

Title: Peace | Brad Randall | Wednesday, October 21, 2026

Main Idea:

God offers the greatest gifts to everyone who belongs to Him: salvation, hope, and peace. Even though believers have peace through Christ, that peace can still be disrupted.

Key Passage:

Philippians 4:1-9

1. Animosity Disrupts Peace

Philippians 4:2-3

Paul urges Euodia and Syntyche to settle their disagreement because they both belong to the Lord.

Important notes:

- Animosity creates hostility and tension.
- It can happen even between faithful believers.
- Disagreements can grow larger than they should.
- The conflict itself can become more damaging than the original issue.

Solution:

Settle it to the best of your ability.

Practical steps:

- Do what you can to pursue peace.

- Walk toward others in love, not pride.
- Seek help from trustworthy, godly people when needed.
- Remember that you cannot control someone else's heart, but you can control your response.

Another key solution:

Humility

Philippians 4:4-5

- Settling conflict requires humility.
- The goal is not to prove you are right.
- The goal is to honor Christ and love others well.
- Paul reminds them, "The Lord is coming soon," meaning some disagreements are not worth the attention we give them.

2. Anxiety Disrupts Peace

Philippians 4:6-7

"Don't worry about anything; instead, pray about everything."

Important notes:

- Anxiety is one of the most common disruptors of peace.
- Worry can feel like being pulled in different directions.
- Hope pulls us toward peace, but fear tries to pull us away from it.
- Anxiety affects the heart, mind, body, sleep, motivation, and joy.

Solution:

Pray about everything.

Prayer includes:

Adoration

- Worship God and lift Him above the source of worry.
- Worry often means something has captured more of our attention than God.
- Adoration puts God back in His rightful place in our hearts and minds.

Supplication

- Be honest with God about what you need.
- Tell Him the source of your worry.
- Trust that He knows what is best, even when His answer is different from what you expected.

Appreciation

- Thank God for what He has already done.
- Gratitude reminds us of His faithfulness.
- Remember that what God has done for us is greater than anything we could do for ourselves.

Result:

God's peace will guard our hearts and minds in Christ Jesus.

3. Apathy Disrupts Peace

Philippians 4:8-9

Spiritual apathy is knowing God is Lord but continuing to submit to the flesh.

Important notes:

- Apathy happens when believers live lukewarm lives.
- It is living apart from what is true, honorable, right, pure, lovely, and admirable.
- A believer living out of fellowship with Christ will not fully experience the peace God offers.
- The Holy Spirit loves us enough to make us uncomfortable in sin.

Solution:

Focus and follow.

Focus:

- Fix your thoughts on what is true, honorable, right, pure, lovely, admirable, excellent, and worthy of praise.

Follow:

- Put God's truth into practice.
- Practice obedience, even though perfection is not possible.
- Live in a way that honors the One you belong to.

Final Reminder:

The God of peace is with His people. Even when life is not peaceful around us, God's peace can live within us.

Key Takeaway:

Peace can be disrupted by animosity, anxiety, and apathy, but God gives us a way forward through humility, prayer, gratitude, focus, and obedience.