

TOO MUCH OF A GOOD THING A JOURNEY THROUGH GENESIS

Too Much of a Good Thing

Week 1 (Genesis 1-2)

▪Introduction (Read aloud before discussion)

It's all good. All of it. Everything God made. But, "too much of a good thing," and putting that good thing before God, will lead to abusing that good thing. But, stewarding and respecting that good thing will enhance our lives and the lives around us. Let's go!

▪Sermon Discussion (Use as a guide for dialogue, let God lead, and read the verses aloud.)

Why are we drawn to origin stories? Did you realize that Genesis 1-3 is the original origin story?

Genesis 1:3, 10, 25, 31. 2:10. Why is it so important to start with a good God who made a very good world? Why do people so often not start there?

Genesis 1:27-28. Wow! God's image. What do you think it means to rule, manage, and steward all that God made? Is that an exciting thought or a bit scary? Did you know you were that big of a deal?

Genesis 2:16-17. We are free to manage/steward or to abuse things and people within God's world. Give an example of something that God made that can either enhance life by being managed or destroy life if abused.

Although there is no fasting in Genesis 1-2, what might be the purpose and benefit of fasting something good for a season?

▪**Ministry Time (Invite the Spirit of God to come. Say, “Come Holy Spirit.”)**

What from the sermon or from group discussion challenged or encouraged you? Spend time praying for each other about that and anything else that comes to mind.

▪**Spiritual Formation (This is a weekly practice as we seek to be with and like Jesus.)**

What is a good thing that you could fast from one day this week? Spend time in prayer as you decide on what to fast. When you practice the fast, be sure to replace the time you normally would with the good thing you’re fasting from with time spent in prayer or reflection on what the Holy Spirit is teaching you by fasting.

▪**Daily Reading (Tune into the daily “Together On Mission” podcast, and let’s start every day with Jesus.)**

MON

Ruth 4:1-8 | Psalm 1

TUES

Ruth 4:9-10 | Psalm 2

WED

Ruth 4:13-16 | Psalm 3

THUR

Ruth 4:17-22 | Psalm 4

FRI

Luke 14:25-35 | Psalm 5

SAT

Catch up on daily reading or choose a passage, any passage, and enjoy!