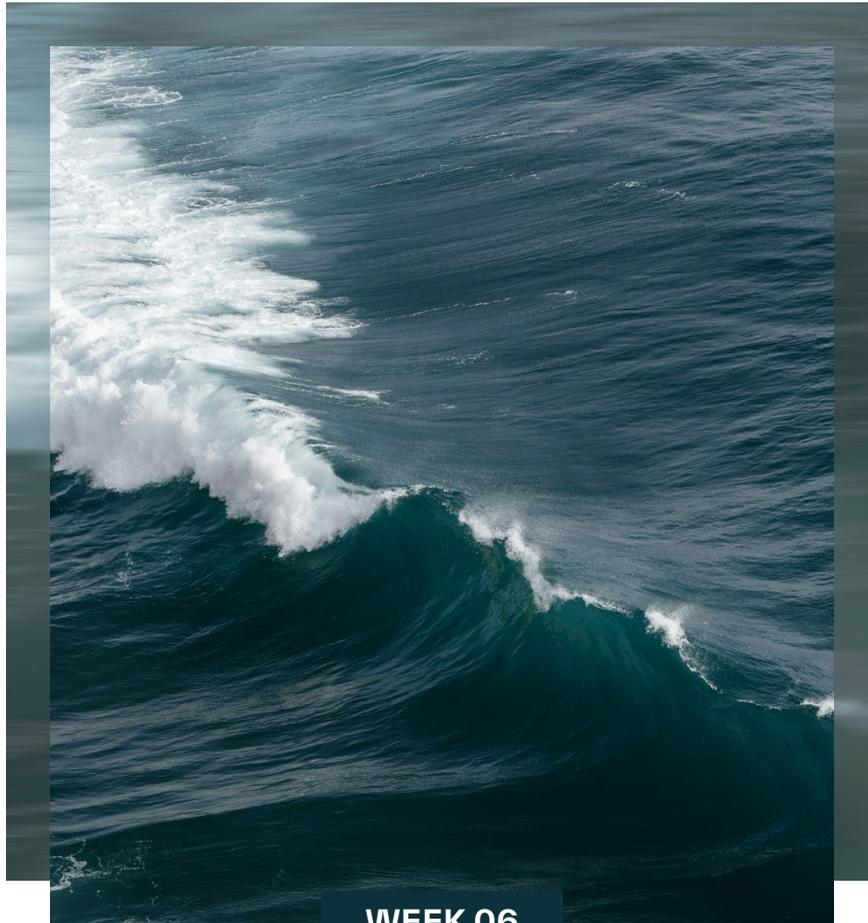


CORE

When Men Rise
So Does Everything Else.

A 4 WEEK STUDY



WEEK 06

Courageously Following God's Word



BETTERMAN CORE

COURAGEOUSLY FOLLOWING GOD'S WORD

01 “If I Had A Boat”

Imagine yourself sitting in a boat. This boat has oars and a sail. In this boat, your heart/soul is in one of four places:

A. You're Sailing

The wind is at your back. The sun warms your shoulders. Cool water splashes your face. You are refreshed. Alive. Everything feels effortless. Grace fills your sails, and faith comes easy. God is for you—who can be against you?

B. You're _____

The wind has quieted. You're still on course, but it's work now. The oars are heavy, your hands blistered. You still believe, still move forward, but time with God, family, and others feels more like duty than delight. You row because you must.

C. You're Drifting

You've stopped paddling. The wind has died. The current carries you where it will. When you speak of hope and faith, it's more memory than motion. The anchor is up. There is no peace, only passivity, and now you move without purpose.

D. You're _____

The waves are higher now. You can't see the horizon. The water fills faster than you can bail. Panic replaces prayer. What began as neglect has become disaster. You are going under—unless grace reaches in.

02 Mayday

A. Most men today are drifting or _____. If you ever want to row and eventually start sailing, you must be anchored in the _____ of God.

- Every man needs a consistent, honest relationship with God and His _____. The Bible's teachings and message remain relevant throughout a man's entire life, with its meaning deepening and expanding with age and experience.

PSALM 119:10,18:

"With all my heart I have sought You... open my eyes then I may behold wonderful things from Your law."

"Nobody ever outgrows Scripture; the book widens and deepens with our years." – C.H. SPURGEON

03 To Know God is to Know His Word

A. God reveals Himself in a few ways, but He _____ Himself first and foremost through his unchanging, sufficient, timeless word.

- The majority of men [and professing Christians] have never read God's word [cover-to-cover].
- The average man picks up the Bible less than 2x a year [outside of a regular church service]. We pick up our cell phones 144x per day [on average].
- We are living in the most bible-saturated time in history. Yet we are more _____ - _____ than ever before. If we don't know God's Word, we can't know Him [or His Son].
- Is it any wonder most of us are drifting, or worse, sinking?

“Men do not need any ‘new revelation.’ Most of us don't even know the old revelation” – DR. CHRIS HARPER

B. God grows us through his Word.

- Spiritual and emotional growth are tied to our Bible intake and understanding. We need to get Scripture in our head so that it can live in our hearts.

