



## **Discussion Guide**

**May 10**

### **Philippians 4:1-9**

<sup>1</sup> Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

<sup>2</sup> I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. <sup>3</sup> Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

### **Philippians 4:1**

1. What do you think Paul means when he tells them to “stand firm in the Lord”?
2. Why might this kind of encouragement be especially important after everything Paul has written in the previous chapters?

### **Philippians 4:2-3**

3. Why do you think Paul addresses Euodia and Syntyche so directly?
4. What does this passage teach us about the importance of unity in the church?
5. How can other believers help when there is conflict between Christians?

### **Philippians 4:4-7**

6. What does Paul mean by “rejoice in the Lord always,” and how is that different from pretending everything is fine?
7. Why do you think Paul connects rejoicing, gentleness, prayer, and peace in this passage?
8. How does God’s peace guard our hearts and our minds in difficult circumstances? How have you experienced this?

### **Philippians 4:8-9**

9. What kinds of things does Paul tell believers to think about?
10. Why is our thought life so important in shaping the way we live?
11. How might this passage challenge the way we fill our minds day by day?