23 December at 6:00pm and 24 December at 4:00 and 6:00 pm. Oak Park High School, 825 NE 79th Terrace, Kansas City, MO. Join us for a beautiful evening of worship, reflection, and celebration as we honor the birth of Jesus Christ. Invite your friends and family.

Sign up to serve at: <https://www.signupgenius.com/go/10C0F4CACA722AAFAC25-newwine1#/>

FINAL THOUGHT

Growing up (maturity) shows us the importance of reconciliation.