

Real Talk: Conflict

*"A home filled with strife and division destroys itself."
Mark 3:25 (TLB)*

*"Do you know where your fights and arguments come from?
They come from the selfish desires that war within you."
James 4:1 (NCV)*

*"Don't be selfish...Don't just think about your own affairs,
but be interested in others too...
Your attitude should be the kind that was shown us
by Jesus Christ."
Philippians 2:3-5 (TLB)*

*"Pride leads to arguments,
be humble, take advice and become wise."
Proverbs 13:10 (TLB)*

Steps for Conflict Resolution:

1. Pause before responding.

"...Be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires." James 1:19-20 (NIV)

"Fools give full vent to their rage, but the wise brings calm..." Proverbs 29:11 (NIV)

2. Examine the bigger picture.

"A person's wisdom yields patience; it is one's glory to overlook an offense." Proverbs 19:11 (NIV)

"Love one another...outdo one another in showing honor." Romans 12:10 (ESV)

3. Choose to respond in kindness.

*"In your anger do not sin. Do not let the sun go down while you are still angry...Get rid of all the bitterness, rage and anger... Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
Ephesians 4:26,31-32 (NIV)*