

# Family Worship Guide



*Sunday, February 1, 2026*

## Read

### **Ephesians 3:20-21**

“Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.”

- This is one of the memory verses this week from our 2026 Bible reading plan.
- Repeat it together until everyone can say it from memory, or at least part.

## Pray

- Ask God help you learn more about Him and love Him more.

**Psalm 119:18** “Open my eyes, that I may behold wondrous things out of your law.”

## Sing & Listen

- Sing some of your favorite worship songs or hymns.
- Open your Bibles to **Genesis 46**.
- Visit [mtzb.org/sermons](http://mtzb.org/sermons) or Mt. Zion's Facebook page to find a short devotion.

## Talk

- In Genesis 46, how did Joesph model what we read in Ephesians 3:20-21?
- Why is it important to remember that God is able?
- How does remebering that God is able help us with worry or fear?
- Why is it important to give God glory?
- How does giving God glory keep everything in the right perspective?
- How did a God-centered perspective help Joseph love his and forgive his brothers, despite what they had done to him?

## Teach

- Read **Ephesians 2:4-7**
- Is there anything we could do to save ourselves from sin? **No. We were “dead in our trespasses.”**
- What did God do to save us from our sin? **Jesus died in our place, for our sins, and rose again.**
- Why did God save us? **Because of his “rich mercy” and “great love” for us.**

## Pray and Sing

- Pray for God to help you always remember his ability and his glory.
- If you would like, finish by singing another song. A song based on Ephesians 3:20-21 you could look up is “Only Just Begun” by Aaron Keyes.