Spiritual Growth & Discipleship

Growing in Christ through Scripture, prayer, obedience, and spiritual disciplines

WHY THIS MATTERS

Helping believers develop a deeper relationship with Jesus through Scripture, prayer, obedience, and spiritual disciplines.

> Start with Scripture. These recommended books, articles, and videos are supplemental tools to help you understand and apply God's Word.

ARTICLES & ONLINE RESOURCES

1. Personal Holiness — The Gospel Coalition

A collection of articles on personal holiness and the practices that shape Christian character.

2. Prayer for Beginners — Desiring God

Practical help for developing a consistent prayer life.

3. Fasting for Beginners — Desiring God

An introduction to the biblical practice of fasting.

4. Discipleship and the Church — 9Marks

Resources on discipleship as a way of life within the local church.

RECOMMENDED BOOKS

BOOK	Spiritual Disciplines for the Christian Life **Donald S. Whitney** A practical guide to Bible reading, prayer, worship, fasting, evangelism, and other disciplines that cultivate godliness.
BOOK	The Pursuit of Holiness **Jerry Bridges** Explains the believer's responsibility to pursue holiness while depending on God's grace.
BOOK	The Gospel-Centered Life **Robert H. Thune and Will Walker** A short, accessible study on how the Gospel shapes everyday Christian living.
BOOK	Knowing God **J. I. Packer** A classic exploration of God's character and what it means to know Him personally.

VIDEOS & VIDEO LIBRARIES

BibleProject — How to Read the Bible

An accessible video series on reading Scripture well.

BibleProject — Videos

Animated Bible book overviews and biblical-theme explainers.

Desiring God — Spiritual Growth

Articles and teaching on spiritual growth.

SCRIPTURE TO STUDY

Abiding in Christ: John 15:1–11

Transformation and renewal: Romans 12:1–2

Training for godliness: 1 Timothy 4:7–8

Walking by the Spirit: Galatians 5:16–26

Growing in Christ: Colossians 2:6–7

The blessed life of the righteous: Psalm 1

RECOMMENDED STARTING POINT
Spiritual Disciplines for the Christian Life by Donald S. Whitney.