

5-Day Bible Reading Plan & Devotional Guide



Key Scripture (NLT):

Psalm 34:17–19 – “The Lord hears his people when they call to him for help...”

Memory Verse:

Psalm 34:19 – “The righteous person faces many troubles, but the Lord comes to the rescue each time.”

Weekly Focus:

3 Truths to Remember When You Get in Trouble:

1. **Remember You Have Proximity (God Is Near)**
 2. **Remember You Can Pray (God Hears You)**
 3. **Remember God Has All Power (God Will Deliver You)**
-

DAY 1 – Remember You Have Proximity

Scripture Reading: [Psalm 34:18](#); [James 4:8](#)

Key Thought:

God isn't far away, He's closer than you think.

Devotional Insight:

Trouble can make you feel isolated, like you're going through it by yourself. But proximity is

your advantage as a believer. God doesn't abandon you in difficulty—He draws near. His presence is not based on your perfection, but your position as His child.

Life Application:

When pressure rises, don't withdraw—**lean into God's presence.** Take a moment today to intentionally acknowledge that He is with you.

Prayer:

“Lord, thank You for being close to me even in my hardest moments. Help me to stay aware of Your presence and not allow trouble to make me feel alone. Amen.”

DAY 2 – Proximity Produces Peace

Scripture Reading: Isaiah 41:10; Psalm 46:1

Key Thought:

When God is near, peace is possible—even in trouble.

Devotional Insight:

The power of proximity is not just that God is with you—it's that His presence changes how you experience what you're going through. You may still be in trouble, but you don't have to be troubled.

Life Application:

Replace anxiety with awareness. Every time stress rises today, say:
“**God is with me, and I will not fear.**”

Prayer:

“Father, let Your presence calm every fear in my life. Help me to experience Your peace even while I'm in the middle of trouble. Amen.”

DAY 3 – Remember You Can Pray

Scripture Reading: Psalm 34:17; Philippians 4:6–7

Key Thought:

Prayer is your direct line to God in the middle of trouble.

Devotional Insight:

You don't need perfect words—you just need a willing heart. Prayer is not a last resort; it's your

greatest resource. When you pray, you're not just talking—you're inviting God into your situation.

Life Application:

Turn your worry into prayer today. Instead of overthinking it, **pray about it immediately.**

Prayer:

“Lord, teach me to pray first instead of worrying. Help me to bring everything to You with confidence, knowing that You hear me. Amen.”

DAY 4 – Remember God Has All Power

Scripture Reading: Jeremiah 32:17; Luke 1:37

Key Thought:

What's impossible for you is easy for God.

Devotional Insight:

Trouble often feels overwhelming because it exposes our limitations—but it also reveals God's power. There is no situation too hard, no problem too complex, and no burden too heavy for God.

Life Application:

Stop measuring your situation by your strength—**measure it by God's power.**

Prayer:

“God, I acknowledge that You are all-powerful. Nothing I face is bigger than You. Strengthen my faith to trust in Your ability. Amen.”

DAY 5 – Power Produces Deliverance

Scripture Reading: Psalm 34:19; Romans 8:31

Key Thought:

If God has all power, then your outcome is already secure.

Devotional Insight:

God's power guarantees your deliverance—even if it doesn't happen on your timeline. Trouble may come, but it cannot win when God is involved. Your confidence isn't in the situation changing quickly—it's in knowing God is in control.

Life Application:

Declare this today:

“God is in control, and He is bringing me through.”

Prayer:

“Lord, thank You for Your power working in my life. I trust that You are bringing me out of every situation according to Your will. Amen.”