



Discipleship Guide

Sermon: I Am A Child Of God

Speaker: Pastor JohnEric Zayas

Date: January 18, 2026

Key Scripture

Romans 8:15–17 –

“The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, ‘Abba, Father.’”

Key Takeaways

1. Teknon — We Belong to God

We are born into God’s family by grace, not effort. Our identity begins with belonging, not performance.

2. Huios — We Are Led by the Spirit

Sonship means maturity and responsibility. As children of God, we are called to live led by the Spirit, not by fear or the flesh.

3. Teleios — We Are Growing Into Maturity

God invites us into spiritual wholeness. Being a child of God is not stagnant—it is a journey toward Christlike maturity.

Discussion Questions

- *What does it mean to you to be called a child of God?*
- *Where do you sense God inviting you to grow from Teknon to Huios?*

- *What areas of your life reflect spiritual maturity—and where is growth still needed?*
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Personal Reflection

- *Do I live from a place of fear or adoption?*
 - *How is the Spirit leading me right now?*
 - *What step toward spiritual maturity is God calling me to take?*
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This Week's Practice

- *Read Romans 8 daily and pray, "Abba, Father."*
 - *Ask the Spirit to lead one decision this week.*
 - *Choose one habit that reflects growing maturity in Christ.*
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Truth to Carry:

*You are not a slave. You are not an orphan.
You are a child of God.*

5-Day Devotional: *I Am a Child of God*

Romans 8:12–17

Day 1: You Belong — Teknon

Reading: Romans 8:15

Devotional:

Your identity begins with belonging. Through Christ, you are welcomed into God's family—not because of what you've done, but because of what He has done. You are God's child, fully loved and fully accepted.

Reflection:

Where do you struggle to believe you truly belong to God?

Prayer:

Father, thank You for calling me Your child. Help me live from that truth today.

Day 2: Adopted, Not Afraid

Reading: Romans 8:15–16

Devotional:

The Spirit replaces fear with intimacy. You are no longer a slave trying to earn love; you are a son or daughter who cries, "Abba, Father." God invites closeness, not distance.

Reflection:

What fears has God already freed you from?

Prayer:

Abba Father, help me trust You and walk in confidence as Your child.

Day 3: Led by the Spirit — Huiois

Reading: Romans 8:14

Devotional:

Sonship means being led by the Spirit. God is not only shaping who you are, but

how you live. Maturity grows as you learn to follow His voice daily.

Reflection:

Where is the Spirit leading you to take a step of obedience?

Prayer:

Holy Spirit, guide my steps and shape my decisions today.

Day 4: Heirs With Christ

Reading: Romans 8:17

Devotional:

As God's children, we are heirs with Christ. Our present struggles are not the end of the story—God is forming us for future glory. Even suffering is used to grow us.

Reflection:

How does knowing you are an heir change how you view hardship?

Prayer:

Lord, help me trust You even in difficulty, knowing You are at work.

Day 5: Growing Into Maturity — Teleios

Reading: Romans 8:12–13

Devotional:

Being a child of God is a journey toward maturity. God calls you to leave old patterns and grow into the fullness of life in the Spirit. Growth is evidence of belonging.

Reflection:

What is one area where God is calling you to mature?

Prayer:

God, continue Your work in me. Help me grow into who You've called me to be.

Reflection Questions for the Week: *I Am a Child of God*

Romans 8:12–17

1. What does being a **child of God (Teknon)** change about how I see myself this week?
2. Where do I still live from fear, performance, or striving instead of adoption and grace?
3. How is the Holy Spirit inviting me to live as a **son or daughter (Huios)**—with responsibility, obedience, and trust?
4. What decision, habit, or relationship needs to come under the Spirit’s leadership right now?
5. In what area is God calling me to grow toward **spiritual maturity (Teleios)**?
6. How does knowing I am an heir with Christ reshape how I view hardship or suffering?
7. What would it look like to intentionally live from my identity as God’s child this week?
8. How can I practice calling God “Abba, Father” in my daily prayer life?
9. What old patterns might God be asking me to leave behind as I grow in maturity?
10. At the end of this week, how will I know I lived more fully as a child of God?

Prayer Prompt:

God, help me live from who I am in You, not from fear or pressure. Teach me to walk as Your child—led by Your Spirit and growing into maturity.