



# Discipleship Guide

Sermon: Resurrection Life | Resurrection Sunday  
Speaker: Pastor John Eric Zayas

Date: April 5th, 2026

# Resurrection Devotional: “Why Do You Look for the Living Among the Dead?”

A 5-Day Journey Through Luke 24:1–8

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## Day 1: When Death Becomes the Beginning

**Scripture:** John 12:24, Luke 24:1

**Focus:** *New life begins when something dies.*

There is a pattern in the Kingdom of God that feels upside down: life comes through death. Seeds must fall into the ground. Jesus had to go to the cross. The tomb was not a detour—it was the doorway.

On that early morning in Luke 24, the women came expecting to tend to something dead. They brought spices, prepared for grief, ready to honor what was.

But God was already doing something new.

How often do we cling to what has already died—old identities, past wounds, expired seasons—when God is inviting us into resurrection life?

Before resurrection can be experienced, something must be surrendered.

### **Reflection:**

What in your life feels like an ending right now? Could it be the soil for something new?

### **Prayer:**

Jesus, give me the courage to release what You are asking to die. Help me trust that You are not ending my story—you are transforming it.

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## Day 2: The Empty Tomb Disrupts Expectations

**Scripture:** Luke 24:2–3

*“But when they entered, they did not find the body of the Lord Jesus.”*

The absence was the message.

The women expected to find Jesus where He had been placed—but He was no longer there. The empty tomb disrupted their logic, their plans, even their grief.

Sometimes God won't meet us in the places we expect—because He's already moved.

We return to old tombs: old ways of thinking, old disappointments, old definitions of who we are. But resurrection means Jesus is not found among what is lifeless.

**Reflection:**

Where are you still looking for Jesus in places He has already left?

**Prayer:**

Lord, open my eyes to where You truly are. Free me from searching for life in dead places.

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### **Day 3: Why Do You Look for the Living Among the Dead?**

**Scripture:** Luke 24:4–5

*“Why do you look for the living among the dead? He is not here; he has risen!”*

Two angelic messengers appear—not just to announce resurrection, but to correct perspective.

Their question is both gentle and confrontational.

Why are you searching for life in what cannot sustain you?

This is not just about a tomb—it's about our lives. We often look for fulfillment, identity, healing, or purpose in places that cannot give life.

But Jesus is alive.

And resurrection life cannot be found in dead systems, dead mindsets, or dead hopes.

**Reflection:**

What “dead places” do you return to for validation, comfort, or identity?

**Prayer:**

God, shift my perspective. Help me stop looking for life in what cannot give it. Lead me into the fullness of Your resurrection.

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### **Day 4: Then They Remembered His Words**

**Scripture:** Luke 24:6–8

*“Remember how he told you... Then they remembered his words.”*

Resurrection didn't make sense—until they remembered.

Jesus had already spoken about this. He told them He would suffer, die, and rise again. But in their grief, they forgot.

It was remembrance that unlocked revelation.

Sometimes the breakthrough we need is not new information—it's remembering what God has already said.

When fear is loud, His Word feels distant. But when we return to His promises, clarity comes.

**Reflection:**

What has God already spoken that you need to remember today?

**Prayer:**

Holy Spirit, remind me of the words You've spoken. Anchor me in truth when my emotions try to lead me elsewhere.

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## Day 5: The Sound of Resurrection Praise

**Scripture:** Luke 24:8 + Psalm 30:11–12

**Focus:** *"The reason I praise like this is because I believe."*

When belief takes root, praise becomes inevitable.

Resurrection is not just an event to acknowledge—it is a reality to respond to. The women moved from confusion to remembrance—and soon after, to proclamation.

Joy is not denial of pain—it is the evidence of belief in the risen Christ.

We praise because:

- The tomb is empty
- Death is defeated
- Jesus is alive

Your praise is not random—it is rooted in resurrection truth.

**Reflection:**

What would your praise look like if you fully believed Jesus is alive and active in your life right now?

**Prayer:**

Jesus, let my life be a response to Your resurrection. Fill me with a joy that reflects what I believe—that You are alive.

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## Closing Encouragement

The two messengers at the tomb didn't just announce a miracle—they invited a shift:

- From death → to life
- From confusion → to remembrance
- From mourning → to praise

This Resurrection Sunday, hear the question again:

**Why are you looking for the living among the dead?**

He is not there.

**He is risen.**