

# Lifehouse Church

Maximize Christ Potential in You





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

SUMMER  
INNING  
STRETCH



# Summer Inning Stretch

Part 1 – First Inning Faith



# Summer Inning Stretch

Part 1 – First Inning Faith

Part 2 – Mid Game Mindset



Babe Ruth Video Clip



# SUMMER INNIN STRETCH



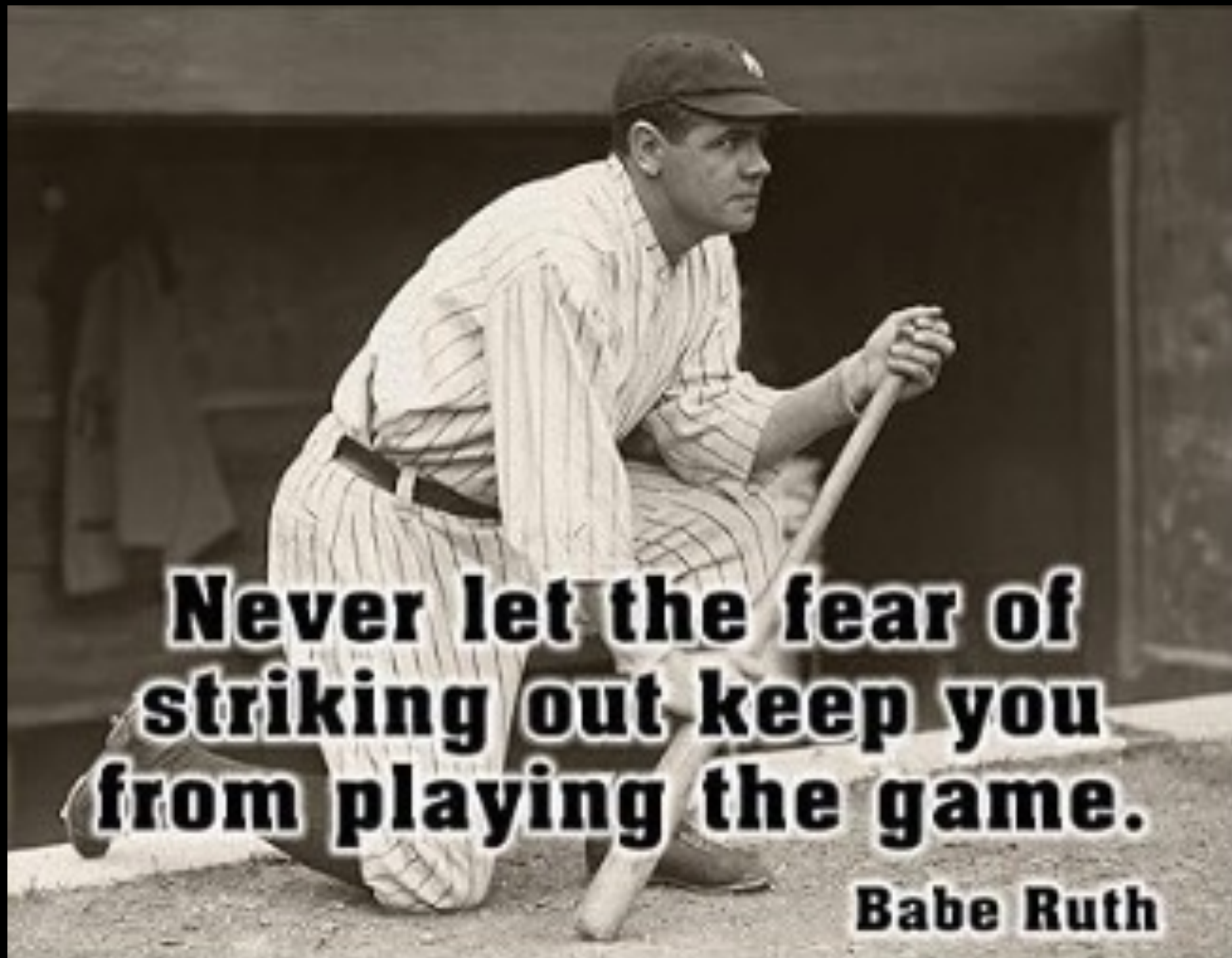
*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

“Never let the fear of  
striking out keep you  
from playing the game.”