LUKE 2:52

“Growing in wisdom, favor, and stature with God and man”

- It is time to make some moves. Here are a few pro-tips for building a consistent, honest rhythm with God and His Word. As you go, remember what God told Jeremiah:

JEREMIAH 29:13

“You will seek Me and find Me when you search for Me with all your heart.”

- C.** Set a regular _____ and _____ to meet with God daily. Mornings are often best for men. It is important to hear from God before the world starts talking.

PSALM 5:3

“In the morning, O Lord, You hear my voice; in the morning I lay my requests before You and wait in expectation.”

- Manage your expectations. Start small, early wins are important! Get alone and give God 10–15 minutes of undivided attention every day.
 - As you grow in understanding and desire, increase your time... Be CONSISTENT!!!
- D.** Have a good _____ Bible, a pen (for notes), and a yellow highlighter near by.
- Bring the right tools to the job.
 - A reliable Study Bible and something to write with help you engage, not just observe. We’re not just raking leaves, we’re diving for pearls!
- E.** Welcome _____ in.
- Begin simply: *“Good morning, God!”*
 - Make this a relational time. Be honest about where you are—your hopes, fears, fatigue, and gratitude.
 - Practice the presence of God. Imagine Him sitting across from you, listening. Because He is.

JAMES 4:8

“Draw near to God, and He will draw near to you.”

F. Practice the Three R’s:**① Read (and listen)**

- Read slowly and thoughtfully. Or use a Bible listening app if that helps you focus. A Bible reading plan gives you direction and consistency. A Study Bible can help answer questions and give context.

② _____

- Highlight any verses that grab your attention or that you sense God is using to speak to you.
- Put a question mark beside passages you don’t understand—seek answers later through study or conversation.
- When you finish reading or listening, pause. Ask: *“Lord, what are You saying to me?”* Remember, obedience begins with listening.

PSALM 139:23

“Search me, O God, and know my heart.”

③ Respond

- When you finish your reading or listening, take a few minutes to ask God, *“What are you saying to me?”*
- Some men write their thoughts and impressions down in a journal.

G. _____ and commit your day to Him.

- Pray through what you’ve read. Ask God to help you live it out.

- Invite Him to guide your words, steps, relationships, and reactions throughout the day.
- End your time by praying the Lord's Prayer—slowly, personally, meaningfully:

MATTHEW 6:9-13 (PERSONALIZED):

“My Father who is in Heaven, I honor Your holy name.

Your kingdom come. Your will be done, on earth as it is in Heaven.

Give me this day my daily bread.

Forgive me my sins, as I forgive those who sin against me.

Lead me not into temptation, but deliver me from evil.

For Yours is the kingdom, the power, and the glory forever and ever. Amen.”

04 Courageously Act

A. It is not enough to know God's Word. Courageous men obey [practice] His Word.

- A simple plan for courageously following God's Word is what we call START, SHARE, STAND:

- _____: Begin your morning with one verse you plan to live out, not just read.

JAMES 1:22

“But be doers of the word, and not hearers only.”

- **Share:** Pass on what you possess—share that verse with a brother who can hold you accountable. Remember, “iron sharpens iron,” [Pr 27:17]

God may give you something that he needs, and He may show him something you need.

- _____: The enemy hates action. Be ready to stand firm when the moment of testing comes—choose courage over comfort.

