

A Season in Psalms Series
Psalm 62:5-8

This message explores King David's response to insurmountable circumstances and how he chose to anchor his soul in God alone. In a world that constantly demands our attention and offers countless false sources of security, David models for us the discipline of waiting in silence before God. This passage reminds us that what we learn in desperation will help us stay focused on what truly matters when life is well. As we head into the holiday season, this word helps us walk forward with greater perspective and fuller joy, knowing that our hope, identity, stability, and security all rest in Christ alone.

Psalm 62:5a (ESV)

For God alone, O my soul, wait in silence...

**LET'S TAKE THE TIME TO BE QUIET AND WAIT FOR GOD
IN THIS HOLIDAY SEASON**

Psalm 62:5 (ESV)

For God alone, O my soul, wait in silence, for my hope is from him.

Romans 15:13 (NLT)

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

JESUS IS THE ONLY TRUE SOURCE OF HOPE

"All my hope is in You, all my strength is in You, with every breath my soul will rest in You..."

Psalm 62:6 (ESV)

He only is my rock and my salvation, my fortress; I shall not be shaken.

IN CHRIST WE CAN LIVE UNSHAKEABLE

Psalm 62:7 (ESV)

On God rests my salvation and my glory; my mighty rock, my refuge is God.

**IN JESUS OUR ETERNITY, IDENTITY, STABILITY AND
SECURITY RESTS**

Psalm 62:8a (ESV)

⁸ Trust in him at all times, O people...

CHOOSE TO TRUST HIM

Psalm 62:8b (ESV)

⁸ Trust in him at all times, O people; pour out your heart before him...

ENTRUST YOUR HEART TO HIM

Psalm 62:8 (ESV)

⁸ Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.

REST IN HIM

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Crossgates

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