

Lifehouse Church

Maximize Christ Potential in You



THE HEART OF THE MATTER

A SERIES ON RENEWING YOUR HEART

CREATE IN ME A CLEAN HEART, O GOD.

PSALM 51:10



**Lifehouse
Church**
DISCOVER YOUR POTENTIAL



PROVERBS 4:23

Keep your heart
with all diligence,
for out of it is the
wellspring of life.

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PART 4 REVIEW

GUARD YOUR HEART



**1. GUARD
YOUR GATES**
WHAT GETS IN.



**2. GUARD
YOUR GROUND**
WHAT TAKES ROOT.



**3. GUARD
YOUR GROWTH**
WHAT YOU POUR IN.



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PSALM 147:3 WEB

“He heals
the **broken** in heart,
and **binds up**
their **wounds**.”

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JOHN 5:1–3, 5 WEB

“After these things, there was a feast of the Jews, and Jesus went up to Jerusalem.

Now in Jerusalem by the sheep gate, there is a pool, which is called in Hebrew, ‘Bethesda’, having five porcnnes.

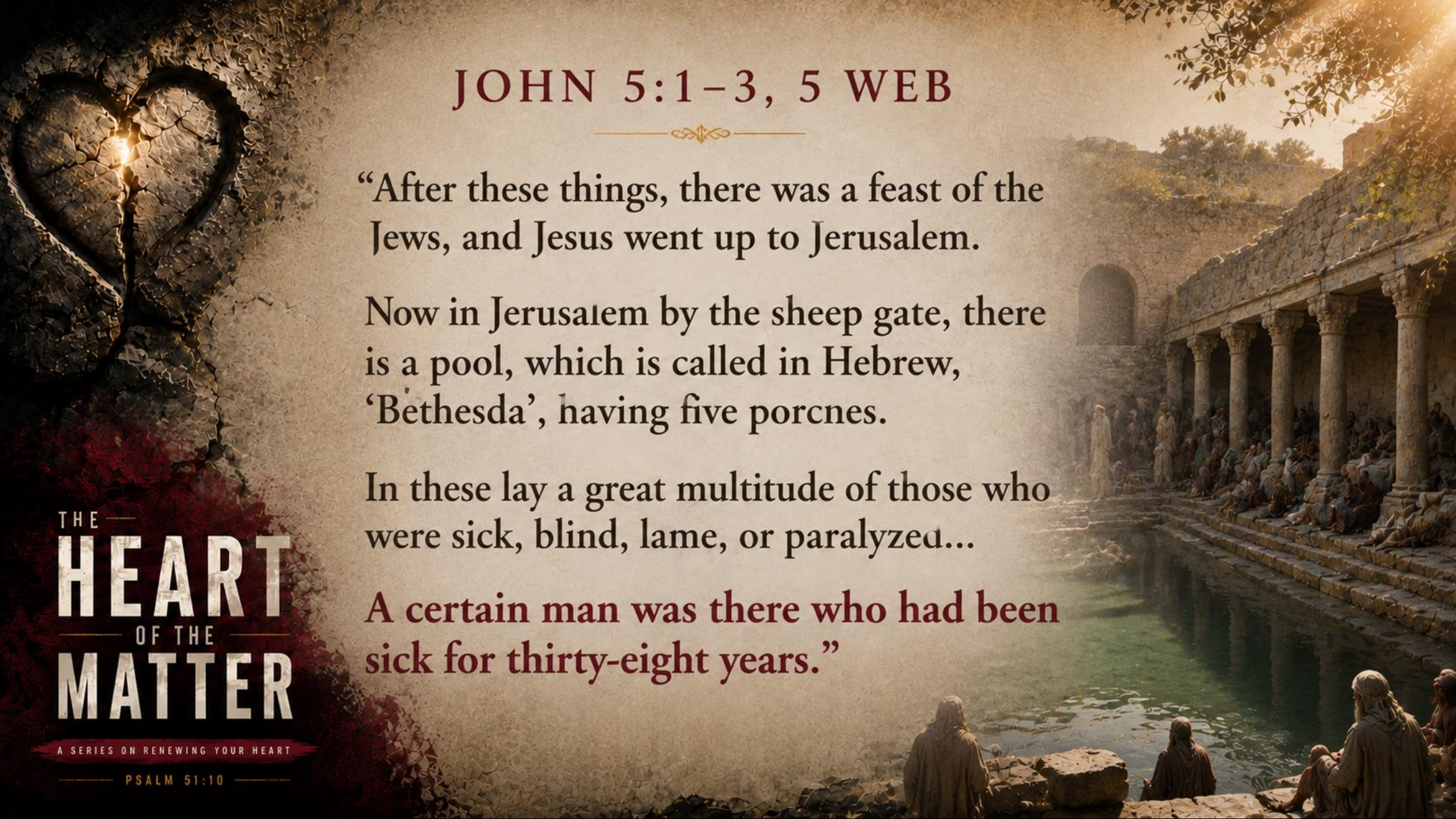
In these lay a great multitude of those who were sick, blind, lame, or paralyzed...

