

Sermon Discussion Questions

Freaking Out In The Love Zone – Matt Slocum
Sermon Text: 1 John 4:12-18a
by Jody Dunivent

AGENDA

- Allow people to arrive, talk, and snack – 15 min
- Thank everyone for coming. Open in prayer – 30 sec
- Worship – 5-10 min
- Icebreaker question – 10-20 min
- Discussion Questions – 35-45 min
- Prayer – 20-30 min

INTRODUCTION

“From love flows happiness, contentment, peace, and joy.

From fear comes anger, hate, anxiety and guilt. It's true that there are only two primary emotions, love and fear.

But it's more accurate to say that there is only love or fear,

for we cannot feel these two emotions together, at exactly the same time. They're opposites. If we're in fear, we are not in a place of love. When we're in a place of love, we cannot be in a place of fear.” Elizabeth Kubler Ross

Let's find out this week what God has to say about fear, but more importantly, what he has to say about love.

DISCUSSION QUESTIONS (35-45 min)

1. Last week we were challenged to intentionally spend time in tension between the old and new. What did God reveal to you in that time?
2. What stood out to you in this week's sermon?
3. Recall a time you freaked out in the fear zone. How did you recognize that's where you were? What were the consequences of your actions?
4. Now think of a time you freaked out while in the love zone. How were the two situations different?
5. Often we want God's promises of freedom from our chains to come before we act in obedience to Him. This is not how reality works. How is God calling you to be obedient to Him now?

Icebreakers

Pick one of the icebreaker questions below and go around in a circle (starting with the leader) and have everyone answer. (If you have new members or guests have each person introduce themselves.)

1. What is your most used emoji?
2. What was the worst style choice you ever made?
3. What's your favorite sandwich and why?

APPLICATION

When you have big emotions this week be intentional about freaking out to God first, and follow through on what He asks you to do.

PRAYER (20-30 min)

Ask for prayer requests. Pray that the Holy Spirit will let you know when you are freaking out in the “wrong” zone. Pray that he will help you learn to “freak out” in the love zone.

COMING UP

To join a small group, sign up at vckceast.com or at one of the weekend services. Study materials are available to download on the church website (<https://vckceast.com>) or on the Facebook page.

FINAL THOUGHT

Obedience comes before freedom.