

# TOO MUCH OF A GOOD THING A JOURNEY THROUGH GENESIS

## Too Much of a Good Thing: Week 7

### ▪Introduction (Read aloud before discussion)

The way to be aware of entering into, “Too Much of a Good Thing” is by keeping in mind the idea of sacrifice and letting go in our life and in our relationships. Let’s talk specifically about family and parenting.

### ▪Sermon Discussion (Use as a guide for dialogue, let God lead, and read the verses aloud.)

1. Whether you’re a parent or not, why do you think parenting would be / is difficult?
2. **Genesis 22:2.** Abraham is holding on to his child, the child of promise, too tightly. That is a lot of pressure on a child. How were you pressured as a child?
3. **Genesis 22:4.** “The place of sacrifice.” Sacrifice is required. How could your parents have truly sacrificed for you? Or, what would it look like to truly sacrifice for your children at this stage?
4. **Genesis 22:11-12.** God never intended Abraham to go through with this! God needed to teach Abraham to let go. Why is it so difficult to let go of things and/or people?
5. **Genesis 22:13-14.** God provides! God meets our needs. God is the one that gives life. God is enough. Why is this so important in our journey as parents, spouses, friends...?
6. What would it look like for you right now in this stage of your life to let go and sacrifice?

**▪Ministry Time (Invite the Spirit of God to come. Say, “Come Holy Spirit.”)**

What from the sermon or from group discussion challenged or encouraged you? Spend time praying for each other about that and anything else that comes to mind.

**▪Spiritual Formation (This is a weekly practice as we seek to be with and like Jesus.)**

What has your fast taught you about your heart and desires? What types of things do you run to in times of discomfort or pain? Remember, when you practice the fast, be sure to replace the time you normally would with the good thing you’re fasting from with time spent in prayer or reflection on what the Holy Spirit is teaching you by fasting.

**▪Daily Reading (Tune into the daily “Together On Mission” podcast, and let’s start every day with Jesus.)**

**MON**

**Ruth 4:1-8 | Psalm**

**TUES**

**Ruth 4:9-10 | Psalm 31**

**WED**

**Ruth 4:13-16 | Psalm 32**

**THUR**

**Ruth 4:17-22 | Psalm 33**

**FRI**

**Luke 14:25-35 | Psalm 34**

**SAT**

**Catch up on daily reading or choose a passage, any passage, and enjoy!**