

***Overcoming Aftershocks
Resetting our Spiritual Foundation
1 Peter 5:5b-11***

According to the U. S. Geological Society, there are approximately 20,000 earthquakes that occur each year. (Approx. 55 every day)

There are approximately 16 major earthquakes/year

- ***15 in magnitude 7 range***
- ***1 in magnitude 8+***

After an earthquake, called the main shock, several other earthquakes, called aftershocks, occur.

Aftershocks occur as the crust around the displaced fault plane adjusts to the effects of the main shock.

We are beginning a new series this morning that is titled, “Overcoming Aftershocks”...

These past several months have shaken countries throughout the world...

They have caused seismic disturbances throughout almost every area of our lives...

- ***Economic stress...***
- ***Political blaming and shaming...***
- ***Social unrest...***
- ***Marital unrest...***
- ***Family stress...***

When an earthquake hits, structures are shaken...

... The areas of weaknesses are exposed and crumble...

In a similar way, the COVID pandemic has shaken every area of our lives...

Those areas of weakness have been exposed and caused many things that looked fine to crumble...

Divorce rates have increased...

Abuse rates have increased...

Pornography usage has grown significantly...

Sex Trafficking has increased globally...

On and on the list goes...

→ And with every Aftershock comes more problems...

Will our children be able to go back to school?

Will our High School play football... basketball... baseball... volleyball... track...

Each of these AFTERSHOCKS continue to bring more devastation...

→ And that's just with COVID ←

There are many of you who have gone through the devastation of ...

- ***Divorce...***
- ***Unfaithfulness by your spouse...***
- ***Sickness...***
- ***Death of a close family member...***
- ***Financial ruin...***

Each of those are **PERSONAL EARTHQUAKES...**

But every reminder is an **AFTERSHOCK** that reeks more havoc...

- Every birthday, anniversary, holiday...

So how do we not simply **COPE** with these **EARTHQUAKES** and their **AFTERSHOCKS**, but **OVERCOME** them and walk in **VICTORY**?

Over the next few weeks we are going to learn how to rise up in victory and “Overcome Aftershocks”

ONE THING

The constant REVERBERATION of PERSONAL strife can bring DEVASTATION to your SPIRITUAL life

1 Peter 5:5b–11 (ESV) — ... Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace to the humble.” 6 Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, 7 casting all your anxieties on him, because he cares for you. 8 Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. 9 Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. 10 And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm,

strengthen, and establish you. 11 To him be the dominion forever and ever. Amen.

1. IDENTIFY your FOUNDATION

1 Peter 5:5b–7 (ESV) — ... Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace to the humble.” Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.

Psalm 11:3 (NLT) — The foundations of law and order have collapsed. What can the righteous do?”

1 Corinthians 3:11 (ESV) — For no one can lay a foundation other than that which is laid, which is Jesus Christ.

The privilege of humbling ourselves before the Lord is giving Him everything that causes us anxiety!

You may be one faith-step away from the Lord raising you up!

➤ **Key Truth: SUBMIT to GOD!**

2. CLEAR your CLUTTER

1 Peter 5:8–9 (ESV) — Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.

Satan's TAILOR-MADE scheme ...

➤ To SHAKE your FAITH

1 John 5:4 (ESV) — For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.

➤ To TAKE your PEACE

John 16:33 (ESV) — I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

➤ To BREAK your WILL

Galatians 6:9 (ESV) — And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

You must cast off anxiety before you can clearly see your enemy!

James 4:7 (ESV) — Submit yourselves therefore to God. Resist the devil, and he will flee from you.

Remember this!...

1 Peter 5:9 (ESV) — ... knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.

Persecution and attacks by Satan are proofs of our salvation!

2 Timothy 3:12–13 (ESV) — 12 Indeed, all who desire to live a godly life in Christ Jesus will be persecuted, 13 while evil people and impostors will go on from bad to worse, deceiving and being deceived.

1 Corinthians 10:13 (ESV) — No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

You will either submit to the Lord and resist the Devil, or you will resist the Lord and submit to the Devil!

- **Key Truth: RESIST the DEVIL!**

3. EMBRACE God's GRACE

1 Peter 5:10–11 (ESV) — And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen.

The Lord's GRACE-FILLED promise!

- **Restore – To MEND THE DAMAGE!**
- **Confirm – To PICK YOU BACK UP!**
- **Strengthen – To MAKE YOU STRONGER!**
- **Establish – To SET YOU BACK ON JESUS!**
- **Key Truth: CONTINUE your JOURNEY!**

**Overcoming Aftershocks
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1 Peter 5:6-11**

The constant _____ of _____ strife can
bring _____ to your _____ life

1. _____ your _____

Key Truth: _____ to _____!

2. _____ your _____

→ Satan's _____ scheme ...

➤ To _____ your _____

➤ To _____ your _____

➤ To _____ your _____

Key Truth: _____ the _____!

3. _____ God's _____

→ The Lord's _____ promise!

➤ Restore – To _____!

➤ Confirm – To _____!

➤ Strengthen – To _____!

➤ Establish – To _____!

Key Truth: _____ your _____!