



# *Discipleship Guide*

*Sermon: I Am A Child Of God*

*Speaker: Pastor John Zayas*

Date: February 22, 2026

## **Rooted and Flourishing in God's Family**

**Key Scripture:** Proverbs 24:16

*“For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.” — Proverbs 24:16*

As we conclude our six-week series, *I Am A Child of God*, Pastor John Zayas led us into a powerful reflection on **endurance, resilience, and unwavering faith**. Being a child of God does not mean we never fall. It means we always get back up.

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### **Purpose of This Guide**

This guide is designed to help believers:

- Develop spiritual endurance
  - Understand the difference between falling and failing
  - Build habits that strengthen resilience
  - Walk in unwavering faith despite opposition
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## Core Truth

The mark of the righteous is not perfection — it is perseverance.

Children of God:

- May stumble
- May face hardship
- May endure attacks
- But they rise again

The wicked collapse under pressure because their foundation is unstable. The righteous rise because their foundation is the Lord.

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## Understanding the Text

### “Falls seven times”

In Scripture, seven symbolizes completeness. This means repeated setbacks, not just one failure.

### “Rise again”

The righteous don't rely on willpower — they rely on God's sustaining grace.

### “The wicked stumble when calamity strikes”

When crisis reveals character, only those rooted in God endure.

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## Marks of a Child of God Who Endures

1. **Identity Anchored in God**  
Failure does not redefine them.
2. **Faith Over Feelings**  
They trust God's promises over temporary emotions.
3. **Repentance Over Shame**  
They run toward God, not away from Him.

4. **Consistency in Community**  
They stay connected to the faith family.
  5. **Hope Beyond the Moment**  
They believe God is still working.
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## Reflection Questions

1. Where have I fallen recently?
  2. What has kept me from getting back up quickly?
  3. Am I anchored in identity or performance?
  4. Who can support me when I stumble?
  5. What practical step can I take this week to strengthen endurance?
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## Spiritual Practices for Endurance

- Daily Scripture meditation
- Honest prayer and repentance
- Accountability within community
- Gratitude in difficulty

## 5-Day Devotional: Rise Again

### Day 1 — Falling Is Not Final

**Read:** Proverbs 24:16

Falling is part of the human experience. The difference between the righteous and the wicked is not the absence of struggle — it is the decision to rise. God’s grace meets you in the fall and empowers you to stand again.

**Reflection:**

What fall have I allowed to define me?

**Prayer:**

Lord, remind me that my fall is not final because You are faithful.

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### Day 2 — Grace Is Greater Than Failure

Failure whispers, “Stay down.” Grace says, “Get up.”

Because you are a child of God, your identity is secure. God does not revoke sonship or daughterhood when you stumble.

**Reflection:**

Do I believe God still calls me His child after I fall?

**Prayer:**

Father, help me receive Your grace without shame.

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### Day 3 — Unwavering Faith in Adversity

The wicked stumble when calamity strikes because they lack foundation. Trials reveal what we’re standing on. When your trust is in God, storms cannot permanently knock you down.

**Reflection:**

What is my faith anchored to — circumstances or Christ?

**Prayer:**

Strengthen my foundation, Lord.

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## Day 4 — The Power of Getting Back Up

Every time you rise, you overthrow discouragement, fear, and the schemes of the enemy. Getting back up is spiritual warfare.

Resilience glorifies God.

**Reflection:**

What would it look like to rise immediately instead of lingering in defeat?

**Prayer:**

Give me courage to rise quickly.

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## Day 5 — Endurance Builds Legacy

Endurance is not just for you — it shapes generations. A child of God who keeps getting back up becomes a testimony of faithfulness.

Your perseverance preaches.

**Reflection:**

Who is watching my response to hardship?

**Prayer:**

Let my endurance strengthen others.