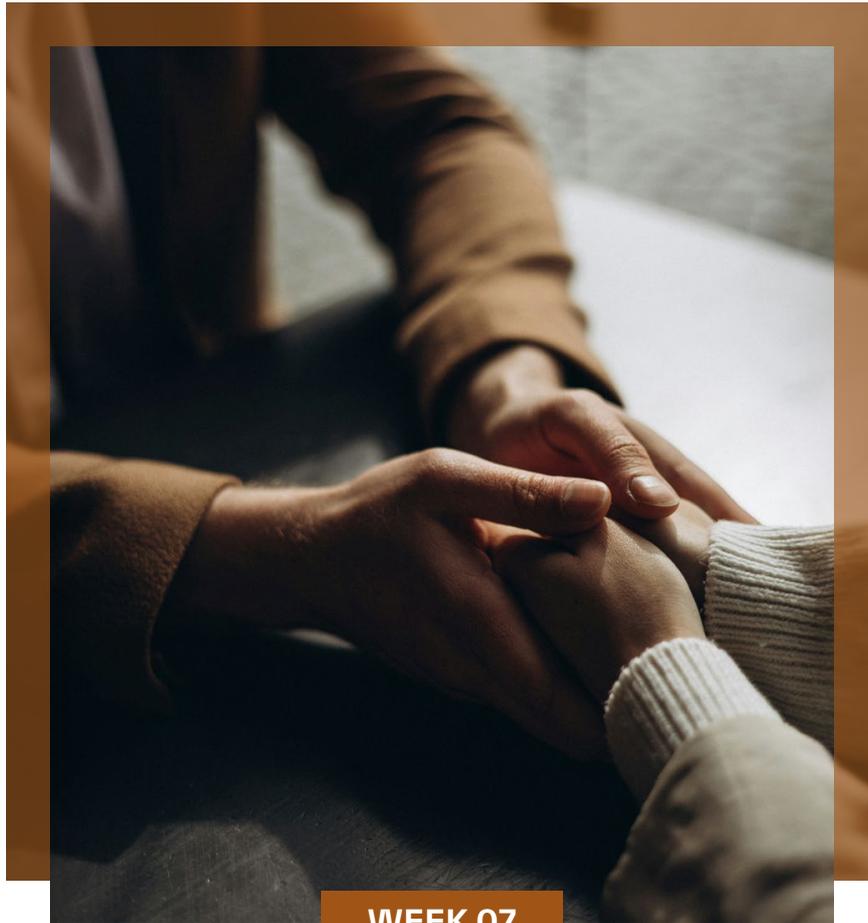
ACTS 5:29

“We must obey God rather than men.”

Brother... Delayed obedience is disguised disobedience. When God’s Word speaks clearly, act quickly, before your feelings talk you out of it. May the spirit of Joshua be with you:

JOSHUA 1:7

“Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.”



WEEK 07

The Definition: Loving & Protecting God's Woman



BETTERMAN CORE

THE DEFINITION: LOVING & PROTECTING GOD'S WOMAN

01 The Four Life-Giving Responsibilities Of Timeless Manhood

God's man is called to:

- ① Courageously Follow God's _____. (Week 6)
- ② Love and Protect God's _____. (Week 7)
- ③ Excel at God's _____. (Week 8)
- ④ Better God's _____. (Week 9)

02 Winning With Your Wife

“There is no more lovely, friendly and charming relationship, communion or company than a good marriage.” – MARTIN LUTHER

A. Before she was your girlfriend, your fiancé, your wife, she was God's

_____.

- Because she is God's daughter, she is worthy of all honor, love, care, and protection.
- On your wedding day, at the alter, when you say “*I do*,” God is giving you his daughter to steward. It is important that you get this right—that you are a *Life-Giving Husband*. Not a *Lost* one.

B. The Husband Scale

THE _____
HUSBAND

THE LIFE-GIVING
HUSBAND

- The *lost husband* thinks he knows women and _____ about how to live with his wife.

PROVERBS 14:12

“There is a way that seems right to a man, but its end is the way to death.”

- The *life-giving husband* knows he doesn’t know everything, but he wants to. He’s a learner. He’s humble and seeks out _____ and practical _____ on how to be a life-giving husband.

1 PETER 3:7

“Husbands, live with your wives according to knowledge...”

“Being a good husband is like being a good stand-up comic: you need ten years before you can even call yourself a beginner.” – JERRY SEINFELD

→ Somewhere on this “Husband Scale” is _____.

03 What God’s Daughter Needs Most

A. She needs to feel your _____

EPHESIANS 5:25

“Husbands, love your wives just as Christ loved the church.”

“To love is nothing. To be loved is something. But to love and be loved, that’s everything.” - T. TOLIS

Priority #1 for every husband: make sure your wife *feels* loved... Emotional engagement is the single greatest factor in a woman’s happiness in marriage and life.

- This is a call to emotionally _____ with your wife. Not just *head-connection* but *heart-connection*.
- Three practical ways to build “*heart-to-heart*” connection:
 - ① Regularly _____ your wife.
 - With words of affection and praise (“*You’re beautiful,*” “*You bring joy to my life*”).
 - With hugs and touches that don’t always lead to sex.
 - With words of commitment (“*I’ll always be here*” “*I’m yours forever*” “*I love you*”).
 - ② _____ your wife. Maintain and stoke the fire!

“Love is a fire. Whether it is going to warm your house or burn down it down, you decide...”

- Leave notes, send texts, surprise her with small gifts.
 - Establish a regular date-night rhythm.
 - Periodically take her on an overnight or weekend getaway.
 - Ask, “*How can I love you better?*” and follow through.
- ③ Speak her love _____.

Identify which of the *Five Love Languages* best connects with her heart:

- Words of Affirmation Gifts Physical Touch
 Acts of Service Quality Time

B. She needs to _____.

EPHESIANS 5:26-27

“Husbands, keep your wives holy and blameless through the washing of water with the Word.”

- This is a call to spiritually _____ your wife.
- Adam failed here—he stayed silent when he should have spoken truth (Genesis 3:6). And then, when it came time to accept responsibility, Adam blamed his wife! [v.12]
- The life-giving husband rejects passivity and leads his home toward holiness. Three practical ways to show faith to your wife:
 - ① Initiate spiritual _____.
 - Pray with her and for her.
 - Engage in spiritual conversations.
 - Encourage church involvement together.
 - ② Uphold biblical values at home.
 - Discuss convictions about finances, forgiveness, and family.
 - Protect those values—even when life is hard.
 - ③ Build friendships with other godly men.
 - Invite their spiritual influence into your life.
 - Let their example strengthen yours—your wife will feel safe seeing it.

