



@STPAULPEORIA

OCTOBER - DECEMBER

Week 9: Living in Overflow Spreading the Gift of Gratitude

Psalms 107:1-43 (CSB)

Quarter 4 : Live Simple

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(1) TWO COMMANDS:

"SAY SO" AND "GIVE THANKS"

PSALM 107

“Let the redeemed of the LORD say so.”

(v. 2)

“Let them give thanks to the LORD...”

(vv. 8, 15, 21, 31)

**GRATITUDE THAT ISN'T SPOKEN
IS GRATITUDE THAT ISN'T COMPLETE.**

(2)

“SAY SO” AND “GIVE THANKS”
by telling your story.

THE RHYTHM OF REDEMPTION:

(1) CRISIS

(2) CRY

(3) RESCUE

(4) RESPONSE

(3)

WHY SPEAK?

BECAUSE REDEMPTION IS REVELATION

1. Redemption reveals God's steadfast love.

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2. Redemption reveals **God's goodness.**
3. Redemption reveals **God's nearness.**
4. Redemption reveals **God's power** through
“wondrous works.”

(4)

**TELL YOUR STORY BECAUSE YOUR STORY IS
SOMEONE ELSE'S LIFELINE**

(5)

**NOT EVERYONE WILL SEE OR BELIEVE... UNLESS THE
REDEEMED SPEAK**

PSALM 107:43 (CSB)

**Let whoever is wise pay attention to these things
and consider the Lord's acts of faithful love.**

THIS WEEK'S TO-DO:

**Tell one person ONE thing God has
delivered you from.**

PSALM 136 (CSB)

but hurled Pharaoh and his army into the Red Sea.

His faithful love endures forever.

¹⁶ He led his people in the wilderness.

His faithful love endures forever.

PSALM 136 (CSB)

He struck down great kings

His faithful love endures forever.

¹⁸ and slaughtered famous kings—

His faithful love endures forever.

PSALM 136 (CSB)

Sihon king of the Amorites

His faithful love endures forever.

²⁰ and Og king of Bashan—

His faithful love endures forever.

PSALM 136 (CSB)

and gave their land as an inheritance,

His faithful love endures forever.

22 an inheritance to Israel his servant.

His faithful love endures forever.

PSALM 136 (CSB)

He remembered us in our humiliation

His faithful love endures forever.

²⁴ and rescued us from our foes.

His faithful love endures forever.

PSALM 136 (CSB)

He gives food to every creature.

His faithful love endures forever.

²⁶ Give thanks to the God of heaven!

His faithful love endures forever.

**Psalm 136 is a tool of formation
(training ground for the heart).**

CHESED

- Loyal love
- Covenant faithfulness
- Promise-keeping mercy

EXODUS 34:5-7 (CSB)

"The Lord descended in the cloud and stood with him there and proclaimed the Lord by name. The Lord passed by before him and proclaimed:

EXODUS 34:5-7 (CSB)

"The Lord, the Lord, the compassionate and gracious God, slow to anger, and abounding in loyal love and faithfulness, keeping loyal love for thousands, forgiving iniquity and transgression and sin.

EXODUS 34:5-7 (CSB)

But he by no means leaves the guilty unpunished, responding to the transgression of fathers by dealing with children and children's children, to the third and fourth generation."

CREATION (VV. 4–9)

God didn't owe us life. He gave it.

His love endures forever.

EXODUS (VV. 10–15)

God didn't leave them in chains. He freed them.

His love endures forever.

WILDERNESS (VV. 16–22)

God didn't abandon them. He led them.

His love endures forever.

DAILY BREAD (VV. 23–25)

God didn't forget them. He fed them.

His love endures forever.

**Jesus didn't just repair our relationship with
God. He shows us how to repair relationships
with each other.**

PSALM 107:1 (CSB)

**Give thanks to the Lord, for he is good;
his faithful love endures forever.**



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Week 8:

The Ripple Effect

How Gratitude Strengthens Relationships

Psalm 136 (CSB)

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