

8/7/2022

## Twisted - #AintInTheBible: God Will Never Give You More Than You Can Bear!

*[Paul] "We think you ought to know, dear brothers and sisters, about the **trouble we went through** in the province of Asia. We were **crushed and overwhelmed** beyond our ability to endure, and we thought we would never live through it." 2 Corinthians 1:8 (NLT)*

*"In fact, we **expected to die**. But as a result, we stopped **RELYING** on **OURSELVES** and **LEARNED** to rely **ONLY** on **GOD**, who raises the dead." 2 Corinthians 1:9 (NLT)*

*"And He did rescue us from mortal danger, and He will rescue us again. We have placed our confidence in Him, and He will continue to rescue us." 2 Corinthians 1:10 (NLT)*

***"God will never give you more than you can bear"**  
is  
**BAD THEOLOGY.***

*[Jesus] "I have told you all this so that you may have peace in Me. Here on earth you will have **MANY TRIALS** and **SORROWS**..." John 16:33 (NLT)*

***Tribulation:**  
**a state of great trouble or suffering.***

*"...We thought we would never live through it. In fact, we expected to die..." 2 Corinthians 1:8b-9a (NLT)*

*"God is our refuge and strength, **ALWAYS READY** to help in times of trouble. <sup>2</sup>So we will not fear when earthquakes come and the mountains crumble into the sea. <sup>3</sup>Let the oceans roar and foam. Let the mountains tremble as the waters surge!" Psalm 46:1-3 (NLT)*

 **When my strength is failing under crushing burdens, the answer is NOT WITHIN. The answer is GOD.**

*"...God is faithful. He will not allow the temptation to be **MORE THAN** you can **STAND**. When you are tempted, He will show you a **WAY OUT** so that you can endure." 1 Corinthians 10:13 (NLT)*

**Paul said:**  
**"We stopped relying on ourselves  
and learned to rely only on God."**

- ✚ God *did* rescue us (past).
- ✚ God *is* rescuing us (present).
- ✚ God *will* rescue us (future).

✚ As long as I can rely on ANYONE ELSE, I have not learned to RELY ONLY on God.

*[Jesus] "I have told you all this so that you may have peace in Me. Here on earth you will have many trials and sorrows. But **TAKE HEART** because I have **OVERCOME** the **WORLD**." John 16:33 (NLT)*

## ***Keep the Conversation going...***

### Small Group Discussion Questions

1. How have you handled it when you have felt you had more than you could bear? And, how might you handle it differently now?
2. Paul said in 2 Corinthians 1:8 that he "*learned to rely only on God.*" "*Learning*" to rely on God implies that it is a process. What are some ways you can learn to rely only on God?
3. If you were to try to help someone who feels they have more than they can bear - what would you say to them/do for them?
4. When you are tempted, do you look for God to show you a way out (1 Corinthians 10:13)? What keeps you from following that way out?