C. She needs the _____.

EPHESIANS 5:28-29

“Husbands, provide and care for your wives.”

- This is a call to financially _____ your wife. When a man provides faithfully, he creates *freedom* and *options* for his wife’s calling and peace.
- The husband is the _____ - _____ in his wife’s life balance. Financial faithfulness communicates care and leadership, not control. Even if provision is limited, the effort itself builds trust.
- Two thoughts for the ‘modern’ man:

“The share of married women who earn at least as much as their husbands has more than tripled over the past five decades...”

- PEW RESEARCH

- ① For those men who out-kicked their coverage and she’s financially crushing it:

Your wife may bring home the butter, but you’re still the bread. You are not a placeholder—you are a pillar. Don’t outsource your leadership because your wife out-earns you. Money doesn’t make the man. Mission does. Stand up and lead [spiritually, emotionally, physically]. Provide direction even if she provides the majority of the income. A home without male conviction collapses under comfort. You don’t need the biggest paycheck to have influence. Stay in the fight, your family’s future depends on it.

- ② For those men who are underperforming and underdelivering:
Get to work. Your wife should not have to pull double shifts because you won't pull your weight... Not to mention, any man who has to ask his wife for lunch money dies a little inside every day.

“Households where women are the primary breadwinners make up 16% of US households, but account for 42% of the divorces. Marriages in which the woman is the breadwinner are 2-3x more likely to end in divorce.” – AMERICAN COMMUNITY SURVEY

04 The Life-Giving Husband in Summary

| ROLE | RESULT FOR HIS WIFE |
|----------------------------|---------------------------------------|
| Emotional Connector | She _____ deeply loved. |
| Spiritual Initiator | She _____ in Christ-likeness. |
| Financial Liberator | She _____ peace and personal freedom. |

“Here’s a secret every woman knows: women want real men—men they can count on and look up to. Every woman wants a strong, responsible man.” – ALLIE STUCKEY

05 All The Single Men

1 CORINTHIANS 7:32

"I want you to be free from anxieties. The unmarried man is anxious about the things of the Lord, how to please the Lord"

A. Every man is called to honor God with his relationships—married or single.

- Singleness is not a holding pattern or second-class status. It's a *sacred assignment* where God forms, focuses, and forges a man's faith.
- Before Adam ever received a wife, he received a _____ with God, a _____ to do, and a _____ to obey.

B. Singleness is a season of stewardship

- God entrusts every man with a season of singleness—whether temporary or lifelong—to strengthen his devotion to Christ. This is not wasted time.
- As a single man, you should be growing your:
 - Faith: Develop depth now.
 - Focus: Use your freedom to serve.
 - Future: Prepare, don't whine.

"The man who will be a good husband someday must first learn to be a godly man today." – ANONYMOUS

C. Singleness Is a Season for _____

- Paul reminds us that both marriage and singleness are gifts (1 Corinthians 7:7).
- The question is not, "*Which gift do I prefer?*" but "*How will I use the gift God has given me right now?*"

- A Life-Giving single man:
 - Walks closely with God.
 - Lives with integrity and mission.
 - Honors women as sisters, not conquests.
 - Uses his strength for service, not self-indulgence.

“The truly free man is he who lives under the rule of Christ, whatever his status in the world.” – JOHN CALVIN

