Next Steps

☐ Today, for the **first time**, I pray...
Lord Jesus, Thank you for going to the cross for my sin. Thank you for forgiving me. I receive You as my Savior and trust You to be the Lord of my life.

Amen.

To prepare for "Fridays" (Pain & Suffering):

- ☐ I will reach out to friends this week.
- ☐ I will spend time talking to God every day this week.

To prepare for "Saturdays" (Grief & Confusion):

☐ I will read the Bible every day this week.

To get to my "Sundays" (Joy and Victory):

☐ I will trust I Jesus' power to save me



EASTER SUNDAY APRIL 12, 2020

Easter

"How to Survive the Worst Day of Your Life"

"...My soul is crushed with grief to the point of death..."

Matthew 26:38 (NLT)

Jesus' death, burial, and resurrection happened over three days:									
•	Friday:	The day of	PAIN AND SUFFERING						
\P	Saturday:	The day ofCONFUSION_	LOSS, GRIEF, AND						
\Pi	Sunday:	The day of VICTORY	_JOY, CELEBRATING, AND						

I. Friday: The Day of Pain

Q: What do you do in your "Days of Pain"?

A: 1. Reach out to _____FRIENDS____.

"Then Jesus went with them to the olive grove call Gethsemane, and He said, 'Sit here while I go over there to pray.' He took Peter and Zebedee's two sons, James and John, and He became anguished and distressed. He told them, 'My soul is crushed with grief to the point of death. Stay here and keep watch with Me.'" Matthew 26:36-38 (NLT)

"Share each other's burdens, and in this way obey the law of Christ."

Galatians 6:2 (NLT)

A: 2. Reach out to ____GOD____.

"He [Jesus] went on a little farther and bowed with His face to the ground, praying, 'My Father! If it is possible, let this cup of suffering be taken away from Me. Yet I want Your will to be done, not Mine."

Matthew 26:39 (NLT)

II. Saturday: The Day of Confusion

Q:	What do	you do in	your	days	of "Co	nfusion	and	Grief'	,,
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A: Remember the _____PROMISES OF GOD_____

"I [Jesus] have told you these things so that you won't abandon your faith."

John 16:1 (NLT)

"In a little while you won't see Me anymore. But a little while after that, you will see Me again."

John 16:16 (NLT)

"When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you." Isaiah 43:2 (NLT)

III. Sunday: The Day of Joy

Q: How do I get to the "Day of Joy"?

A: Rely on the ____POWER OF JESUS_____

"Jesus told her, 'I am the resurrection and the life. Anyone who believes in Me will **life, even after dying**." John 11:25 (NLT)

"The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, He will give life to your mortal bodies by this same Spirit living within you."

Romans 8:11 (NLT)

"If you confess with your mouth that Jesus is Lord and believe in your heart that **God raised Him from the dead, you will be saved.**"

Romans 10:9 (NLT)