~ Babe Ruth





**Never let the fear of  
striking out keep you  
from playing the game.**

**Babe Ruth**



# SUMMER INNINING STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Summer Inning Stretch

Part 1 – First Inning Faith

Part 2 – Mid Game Mindset

Part 3 – Take the Stretch



# BIG IDEA

The greatest strength is not in the swing...  
but in the stillness before the swing.



# Main Scripture:

Psalm 46:10 (NLT) “Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world.”



# Reflection Questions:

Are you willing to pause when everything in  
you wants to push?



# Reflection Questions:

Will you choose to praise when the scoreboard doesn't look like you hoped?



# Reflection Questions:

Are you prepared not for what you're praying for  
but for what God's preparing you for?





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Today's Main Points

1. The Pause
2. The Praise
3. The Preparation



# Take the Stretch

POINT 1 - The Pause before the Pitch -  
Stillness unlocks Strategy







# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# BIG IDEA

Success is built before the swing





# SUMMER INNINING STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Scripture:

2 Corinthians 2:11 (NLT) "...so that Satan will not outsmart us. For we are familiar with his evil schemes."





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# The Devil's Pitches

The #1 - Fastball of fear

The #2 - Curveball of compromise

The #3 - Slider of shame

The #4 - Change-up of confusion





# SUMMER INNING STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Scripture:

Exodus 14:13-14 - 13 But Moses told the people, “Don’t be afraid. Just stand still and watch the Lord rescue you today. The Egyptians you see today will never be seen again. 14 The Lord himself will fight for you. Just stay calm.”



# STAY CALM:

The Hebrew phrase “stay calm” (חַרַשׁ – charash)  
Implies: to be silent and listen



# BIG IDEA

Stillness is NOT a call to PASSIVITY  
- BUT it's a call to get into POSITION



# Mindset Shift

“Silence doesn’t signal defeat...  
it opens space for divine direction.”



# Application Question

What battle are you fighting  
without PAUSING to hear God?



# Take the Stretch

POINT 2 - Praise in the Pause  
– Praise is Preparation



# Scripture:

2 Chronicles 20:22 (NLT) – “At the very moment they began to sing and give praise, the Lord caused the armies... to start fighting among themselves.”



# Mindset Shift

Praise is not intended to be after the battle  
- BUT a weapon before the battle

PRAISE positions your mind for PROVISION!