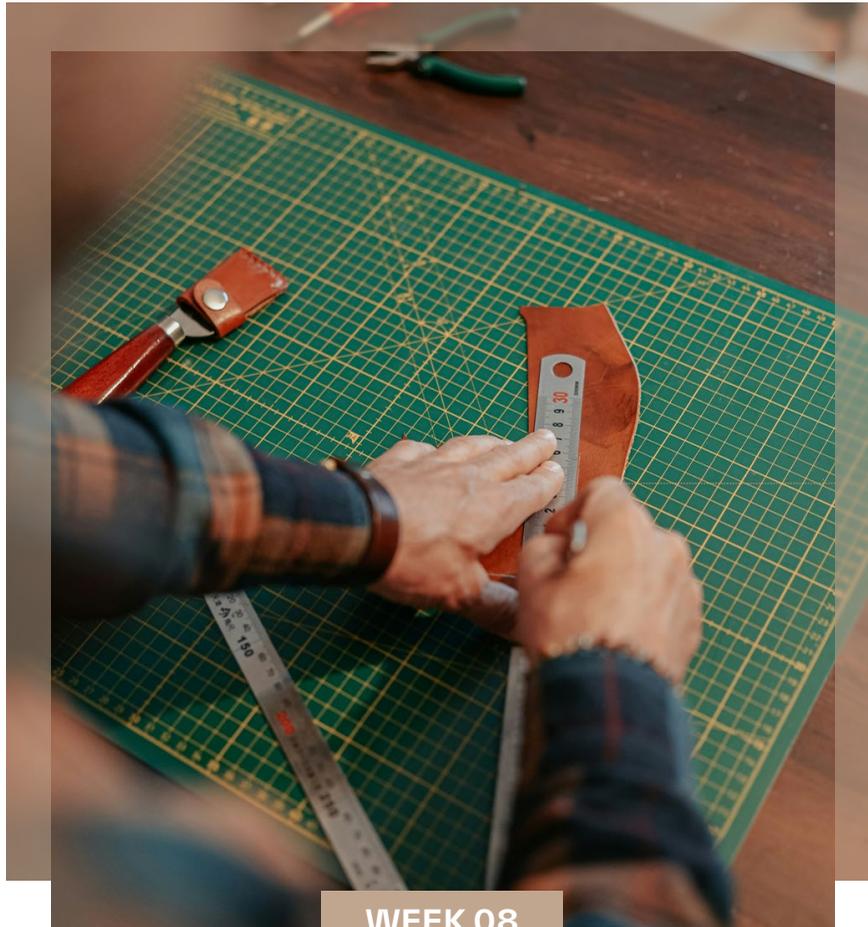


WK 07

DISCUSSION QUESTIONS

- 1 How did this session help you in better understanding and loving your wife (or if single, in better understanding marriage)? How does seeing your wife, first and foremost, as God’s daughter change how you approach her? Explain.
- 2 Which one of the three major needs of a wife [emotional/spiritual/financial] challenges you the most as a man? Why? What would have to happen for you to step up and better meet this challenge?
- 3 What’s one thing you could start doing right now to better love and encourage your wife? Be specific. What’s stopping you?

NOTES



WEEK 08

The Definition— Excelling At Your Work



BETTERMAN CORE

THE DEFINITION: EXCELLING AT YOUR WORK

01 Work Is Big For Every Man

Work sits near the center of a man's soul. It's where purpose, identity, and worship collide. When God placed Adam in the garden, the first thing He gave him was work. Before a wife, a family, or even a name to defend, Adam had work to do. Work was not the curse—work was the calling.

A. Work Can Be _____ Life-Giving.

- When your work is aligned with God's design:
 - You see the value in what you do.
 - You end your day exhausted but not empty.
 - You sense the pleasure of God in your labor

"God made me fast. And when I run, I feel His smile..." – ERIC LIDDELL

B. Work Can Also Be Draining and Disorienting.

- At other times, work can drain you:
 - When your boss overlooks your gifts.
 - When you feel stuck, but afraid to move.
 - When you succeed on paper, yet your heart feels bankrupt.
- That's the paradox of modern work, often we can climb the ladder only to find it leaning against the wrong wall.

02 Quick Facts About Men And Work

A. Most men define themselves by what they do.

- Ask a man his name, and he'll tell you his job.
- Our culture doesn't ask, "Who are you?" but "What do you do?"

B. Men spend more waking hours at work than anywhere else.

- Roughly 50–60% of life is spent on the job.
- 25–30% with family and personal interests.
- 5–10% in church or community.
- No wonder work shapes our souls so profoundly.

C. But many men feel _____ in their labor. According to Gallup:

- Nearly 70% of men are not engaged in their work.
- About 20% are actively disengaged – just clocking in, not bought in.
- Men were built for _____, not maintenance. When work loses its "why," men lose their "_____."

D. The good news: *meaning matters again.*

- Younger generations of men crave meaning. They want their work to make a difference.
- They long for something that echoes in eternity, not just deposits in a 401(k). This hunger, properly directed, can fuel revival in how men see vocation.

E. The future demands resilient men.

- By 2050, nearly one-third of working-age men could be _____ . Why?
 - AI: Computers and algorithms are faster, cheaper, and less ‘messy’ than people.
 - Automation: Machines are replacing muscle.
 - Education: Women are outpacing men in learning, and learning is leverage.
 - Isolation: As marriage and families decline, so does male motivation.
- A real man must see work not as survival but as _____ .
God’s image-bearers were made to build, lead, and cultivate, even when culture shifts.

03 What The Bible Says About Work

COLOSSIANS 3:23-24

“Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance. It is the Lord Christ whom you serve.”

- A.** Colossians 3 teaches us that all good [ethical] work:
- Is sacred to God.
 - Is service for God.
 - Deserves my best as a man.
 - When done in faith, will be rewarded by God.

- There is no 'secular' work for the man of God – only _____ work done in _____ spaces.

“A shoemaker, a blacksmith, a farmer – all their work is holy if done in faith.” – MARTIN LUTHER

04 How a Man Finds Meaning & Excels at His Work

A. Don't just work. _____ your craft.

PROVERBS 22:29

“Do you see a man skilled in his work? He will stand before kings.”

- Mediocrity is a form of laziness. God doesn't need perfection, but He deserves precision.
- When working, work like a _____. Become the man whose excellence opens doors and earns trust.
- Excellence is not about recognition; it's about reverence.
- Christians don't work to impress; we work to express worship.

