



Discussion Guide

January 25

Hebrews 10:23-25

²³ Let us hold fast the confession of our hope without wavering, for he who promised is faithful. ²⁴ And let us consider how to stir up one another to love and good works, ²⁵ not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

1. What does it mean to hold fast to hope without wavering? Where are you struggling to hold on to hope right now?
2. Why is community emphasized as essential in verses 24-25?
3. What are some practical ways we can 'stir up one another' today? Can you tell about a time somebody 'spurred you on to love and good works.' How did they do it? Why do you think it was successful?

Ephesians 4:15-16

¹⁵ Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

4. What does it mean to 'speak the truth in love'?
5. What picture of the church do we get in verse 16?
6. How is every member of the body essential to its growth and health? What does that mean for you in your involvement with MVCC?

1 Corinthians 12:12–31

¹² For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³ For in one Spirit we were all baptized into one body—Jews or Greeks, slaves^[d] or free—and all were made to drink of one Spirit.

¹⁴ For the body does not consist of one member but of many. ¹⁵ If the foot should say, “Because I am not a hand, I do not belong to the body,” that would not make it any less a part of the body. ¹⁶ And if the ear should say, “Because I am not an eye, I do not belong to the body,” that would not make it any less a part of the body. ¹⁷ If the whole body were an eye, where would be the sense of hearing? If the whole body were an ear, where would be the sense of smell? ¹⁸ But as it is, God arranged the members in the body, each one of them, as he chose. ¹⁹ If all were a single member, where would the body be?

²⁰ As it is, there are many parts,^[e] yet one body.

²¹ The eye cannot say to the hand, “I have no need of you,” nor again the head to the feet, “I have no need of you.” ²² On the contrary, the parts of the body that seem to be weaker are indispensable, ²³ and on those parts of the body that we think less honorable we bestow the greater honor, and our unpresentable parts are treated with greater modesty, ²⁴ which our more presentable parts do not require. But God has so composed the body, giving greater honor to the part that lacked it, ²⁵ that there may be no division in the body, but that the members may have the same care for one another. ²⁶ If one member suffers, all suffer together; if one member is honored, all rejoice together.

²⁷ Now you are the body of Christ and individually members of it. ²⁸ And God has appointed in the church first apostles, second prophets, third teachers, then miracles, then gifts of healing, helping, administrating, and various kinds of tongues. ²⁹ Are all apostles? Are all prophets? Are all teachers? Do all work miracles? ³⁰ Do all possess gifts of healing? Do all speak with tongues? Do all interpret? ³¹ But earnestly desire the higher gifts.

And I will show you a still more excellent way.

7. How does Paul emphasize unity in diversity in this passage?
8. What are some reasons people might think their part in the body doesn't matter?
9. How do these verses encourage us to value both our role and the roles of others?
10. What does it mean to 'suffer together' and 'rejoice together' as one body?