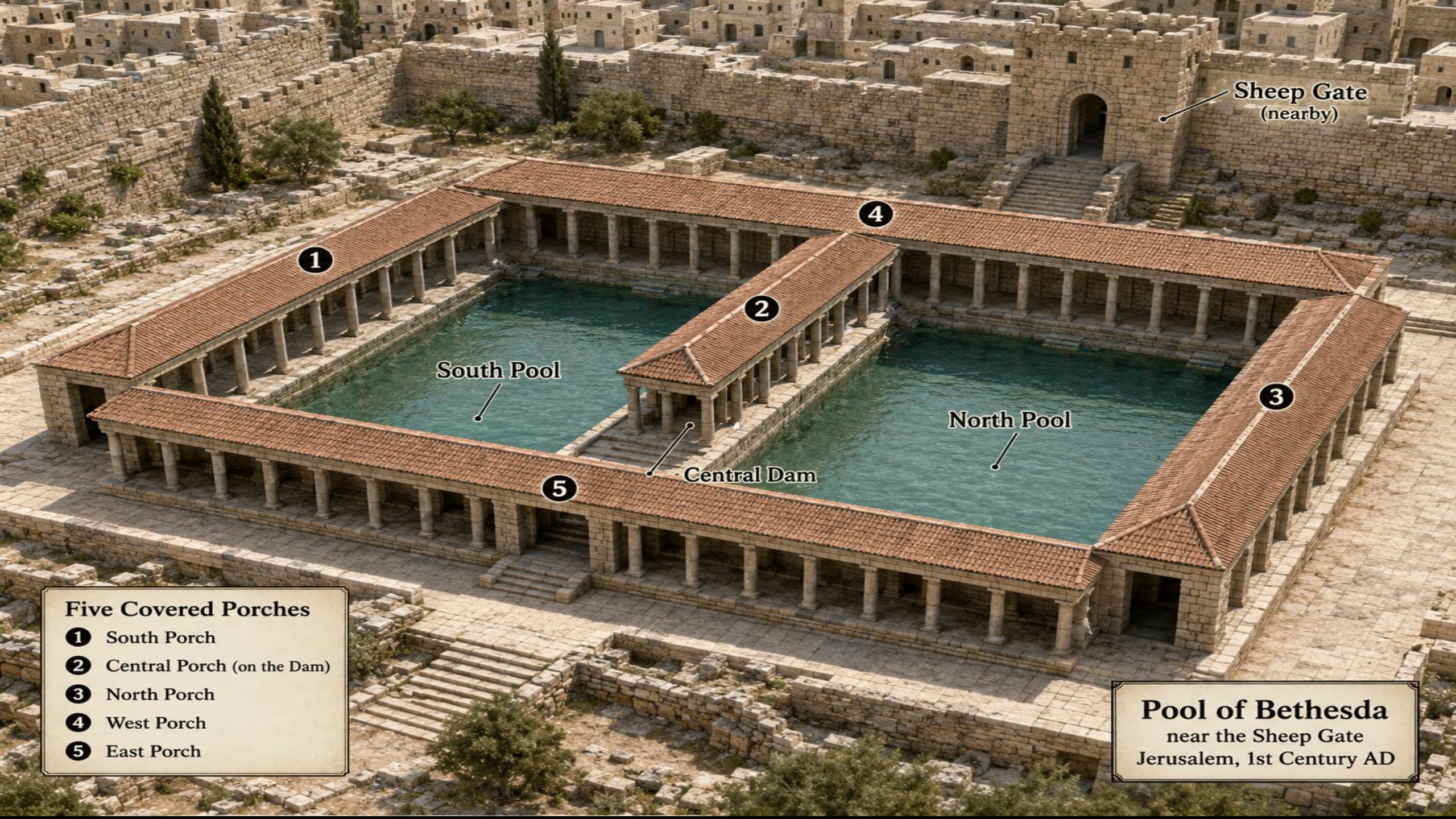
A certain man was there who had been sick for thirty-eight years.”