When you clean, lead, code, or sell 'as unto the Lord,' you transform labor into liturgy. “God is glorified when we reflect His excellence in ordinary things.” – JOHN CALVIN

B. Be trustworthy and responsive.

- A faithful man refreshes those who lead him.
- He finishes what he starts. He communicates clearly. He takes ownership.

PROVERBS 25:13

“A faithful employee is as refreshing as a cool day in summer.”

PROVERBS 22:1

“A good name is to be more desired than great wealth.”

C. Be a builder of others.

- The workplace can be toxic, cynical, and divisive. Be the man who lifts others.
- A word of encouragement can reset a culture. Speak life. Pray quietly for your coworkers. Refuse gossip.

1 THESSALONIANS 5:11

“Encourage one another and build each other up.”

EPHESIANS 4:29

“Let no unwholesome word proceed from your mouth, but only such as is good for building up.”

D. Keep your _____.

- Integrity is the currency of leadership.
- When you say you’ll do it, do it.
- When you make a promise, _____ it.
- When possible, _____ - _____. A faithful man is not content with the bare minimal.
- At work, your word and your witness travel together.

05 Honoring God In Every Season Of Work

A. Every man reading this is in one of four 'seasons' of work:

① You're in the grind, earning a living and making a name. In this season

Be _____.

- God does not waste unseen seasons. Show up. Do the small things well.
- Faithfulness in the ordinary often precedes fruitfulness in the extraordinary.

LUKE 16:10

"He who is faithful in little will also be faithful in much."

1 THESSALONIANS 4:11

"...and to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you..."

② You're in transition, maybe stuck in one job while looking for another. In this season **Be Teachable.**

- When jobs end or doors close, let humility open your heart.
- Self Reflect, ask yourself, *"Am I doing what God has gifted me to do?"*
Seek counsel from trusted friends/advisors. God often uses detours to redirect your destiny.

PROVERBS 16:3

"Commit your work to the Lord, and your plans will be established."

③ You're in a season of success. **Be** _____.

- Success without surrender leads to pride. Use your platform to serve, not to boast.

1 CORINTHIANS 4:7

"What do you have that you did not receive?"

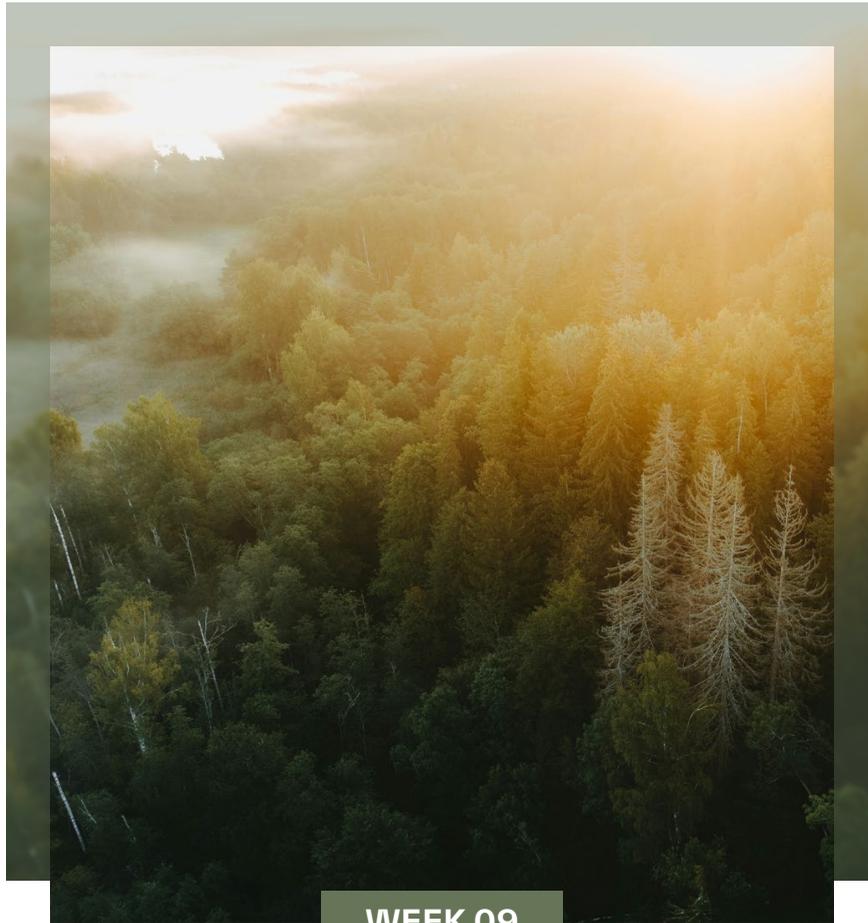
④ You're in the fourth quarter [Retirement]. **Be Fruitful.**

- You may stop working for a paycheck, but you never stop working for the Kingdom.
- Invest your wisdom in younger men. Mentor, teach, and encourage.