# SUMMER INNING STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# BIG IDEA

What you fire through the Brain...  
will initiate what floods your Body



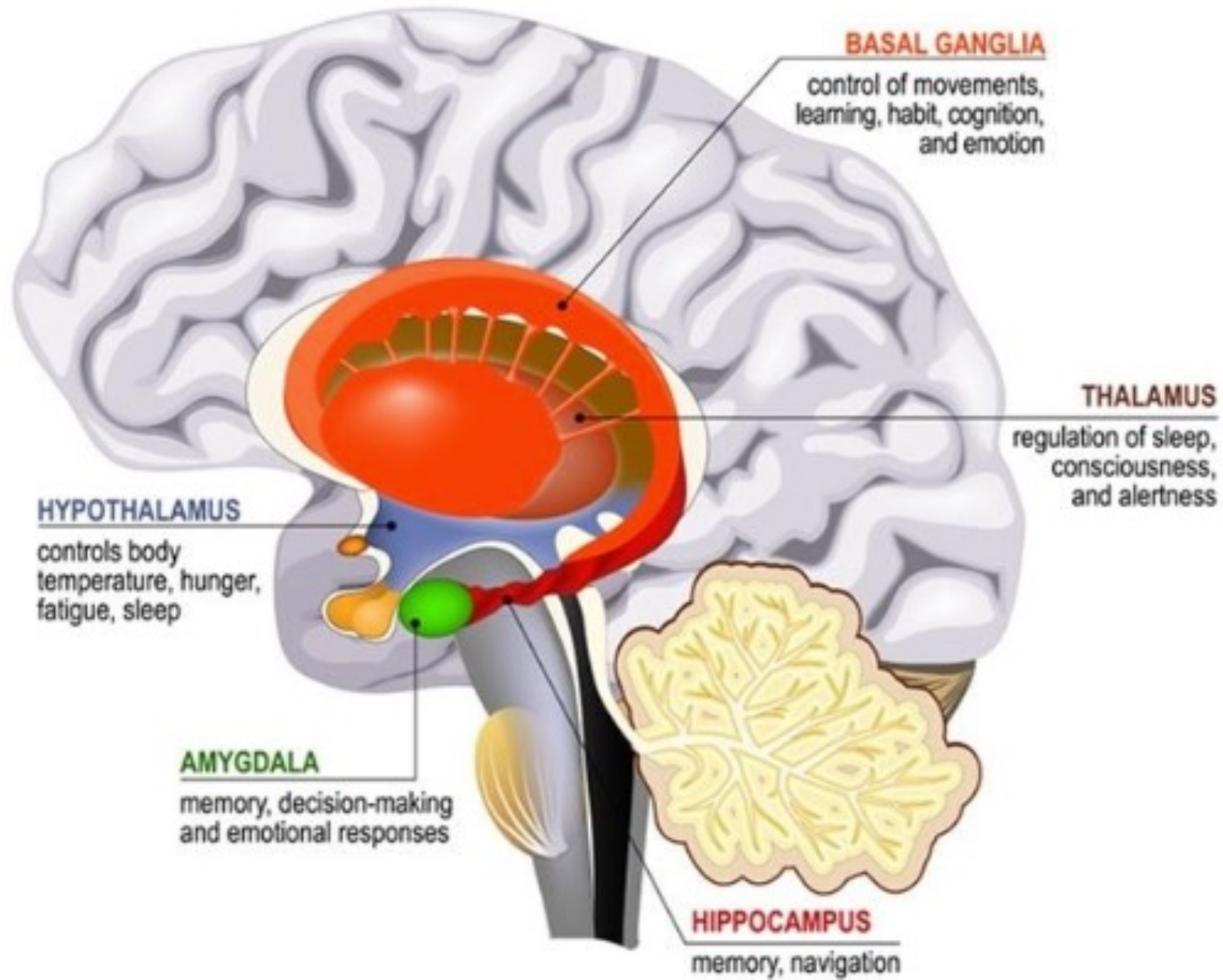


# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**



# BIG IDEA

Complaining doesn't just express defeat —  
it creates it.





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Scripture:

1 Thessalonians 5:16–18 (NLT) “Always be joyful. Never stop praying. Be thankful in all circumstances...”



# Scripture:

2 Chronicles 20:22 (NLT) “At the very moment they began to sing and give praise, the Lord caused the armies... to turn on each other.”



# Biblical Truth

- God responds to praise with breakthrough.
- He responds to complaining with correction.



# BIG IDEA

Praise is heaven's language  
and it moves you forward.

Complaining is hell's echo  
and it drags you backward.



# Problem / Solution

**Problem**: Waiting seasons can become  
whining seasons (losing seasons).

**Solution**: Turn your Season of PAUSE  
into a Session of PRAISE.



# Reflection Question

Am I worshiping while I wait  
—or worrying while I wait?





# SUMMER INNING STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Take the Stretch

POINT 3 - Prepare for What's Next  
– Stretch Before Stepping up to the Plate







# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Scripture:

Proverbs 21:31 (NLT) “The horse is prepared for the day of battle, but the victory belongs to the Lord.”





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Ways to Stretch before your "At Bat"

## 1. Stretch Your Mind – Get Mentally Ready

Romans 12:2 (NLT) – “Let God transform you into a new person by changing the way you think.”



# Ways to Stretch before your "At Bat"

## 2. Stretch Your Faith – Trust the Timing

Hebrews 11:7 (NLT) – Noah built the ark before he saw rain.



## Ways to Stretch before your "At Bat"

### 3. Stretch Your Habits – Align with the Assignment

Luke 16:10 (NLT) – “If you are faithful in little things, you will be faithful in large ones.”



# BIG IDEA

What you do in private  
determines what you display in public



# Application

Write down 3 faith-goals - and the 3 habits  
you need to support them.

If God answered your prayer today...  
are you actually ready to carry the answer?



# Take the Stretch

1. Pause to hear His voice.
2. Praise Him through the pressure.
3. Prepare to step into your next assignment.





# SUMMER INNIN STRETCH



*Philippians 4:6 - God will continue a good work within you*

**IT'S NOT OVER. GOD'S JUST GETTING WARMED UP.**

# Lifehouse Church

Maximize Christ Potential in You

