



What is Fasting?

Fast: To _____ eating, drinking, or any other
_____ or _____ with
_____ on _____.
To fast = _____ to God.

A Good Time To Fast Is When I Need:

To _____.
Matt. 9:14-15 (NIV)

To _____.
Acts 13:1-3 (NIV)

To _____.
Joel 2:12 (NIV)

To _____.
Matthew 4:2 (NIV)

To _____.
Matt. 6:16-18 (NIV)