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Sheep Gate
(nearby)

1

4

2

3

5

South Pool

North Pool

Central Dam

Five Covered Porches

- 1 South Porch
- 2 Central Porch (on the Dam)
- 3 North Porch
- 4 West Porch
- 5 East Porch

Pool of Bethesda
near the Sheep Gate
Jerusalem, 1st Century AD



POINT 1



HOW TO HEAL THE HEART – **RECOGNIZE** **THE WOUND**

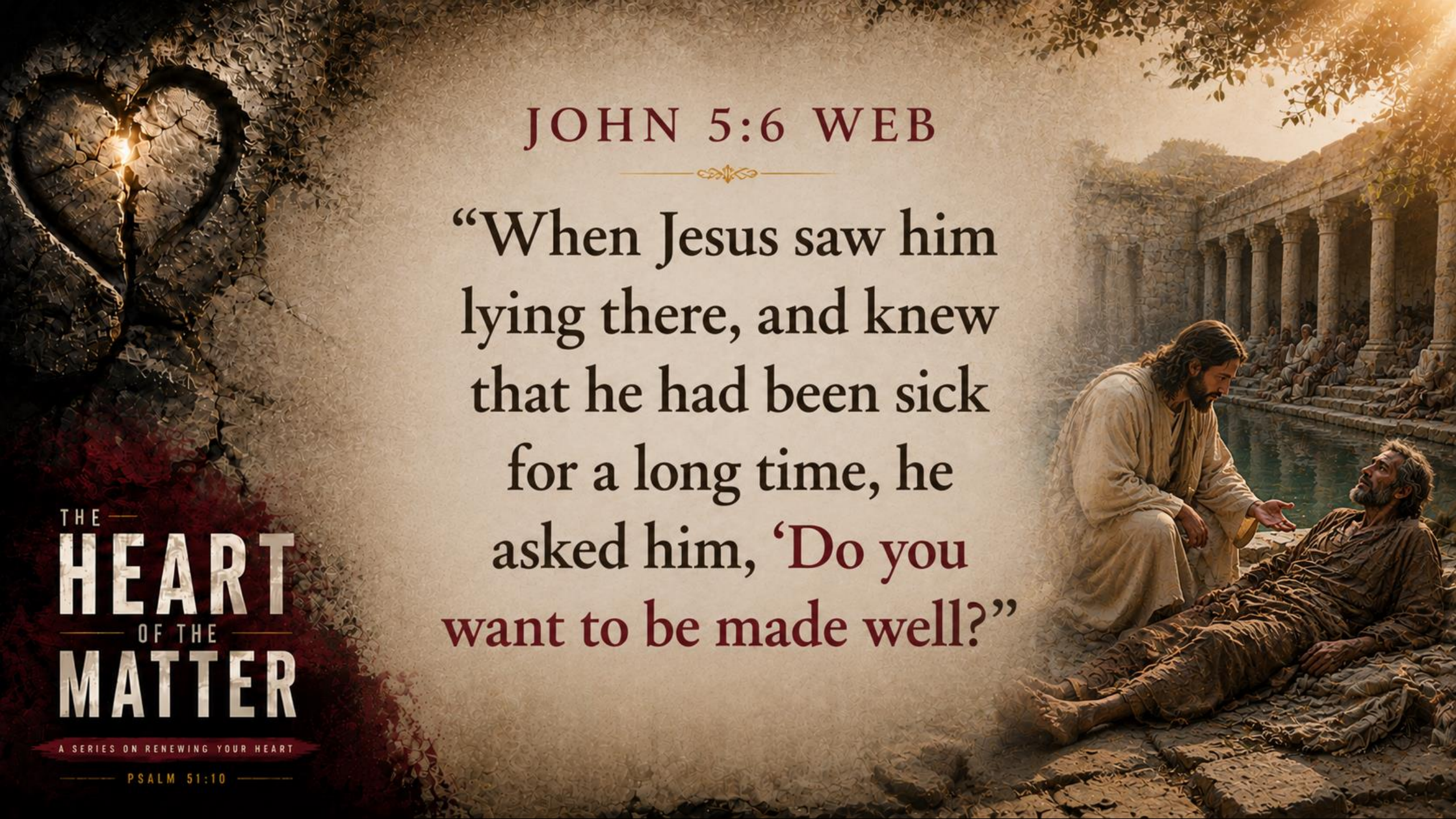


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JOHN 5:6 WEB

“When Jesus saw him lying there, and knew that he had been sick for a long time, he asked him, ‘Do you want to be made well?’”

