

THE JOURNEY

THE BOOK OF PSALMS

The Journey: Week 1

Introduction

This week we began a series in the book of psalms called “the journey”. The Christian life is a journey, full of highs and lows, good and bad, laughter and pain and it is crucial that we understand that the Christian life is a journey.

Discussion Questions

1. Do you think the term “journey“ is a good term for the Christian life? Why is it important to understand that Christianity is actually a journey?
2. Read Psalm 23 verse 2-4. The good times and the difficult times will happen upon us all. Why do you think the Christian life (or any relationship) must have both kinds of seasons?
3. Read Psalm 23 verse 4 again. What have you learned about God, others or yourself during a dark season that you probably wouldn’t have learned otherwise?
4. Read Psalm 23 verse 5. What do you think David, the author, is saying in this verse?
5. Read Psalm 23 verse 5 again. Who or what is an enemy right now and how is God seeking to bring us rest and peace in the presence of that enemy?
6. Read Psalm 23 verse 6. Some have said that the journey is all about discovering that God is good! Why is it so crucial to discover that God is actually good?