

# Sermon Discussion Questions

Ephesians: Who Are You? – Ryan Finney

23 November 2025

Sermon Text: Ephesians 4:1-2

## AGENDA

- People arrive, talk, snack, and icebreaker – 5 min
- Worship – 5-10 min
- Prayer/Ministry Time – 20-30 min
- Discussion Questions – 35-45 min

## PRAYER/MINISTRY TIME (20-30 min)

Ask for prayer requests. Ask for specific needs of group members.

## MESSAGE INTRODUCTION

This week, Ryan continues our sermon series in the book of Ephesians with his message entitled, **Who Are You?** In this message Ryan calls us into the process of growing in Christ and becoming the persons we were always meant to be. It's a life defined by presence, not performance. It's a life rooted in humility, gentleness, and patience. It's living in the calling we already have instead of chasing the next big things. Let's get going and find out more.

## DISCUSSION QUESTIONS (35-45 min)

1. Last week you were asked to pray to be brought into the fellowship of the Trinity and experience in your own life, the life and love demonstrated by the Trinity. (Remember, The Trinity is not just something of which we have knowledge. We are meant to experience the fullness of God through the Trinity). Were you able to spend time in fellowship with the Trinity? Share with your group.

2. What is something that stood out to you from Ryan's message this week?

3. Paul reminds us that our identity is received, not achieved. Where do you most feel the pressure to prove yourself right now? How does the gospel speak into that pressure?

4. Maturity is slow, steady, and sometimes messy. What is one way you've seen God mature you over time — even if it was a slow process?

5. "Worthy" (axios) means living in alignment with what's already true about you. What part of your life feels "out of balance" with who God says you are?

## Icebreakers

Pick one of the icebreaker questions below and go around in a circle (starting with the leader) and have everyone answer. (If you have new members or guests have each person introduce themselves.)

1. What is one thing you are thankful for this year?
2. What is your favorite Thanksgiving dessert?
3. What is a food you only have once a year at Thanksgiving?

6. Humility and gentleness are not personality traits – they’re Christ-like postures. What makes humility or gentleness difficult for you in daily relationships?
7. Patience is trusting God’s timing, and bearing with people is staying even when it’s hard. Who is God inviting you to show more patience or grace toward right now?
8. Martha worked from pressure; Mary lived from presence. Do you relate more to Martha or Mary in this season? What might choosing “the good portion” look like for you this week?

## **APPLICATION**

This week, take some time to reflect on the identity you’ve already been given in Christ. (Remember, it’s nothing you must strive to achieve. It has already been given to you.) And as you settled into that identity, take some time and ask yourself if you are living according to the calling you’ve already been given or if you’re chasing the next big thing. Be honest with yourself and be prepared to share with your group.

## **COMING UP**

To join a small group or find out more about what is going on, click on the NWC App, the website <https://nwckc.com> , or the New Wine Church Community Group Facebook page. Sermon study questions can also be found in all three locations.

**Christmas At New Wine**, 23 December at 6:00pm and 24 December at 4:00 and 6:00 pm. Oak Park High School, 825 NE 79th Terrace, Kansas City, MO. Join us for a beautiful evening of worship, reflection, and celebration as we honor the birth of Jesus Christ. Invite your friends and family.

Sign up to serve at: <https://www.signupgenius.com/go/10C0F4CAC72AAFAC25-newwine1#/>

## **FINAL THOUGHT**

**Humility is not thinking less of yourself but thinking of yourself less.**