

Life in the Middle

Discussion Questions

1. Psalm 126 begins with remembering God's past faithfulness before asking Him to act again. Looking back over your own life, what is an "Ebenezer"—a moment where you can clearly say, "The Lord helped me here"? How does remembering that season shape the way you face your current one?
2. The sermon described prayer as "confidence in motion." When you're facing a problem, what is usually your first instinct? What would it look like to make prayer your first response instead of your last resort?
3. The psalm gives two pictures of God's work: sudden streams in the Negeb and slow sowing that eventually leads to harvest. Which picture best describes the season you're in right now? How does it encourage you to know that both belong in the same psalm?
4. The cross doesn't promise how or when God will answer every prayer, but it does settle the question of His love for us. How does Romans 8:32 help you trust God's heart even when His timing is difficult to understand?
5. The sermon ended with three simple invitations: "Remember. Ask. Keep sowing." Which of those do you most need to practice this week, and what is one specific way you can put it into action?

These questions should spark deeper reflection and meaningful conversation about the key points of the sermon.