PSALM 92:14

"They still bear fruit in old age; they stay fresh and green."

Brothers, remember, you don't work for a company, you work for a King. In every season, your work becomes worship when your heart is His.



WEEK 09

The Definition— Better God’s World



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THE DEFINITION: BETTER GOD'S WORLD

God's man doesn't just live in the world—he shapes it. He leaves people, places, and generations stronger than he found them. He builds a legacy through three sacred arenas: his children, his church, and his community.

01 A Man And His Children

A. One of God's first commands to man was, "Be _____
and multiply."

GENESIS 1:28

"Be fruitful and multiply and fill the earth and subdue it..."

- Before man ever built a city, started a business, or joined a mission, God said, "Raise a family.
- Fruitfulness isn't just about reproduction—it's about multiplication. Fatherhood is God's strategy for shaping the future.

B. Children are a divine gift meant to _____ a man's life.

PSALM 127:3

"Behold, children are a gift of the Lord, the fruit of the womb is a reward."

"For unflagging interest and enjoyment, a household of children makes all other forms of success lose importance." - TEDDY ROOSEVELT

- Children make a man larger, deeper, and more selfless. They stretch his capacity to love, forgive, and lead.

C. Children are a man's greatest opportunity for _____.

“Children are the living messages we send to a time we will not see.”

– NEIL POSTMAN

- A man may build companies, preach sermons, or amass wealth—but none of it will echo into eternity like the sons and daughters he raises for God’s glory.

02 What Your Children Most Need From You

A. “Dad, I need you to be present in my _____ years.”

- Early presence builds lifelong confidence. The first six years shape eighty-five percent of a child’s personality.
- Absence, especially from fathers, leaves wounds that linger.

“No one outgrows his feelings of childhood. For better or worse, the child lives on in the adult.” – HUGH MISSELDINE

B. “Dad, I need your discipline balanced with _____.”

- Children thrive under authority mixed with affection.
 - Authoritarian homes demand obedience without warmth.
 - Permissive homes offer warmth without truth.
 - Neglectful homes provide neither.
 - Authoritative homes model God’s heart—firm in truth, rich in grace.

- Children raised in authoritative homes:
 - Adopt family values.
 - Respond well to authority.
 - Possess greater emotional well-being.

C. *“Dad, I need you to celebrate God’s _____ in me.”*

- A wise father doesn’t mold his child into his image—he mentors them toward God’s design.
- Encourage, don’t engineer. Support their God given unique personality, abilities, talents and gifts.

D. *“Dad, I need you to know how _____ is too much.”*

- Too much control breeds rebellion.
- Too much indulgence breeds entitlement.
- Too high expectations breed resentment.

COLOSSIANS 3:21

“Fathers, do not exasperate your children.”

E. *“Dad, I need you to live what you teach.”*

- Your children will remember your reactions more than your lectures. They will imitate what you live, not what you list.

JAMES 2:17

“Faith without works is dead.”

F. *“Dad, I need you to _____ me.”*

- Every child needs the father's blessing:
- "I love you."
- "I'm proud of you."
- "You're really good at..."

MATTHEW 17:5

Even Jesus heard His Father say, "This is My beloved Son, with whom I am well pleased."

G. *"Dad, I need you to adjust your leadership as I grow."*

- Ages 1–13: Be a Coach. Train and instruct.
- Ages 13–18: Be a Cheerleader. Encourage and affirm.
- Ages 18+: Be a Consultant. Advise when invited.

H. *"Dad, I need you to make memories with me."*

- Experiences shape souls. Special father-child moments—camping trips, projects, blessing ceremonies—become anchors for life.

I. *"Dad, I need you to talk to me about God."*

- Share your story. Pray with them. Let them see how the Word moves your heart. Dads who disciple their children at home raise sons and daughters who walk with God long after they leave.

03 A Man And His Church

A. God's man is never a spectator in the church.

- The church is not an event to attend; it's a family to build.
- God's man does not outsource spiritual leadership—they show up, serve, and strengthen the body.

EPHESIANS 5:25

“Christ loved the church and gave Himself up for her.”

B. The Church needs men who will:

- ① Show Up Faithfully: Worship weekly. Your presence is crucial.
- ② Serve Sacrificially: Find a place to give your gifts. Be dependable.
- ③ Stand Firm Spiritually: Protect unity, honor leadership, pray for your pastors.
- ④ Support Generously: Give your time, talent, and treasure for Kingdom impact.

C. Why This Matters:

- When men take responsibility in the church, families flourish and communities stabilize. A weak church produces weak men; a strong church, led by strong men, transforms a city.

“A church is strong when Her men are awake.” – DR. CHRIS HARPER

“The Bride is most beautiful when the men are most godly...” – JOHN WERST

04 A Man And His Community

JEREMIAH 29:7

“Seek the welfare of the city where I have sent you... for in its welfare you will find your welfare.”

