

Jesus Is Lord — And That's Why You Can Rest

Discussion Questions

1. Where do you most feel the exhaustion of “being your own lord” right now? What areas of life feel the heaviest to control or manage?
2. The Creed says “our Lord,” not “my Lord.” How does following Jesus together challenge the way we often individualize faith?
3. The sermon describes Jesus’ lordship as rest-giving, not crushing. How has authority—good or bad—shaped the way you instinctively respond to the idea of Jesus as Lord?
4. Jesus invites us to stop trying to save ourselves. What are some subtle ways you still try to earn worth, security, or peace on your own?
5. This week, what would it look like to pause and ask: “What does my Lord want from me here?” Where do you sense an invitation to trust rather than control?

These questions should spark deeper reflection and meaningful conversation about the key points of the sermon.