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POINT 2

REJECT THE
STORY

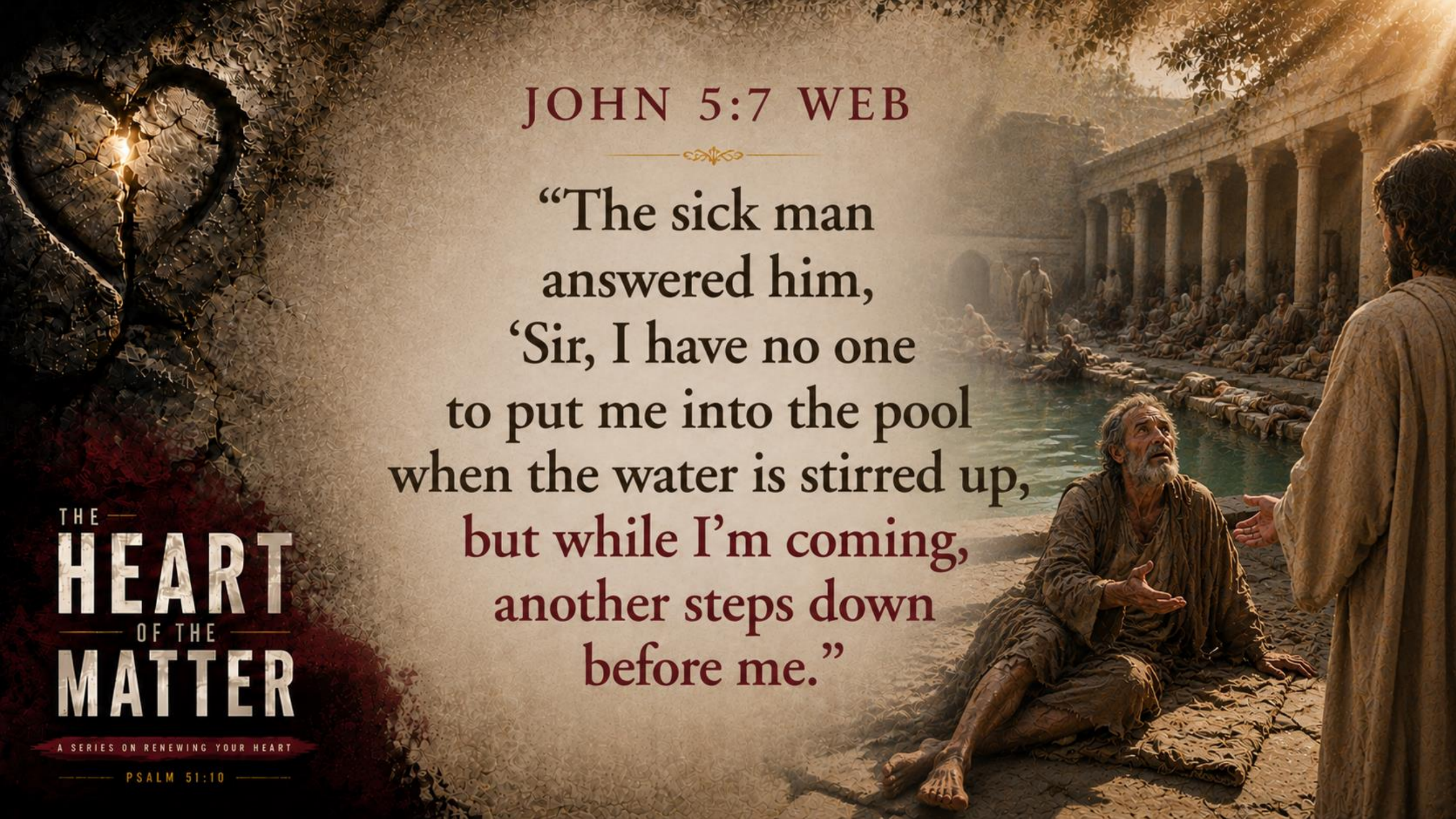
THE WOUND
HAS WRITTEN

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JOHN 5:7 WEB

“The sick man
answered him,
‘Sir, I have no one
to put me into the pool
when the water is stirred up,
but while I’m coming,
another steps down
before me.’”

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BIG IDEA:

Something can be true
about your **past**...

...without being allowed
to determine
your **future**.

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POINT 3



RESPOND TO
THE STEP
JESUS GIVES
— YOU —

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JOHN 5:8 WEB

“Jesus said to him,
“Arise, take up
your mat, and
walk.”

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Jesus
gives him
three commands.

1. Arise.
2. Take up your mat.
3. Walk.

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Luke 17:13-14

Jesus heals the 10 Lepers –
and then Jesus says:

– “Go and show
yourselves to
the priests.”

– “As they went,
they were cleansed.”

