



@STPAULPEORIA



JULY - SEPTEMBER

Week 10: Prayer Boost (When Words Aren't Enough)

Romans 8:26-27

Quarter 3 (July - September): Live Empowered

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ROMANS 8:26 (CSB)

²⁶ In the same way the Spirit also helps us in our weakness, because **we do not know what to pray for as we should**, but the Spirit himself intercedes for us with inexpressible groanings.

1) WHEN I STRUGGLE, HELP IS AVAILABLE

“The Spirit helps us...” (v. 26a)

BEFORE YOU PRAY THIS WEEK, WHISPER:

“SPIRIT, HELP.”

2) WHEN I AM WEAK, THE SPIRIT LIFTS ME

“...in our weakness.” (v. 26a)

**OUR WEAKNESS TRAINS US
TO RELEASE CONTROL**

3) WHEN I DON'T KNOW, THE SPIRIT PRAYS FOR ME

**“...for we do not know what to pray for as we
ought, but the Spirit himself intercedes...” (v. 26b)**

**4) WHEN I FEEL LIKE I'M FAILING,
THE SPIRIT INTERCEDES OUT OF
RELATIONSHIP, NOT PERFORMANCE**

ROMANS 8: 26c-27 (CSB)

“...with groanings too deep for words... according to the will of God.”

We are not heard because we pray well.

We are heard because the spirit intercedes well.

**5) WHEN I FEEL UNCERTAIN,
THE SPIRIT GIVES ME CONFIDENCE**

**All things—good and bad, spoken and
unspoken, answered and unanswered—are
woven by God into His good purpose: to
conform us to Christ and carry us to glory.**

BIG IDEA:

When words aren't enough, the Spirit gives your soul a prayer boost—helping in weakness, praying in ignorance, interceding in intimacy, and giving you confidence that God's love will carry you to glory.



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