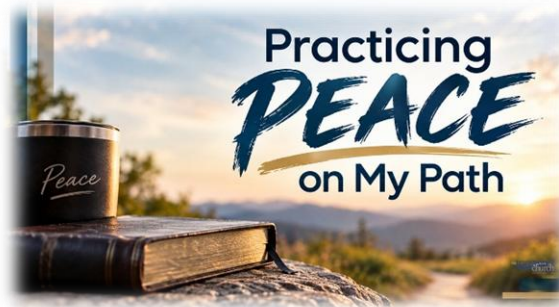


5-Day Bible Reading Plan and Devotional Guide

Practicing Peace on Your Path



Day 1: The Foundation of Peace — Getting Right with God

Reading: Romans 5:1-2

Devotional: Peace is not something you earn — it is something you receive. These two verses remind us that justification by faith is the doorway to genuine peace with God. Before we can experience peace in our relationships, our workplaces, or our own hearts, we must first be made right in God's sight through what Jesus Christ accomplished on the cross. This is not a peace the world can manufacture or sell. It is undeserved privilege, freely given. Today, examine whether you are truly standing in that place of grace. If there is distance between you and God, return to him in honesty and faith. That is where peace begins.

Practical Application: Spend five minutes in quiet prayer, honestly acknowledging any area of your life where you have been trying to find peace apart from God. Surrender that area to him today.

Day 2: Peace That Passes Understanding — Trusting God in Every Season

Reading: Philippians 4:6-7

Devotional: Anxiety is one of the greatest enemies of peace. Paul writes from a prison cell, yet he instructs believers to bring every worry before God in prayer with thanksgiving. The result is a peace that guards the heart and mind — a peace so profound it defies human logic. God does not promise to remove every difficulty from your path. He promises to stand guard over your inner life when you trust him with your burdens. Casting your cares upon God is not weakness; it is wisdom. The practice of peace requires the daily discipline of releasing what you cannot control and trusting the One who controls all things.

Practical Application: Write down one worry that has been stealing your peace. Pray over it specifically, offering it to God with thanksgiving, and intentionally choose not to carry it alone today.

Day 3: Peace with Others — The Hard and Holy Work of Reconciliation

Reading: Romans 12:17-18

Devotional: Paul makes a sobering and freeing statement in Romans 12:18 — do all that you can to live at peace with everyone. This verse acknowledges a profound truth: you cannot control how others behave, but you are fully responsible for what you bring to every

relationship. Peace with others is not passive. It requires courage, humility, and the willingness to initiate hard conversations. It also requires wisdom to recognize when you have done all you can and must trust God with the rest. A sign that you have genuinely received God's peace is that you begin to pursue peace with the people around you, even when it is costly.

Practical Application: Identify one relationship where peace has been broken. Pray and ask God whether he is calling you to take a step toward reconciliation today. If so, take that step.

Day 4: Peace Within — Getting Right with Yourself

Reading: Psalm 139:23-24

Devotional: One of the most neglected dimensions of peace is the peace we must find within ourselves. David's prayer in Psalm 139 is one of the most courageous prayers in all of Scripture — asking God to search the hidden places of the heart and reveal what does not belong there. Envy, bitterness, unresolved grief, and unforgiveness can quietly poison the soul, robbing us of the peace God died to give us. You cannot project peace outward when there is war within. Allow God to examine your heart today with honesty and without defense. What he reveals, he is also faithful to heal. Getting right with yourself begins with letting God in.

Practical Application: Pray David's prayer from Psalm 139:23-24 slowly and sincerely. Ask God to reveal one internal struggle you have been avoiding, and invite him to begin the healing process.

Day 5: Protecting Your Peace — Living as a Peacemaker Every Day

Reading: Matthew 5:9 and Colossians 3:15

Devotional: Jesus calls peacemakers blessed and identifies them as children of God. This is not a title reserved for diplomats or conflict mediators — it is the calling of every believer. Paul echoes this in Colossians, urging the church to let the peace of Christ rule in their hearts as a daily governing force. Peace is not a destination you arrive at once; it is a practice you commit to every day. Protect your time with God. Guard what you allow into your mind and heart. Be intentional about your relationships, your calendar, and your calling. When peace rules within, it will naturally flow outward into every space you occupy.

Practical Application: Identify one practical boundary you can establish this week to protect your peace — whether in your schedule, your thought life, or a particular relationship. Commit to maintaining that boundary with prayer as your foundation.