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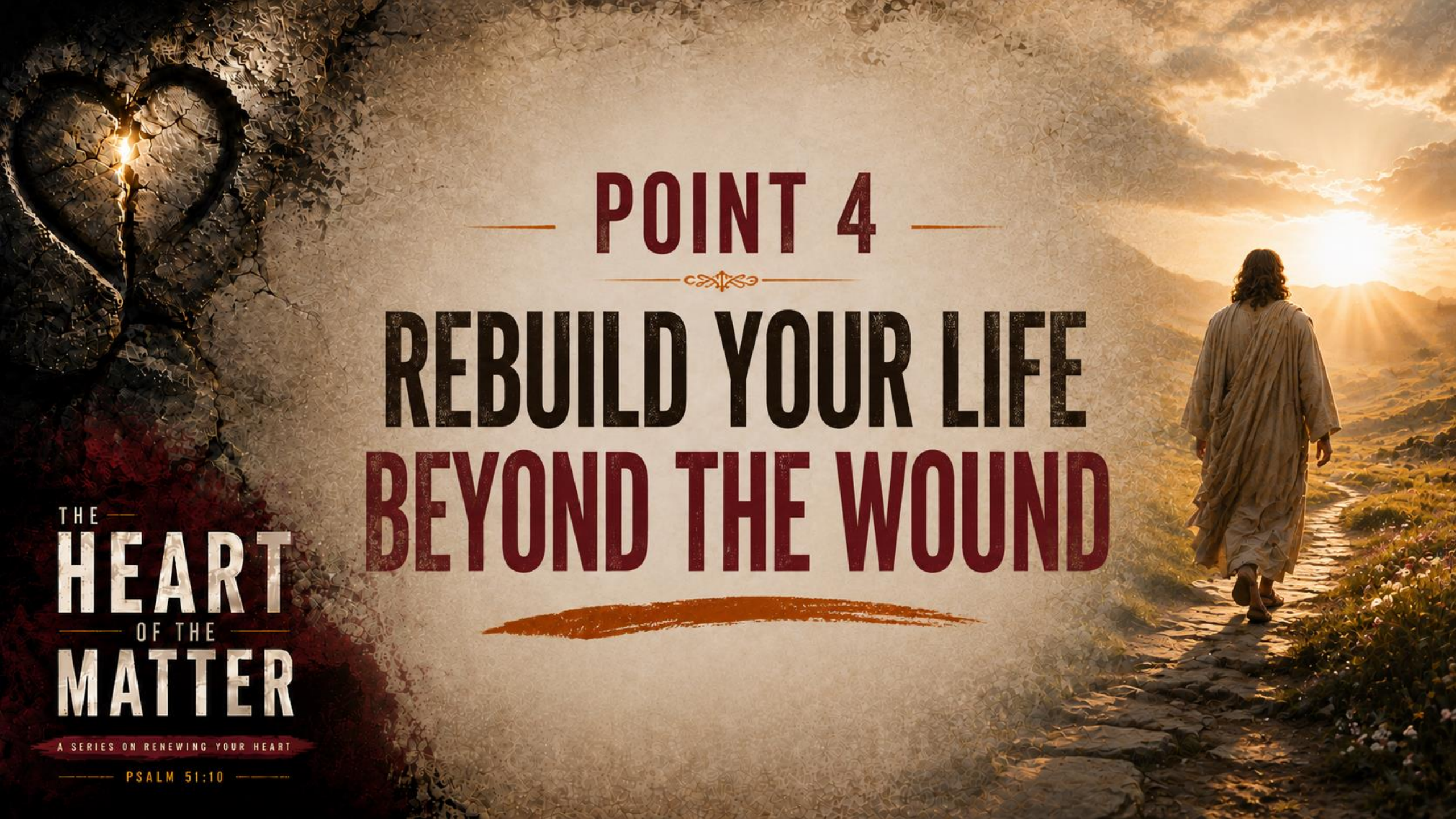
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POINT 4



REBUILD YOUR LIFE
BEYOND THE WOUND



JOHN 5:9 WEB

“Immediately,
the man was
made well, and
took up his mat
and walked.”

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The background of the entire image is a man with long hair, seen from behind, walking away on a dirt path that leads towards a bright sunset. The sky is filled with soft, golden clouds. On the left side of the image, there is a large, dark, textured heart shape that appears to be made of stone or metal, with a bright light shining from a crack in its center. Below the heart, there is a rolled-up rug or mat and a chain that lies on the ground.

BIG IDEA:

THE PAST MAY STILL BE
PART OF YOUR STORY...

...BUT IT DOESN'T HAVE TO
KEEP CARRYING YOUR LIFE.

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PSALM 147:3 WEB

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The Steps to **HEALING A HURTING HEART**

- 1** Recognize the wound.
- 2** Reject the story the wound has written.
- 3** Respond to the step Jesus gives you.
- 4** Rebuild your life beyond the wound.

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CLOSING IDEA:



GOD DOES THE HEALING...

...BUT I HAVE TO
BE WILLING TO **WALK** WITH HIM

- OUT OF THE
PLACE WHERE **MY PAIN** LEFT ME.

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