

## 1st- Time Commitment

### Today, I pray...

*Dear Jesus,*

*I believe that You are God and that You died for my sin. Thank you for forgiving me. Today, I surrender my life to You as my Lord and Savior. Amen*

### Next Steps

- This week, I will put into practice tips from the “Masters” of relationships.

#### I want to take action! Sign me up:

- Tithe Challenge (June, July, August)
- Get Ahead – Biblical Money Mgt Group: Wed., July 10<sup>th</sup> @ 6:30pm
- Father’s Day Baptism: Sun., June 16<sup>th</sup>
- CLASS: Tues., June 11<sup>th</sup> @ 6:30:
  - CLASS 101 – Become a member of Harvest
  - CLASS 201 – Habits to help us grow

**90 DAY** 2019 TITHE CHALLENGE  
Test me in this,  
says the Lord Almighty. *Malachi 3:10*  
Take the Tithe Challenge for 90 days and  
experience God’s goodness like never before...  
or your money back.

## FATHER’S DAY BAPTISM

June 16<sup>th</sup> after 12:00 Service

sign up at [harvestchurch4u.org](http://harvestchurch4u.org)

## Class 101 + 201

Tuesday, June 11 | 6:30 PM

Are you interested in learning about the culture and DNA of Harvest Church (**Class 101**) or learning good habits of a Christ-follower? (**Class 201**)  
signing up at [harvestchurch4u.org](http://harvestchurch4u.org)

**IF THESE WALLS COULD talk**

JIM & JENNIFER COWART

**MAY 26**

# Masters & Disasters of Relationships

*“Let the words of my mouth and the meditation of my heart  
Be acceptable in Your sight,  
O Lord, my strength and my Redeemer.”  
Psalms 19:14*

<i>Disasters</i>	<i>Masters</i>
1. Critical – point fingers	1. Gentle – take responsibility
2. Defensive– whine, blame, present themselves as the victim	2. Interested in others’ opinion – <i>“Interesting point, tell me more...”</i>
3. * Contempt – > speak down to the other person > superior tone, attitude > insults and name calling * best predictor of divorce and illness	3. Respect – look for things to appreciate vs. look for others’ mistakes
4. “Stonewalling” > tune out > don’t acknowledge the other person (sometimes just thinking but giving no “cues “ to listening)	4. “Self-Soothe” – calm, peaceful

## Most Important Differences Between the Masters and the Disasters...

- Masters learn the ability to repair interactions.
- Repair: apologize, accept responsibility, etc.
- The recipient of the “repair process” is key.
- What made the difference in repair was the quality of the friendship in the relationship.
- Important to maintain friendship, intimacy and emotional connection in the relationship.
- “Every relationship experiences conflict and periods of alienation.”

# Learning From the “Masters” of Relationships

## 1. Practice being **GENTLE**.

*“A gentle answer turns away wrath...” Proverbs 15:1 (NIV)*

*“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”*

*Colossians 3:12 (NIV)*

## 2. Show **GENUINE INTEREST** in the other person and their opinion.

*“Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves.” Philippians 2:3 (NLT)*

## 3. Have and convey real **RESPECT** for the other person.

*“Respect everyone, and love the family of believers. Fear God, and respect the king.” 1 Peter 2:17 (NLT)*

*“Do to others whatever you would like them to do to you. This is the essence of all that is taught in the law and the prophets.” Matthew 7:12 (NLT)*

## 4. Be **STRONG** and **CALM** in your relationship with Christ.

*“Finally, be strong in the Lord and in His mighty power.” Ephesians 6:10 (NIV)*

*“And I am certain that God, who began the good work within you, will continue His work until it is finally finished on the day when Christ Jesus returns.” Philippians 6:10 (NLT)*