

## Too Much of a Good Thing - Week 2

## Introduction (Read aloud before discussion)

For someone to really know you they need to know your story. For you to know someone else you must understand their story. Let's take a look at our story and how it all began.

•Sermon Discussion (Use as a guide for dialogue, let God lead, and read the verses aloud.)

Why do kids and, let's be honest, adults seem to always want more and more?

**Genesis 2:7.** Talk about life and living. What does it mean for God to breathe life? And what does it mean to actually live as a living being?

**Genesis 2:16-17.** God says "yes" and God says "no". God says that He is God. Travis mentioned that there is an order within the Heavens and the Earth. God, then us, and then all the good stuff God made. Why is that order so crucial for living?

**Genesis 3:6-7.** Without God, we only have *more* stuff to give us life. Eve wanted more of what? Adam wanted more of what? Our world wants more of what? Why won't this strategy work?

What do you tend to want more and more of even though we probably know that it or them can't give us life? And now the big question! Is God a killjoy who simply wants to limit us? Or is God brilliant, and good, and as the creator he knows what brings life and what brings death? •Ministry Time (Invite the Spirit of God to come. Say, "Come Holy Spirit.")

What from the sermon or from group discussion challenged or encouraged you? Spend time praying for each other about that and anything else that comes to mind.

•Spiritual Formation (This is a weekly practice as we seek to be with and like Jesus.)

What is a good thing that you could fast from one day this week? Spend time in prayer as you decide on what to fast. When you practice the fast, be sure to replace the time you normally would with the good thing you're fasting from with time spent in prayer or reflection on what the Holy Spirit is teaching you by fasting.

**Daily Reading (Tune into the daily "Together On Mission" podcast, and let's start every day with Jesus.)** 

**MON** 

**Ruth 4:1-8 | Psalm 6** 

**TUES** 

**Ruth 4:9-10 | Psalm 7** 

**WED** 

Ruth 4:13-16 | Psalm 8

**THUR** 

Ruth 4:17-22 | Psalm 9

**FRI** 

**Luke 14:25-35 | Psalm 10** 

**SAT** 

Catch up on daily reading or choose a passage, any passage, and enjoy!