A. God’s man is a community steward.

- He works for the good of his neighborhood, workplace, and nation. He doesn’t hide from culture, he engages it with courage and compassion.

B. Ways to Better Your Community:

- ① **Serve Locally.** Volunteer in schools, shelters, sports, and civic spaces.
 - ② **Lead Vocationally.** Bring integrity and excellence to your workplace.
 - ③ **Advocate Biblically.** Stand for truth with humility and grace.
 - ④ **Neighbor Intentionally.** Know names. Build trust. Be ‘salt’ and ‘light.’
-

05 Final Thoughts

A. Leave it _____ than you found it...

- It’s not fame we are after, it is faithfulness. Long, ordinary, faithful obedience in the same direction, produces extraordinary results...

B. Invest in Your Children

- Speak blessing. Create memories. Model faith. Children are God’s gifts to you.

C. Strengthen your church:

- Your _____ and _____ are your battlefield. Show up. Serve humbly. Give generously.

D. Serve your community

- Love your neighbor. Lead with integrity. Seek the good of your city.

A home, church, and community will never rise above the commitment of its men. Strong, godly men make strong godly homes. Strong, godly homes make strong godly churches. Strong, godly churches make strong godly communities.

Brother, remember your mission... You are not here to escape the world. You are here to better it. Because when men of God rise, so does everything else.

DB

THE FINAL CHARGE

Brothers, you have walked through weeks of clarity, courage, and conviction. You have looked honestly at your story, your wounds, your calling, your responsibilities, and your God. You have heard the truth—not the hollow clichés of culture, but the Word of the living King. Now comes the moment every man must face: What will you do with what you've been given?

BetterMan was never meant to be a program you finish. It is a doorway—a beginning—a call into a bigger, older, holier way of life. A way of life built not on passivity, confusion, and cultural drift, but on devotion, discipline, and deliberate obedience to King Jesus.

You were not invited here to become better at being busy, or better at pretending. You were invited here to become better men—the kind of men God delights to strengthen. Now the mantle is in your hands. You know now what God's man does:

He courageously follows God's Word.
He loves and protects God's Woman.
He excels at God's Work.
He betters God's World.

These are no longer ideas. They are expectations—our King's expectations. Men of God have always been called to swim upstream, fight uphill, and push back the darkness. Your life is a battlefield. Your home is a formation ground. Your church is a basecamp. Step into your story with the weight of eternity in mind.

The days are urgent. The needs are great. The vacuum of godly masculinity is widening.

BetterMan is not the answer. Jesus is. But BetterMan is a tool in your hands. And tools in the hands of faithful men rebuild generations. You now carry the responsibility to multiply what you've learned:

Invite more men.
Start new groups.
Lead in your church.
Disciple the next generation.

Men reached become men unleashed. Men unleashed become men who build, protect, strengthen, and bless.

For the King.



WEEK 6: Courageously Following God's Word

1. "If I Had A Boat"

- A.
- B. Rowing
- C.
- D. Sinking

2. Mayday

- A. sinking, Word
 - Word

3. To Know God is to Know His Word

- A. reveals
 - Bible-illiterate

- B.
- C. time, place
- D. study
- E. God

- F.
 - 1.
 - 2. Reflect

- G. Pray

4. Courageously Act

- A.
 - Start
 - Stand

WEEK 7: The Definition: Loving & Protecting God's Woman

1. The Four Life-Giving Responsibilities Of Timeless Manhood

- 1. Word
- 2. Woman
- 3. Work
- 4. World

2. Winning With Your Wife

- A. daughter
- B. Lost
 - guesses
 - help, advice
 - YOU



3. What God's Daughter Needs Most

- A. heart
 - win
 1. affirm
 2. Pursue
 3. language
- B. see your faith
 - lead
 1. togetherness
- C. freedom to choose
 - liberate
 - difference-maker

4. The Life-Giving Husband in Summary

- feels
- grows
- experiences

5. All The Single Men

- A.
 - walk, work, word
- B.
- C. Surrender

WEEK 8: The Definition: Excelling At Your Work

1. Work Is Big For Every Man

- A. Deeply

2. Quick Facts About Men And Work

- A.
- B.
- C. lost
 - meaning, way
- D.
- E.
 - unemployed
 - stewardship

3. What The Bible Says About Work

- A.
 - sacred, secular

4. How a Man Finds Meaning & Excels at His Work

- A. Master
 - craftsman
- B.
- C.
- D. word
 - keep
 - over-deliver

5. Honoring God In Every Season Of Work

- A.
 1. Faithful
 - 2.
 3. Humble



WEEK 9: The Definition: Better God's World

1. A Man And His Children

- A. fruitful
- B. bless
- C. legacy

2. What Your Children Most Need From You

- A. early
- B. affection
- C. design
- D. much
- E.
- F. bless

3. A Man And His Church

4. A Man And His Community

5. Final Thoughts

- A. better
- B.
- C.
 - church, community



BETTERMAN