

“BE STILL, AND KNOW THAT I AM GOD!”

PSALM 46:10

**in Hebrew is Be *still* in Hebrew is more than relax.
It is to stop striving, let go, surrender, release control**

**Probable Background Story:
2 Kings 18 and 19; 2 Chronicles 32, Isaiah 36-37**

LESSONS FROM HEZEKIAH

1) Prepare in **PRACTICAL WAYS**.

*“...They decided to stop the flow of the springs outside the city...Then Hezekiah worked hard at repairing all the broken sections of the wall, erecting towers, and constructing a second wall outside the first. He also reinforced the supporting terraces in the City of David and manufactured large numbers of weapons and shields.”
2 Chronicles 32:3-5 (NLT)*

**Remember:
Faith is not passive.
Hezekiah prepared wisely for the crisis before him.**

2) Seek **GODLY COUNSEL**.

*“He (Hezekiah) **consulted** with his officials and military advisors . . .” 2 Chronicles 32:3 (NLT)*

“And he sent Eliakim the palace administrator, Shebna the court secretary, and the leading priests, all dressed in burlap, to the prophet Isaiah son of Amoz.” 2 Kings 19:2 (NLT)

**Remember:
Wise people seek mature believers’ counsel
rather than isolating themselves.**

3) Turn to God **IMMEDIATELY AND REPEATEDLY**.

“When King Hezekiah heard their report, he tore his clothes and put on burlap and went into the Temple of the LORD.” 2 Kings 19:1 (NLT)

*“Then King Hezekiah and the prophet Isaiah son of Amoz cried out in prayer to God in heaven.”
2 Chronicles. 32:20 (NLT)*

**Remember:
God should be your first response, not your last resort.**

4) Trust God for the **OUTCOME**.

*“And this is what the LORD says about the king of Assyria: ‘His armies will not enter Jerusalem.’”
2 Kings 19:32 (NLT)*

*“God is our refuge and strength, always ready to help in times of trouble. So we will not fear...”
Psalm 46:1-2 (NLT)*

**Remember:
God loves you and wants the best for your life.**

FOR THOSE WHO STRUGGLE TO BE STILL

- ◆ Practice Sabbath intentionally and regularly.
- ◆ Draw closer through Holy Habits and Christian Community.
- ◆ Quiet the

FINDING BALANCE:

BEING STILL AND MOVING IN FAITH

- ◆ There is a time to Be Still.

*“Be **still** and know that I am God!...” Psalm 46:10 (NLT)*

*“Don’t be afraid. Just stand still...The LORD Himself will fight for you. Just stay calm.”
Exodus 14:13-14 (NLT)*

- ◆ There is a time to Move.

*Then the LORD said to Moses, “Why are you crying out to Me? Tell the people to get moving!”
Exodus 14:15 (NLT)*

*“So you see, faith by itself isn’t enough. Unless it produces good deeds, it is dead and useless.”
James 2:17 (NLT)*

WE FIND BALANCE THROUGH

GODLY COUNSEL,

GOD’S WORD, AND

LISTENING FOR

GOD’S DIRECTION.