

# GENESIS

## Genesis 4-5 | "Cain And Abel"

### I. THE FIRST FAMILY (4)

#### THE FIRST PREGNANCY AND BIRTH (v. 1)

##### A. (v. 1)

1. **"And Adam knew Eve his wife; and she conceived, and bare Cain, and said, I have gotten a man from the LORD."**

a. *"she conceived, and bare Cain"*

1) This is the FIRST PREGNANCY.

a) **Q** = Did she crave pickles and ice cream? Did she have morning sickness?...

2) Cain was the FIRST CHILD TO BE BORN.

a) *"Cain"* - Heb. *"Acquired"*

b) NO OBGYN; NO prenatal vitamins; NO sterile hospitals; NO epidurals; NO nurses; etc.

i. **Q** = What was it like for them to see Cain for the first time?

3) Adam and Eve were FIRST-TIME PARENTS:

a) **Q** = How old were Adam and Eve when they became parents?... One year old?!

b) They didn't have their parents as models. They had nobody to emulate.

i. I believe that Adam and Eve were geniuses and had an understanding of what was going on, but THEY DIDN'T HAVE THEIR SENSES SHARPENED WITH EXPERIENCE YET.

c) They had "on the job" training as parents.

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- b. *"I have gotten a man from the LORD"*
  - 1) Heb. lit. *"I have gotten a man - YHVH"*<sup>1</sup>
    - a) The way the Hebrew text literally reads, shows that Eve understood the promised Seed ([Gen. 3:15](#)) would be a God-Man.
    - b) Eve just wrongly applied her correct theology thinking that Cain was the fulfillment! And I'm sure as he became a toddler, she knew that this can't really be the case!

### THE FIRST CAREERS (v. 2)

#### **B. (v. 2)**

- 1. ***"And she again bare his brother Abel. And Abel was a keeper of sheep, but Cain was a tiller of the ground."***
  - a. *"Abel"* - Heb. *"Vanity; Breath"*
    - 1) By the time Abel was born, Adam and Eve began to feel the effects of the curse and the vanity of life, and the hope that Cain was the promised redeemer was lost.
    - 2) I'm sure, by this point, Eve realizes that Cain is no God-Man!
  - b. *Abel* = the FIRST SHEPHERD.
  - c. *Cain* = the SECOND Farmer, following the footsteps of his father Adam ([Gen. 2:15; 3:24](#)).

### THE FIRST OFFERINGS (v. 3-7)

#### **C. (v. 3-5)**

- 1. ***"And in process of time it came to pass, that Cain brought of the fruit of the ground an offering unto the LORD. And Abel, he also brought of the firstlings of his flock and of the fat thereof."***

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<sup>1</sup> Arnold G. Fruchtenbaum. "The Book of Genesis.", p. 203-206.  
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***And the LORD had respect unto Abel and to his offering: But unto Cain and to his offering he had not respect. And Cain was very wroth, and his countenance fell."***

- a. "in the process of time" - Heb. "at the end of days"
  - 1) This means "at a specific appointed time"
    - a) So, it seems that this early in human history, there was a fixed time in which the offerings were to be offered.
  
- b. **NOTE:** The Lord had respect or no respect for both the one bringing the offering and the offering itself.
  - 1) God respected Abel and his offering.
  - 2) God did not respect Cain and his offering.
    - a) **NOTE:** Under the Law, there were Meal/Grain Offerings that were acceptable to God (Lev. 2), but that is not the issue here.
  
- c. **Q** = Why was Abel's sacrifice accepted and not Cain's?...
  - 1) Cf. **Hebrews 11:4** - "***By faith Abel offered unto God a more excellent sacrifice than Cain, by which he obtained witness that he was righteous, God testifying of his gifts: and by it he being dead yet speaketh.***"
    - a) **KEY:** They were both to bring a "sacrifice", which was a *slain* animal - i.e. a *blood-sacrifice*.
  - 2) Cf. **Romans 10:17** - "***So then faith cometh by hearing, and hearing by the word of God.***"
    - a) Both Cain and Abel received the Word of God about what was acceptable and not acceptable for offerings, and Abel obeyed by faith, while Cain disobeyed in unbelief!

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- b) Since Cain was not a shepherd like his brother Abel, but a farmer, he should have bought a lamb from his brother Abel, that he might bring a blood-sacrifice.
  - i. **KEY:** The problem with Cain's sacrifice was that it was bloodless, and because it was bloodless, it was not acceptable! This shows the Unbelief of Cain by his disobedience to the revealed Word of God.
  - ii. **KEY:** Cain is an example of someone who thinks that they can chose their own way to approach God. However, God has told us how to come to Him - with a blood-sacrifice!
- c) **Q** = How do you know if God will receive *you*?...
  - i. His Word says that you have to come to Him through Jesus Christ, who was killed as a blood-sacrifice on your behalf.
- d) **Q** = Have you come to God on His terms of a blood-sacrifice by faith? The shedding of His Son's blood on the cross?...

### D. (v. 6)

- 1. **"And the LORD said unto Cain, Why art thou wrath? and why is thy countenance fallen?"**
  - a. The Lord is not asking the question because He doesn't know why. He's trying to draw out a confession from Cain.

### E. (v. 7)

- 1. **"If thou doest well, shalt thou not be accepted? and if thou doest not well, sin lieth at the door. And unto thee shall be his desire, and thou shalt rule over him."**
  - a. "sin lieth at the door"

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- 1) "lieth" - Heb. "crouches"
  - a) This word has the idea of a lion *crouching* and ready to spring on its prey ([Gen. 49:9](#)).
  - b) Cf. [1 Peter 5:8-9](#) - "*Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.*"
  
- b. "desire" - Heb. *teshukah* - "longing", with the idea her *desiring* to "seek control, take charge; master"
  - 1) **NOTE:** Sin wants to rule over you, but "you shall rule over it!"
    - a) Cf. [Romans 6:12-23](#) - "*Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof. Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God. For sin shall not have dominion over you: for ye are not under the law, but under grace. What then? shall we sin, because we are not under the law, but under grace? God forbid. Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. Being then made free from sin, ye became the servants of righteousness. I speak after the manner of men because of the infirmity of your flesh: for as ye have yielded your members servants to uncleanness and to iniquity unto iniquity; even so now yield your members servants to righteousness unto holiness. For when ye were the servants of sin, ye were free from righteousness. What fruit had ye then in those things whereof ye are now ashamed? for the end of*"

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*those things is death. But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life. For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord."*

### THE FIRST SIBLING RIVALRY AND HOMICIDE (v. 8-15)

#### F. (v. 8)

1. **"And Cain talked with Abel his brother: and it came to pass, when they were in the field, that Cain rose up against Abel his brother, and slew him."**

a. "slew" - Heb. "murdered"

1) Cain murdered his little brother!

a) Instead of slitting the throat of a lamb, he slits the throat of his brother. He murdered him!

i. I don't personally understand sibling rivalry because I'm an only child, but I have kids and can understand how Adam (who had no siblings) must have felt when I see my kids pick on each other.

b) Cf. **1 John 3:14-15** - "We know that we have passed from death unto life, because we love the brethren. He that loveth not his brother abideth in death. **Whosoever hateth his brother is a murderer:** and ye know that no murderer hath eternal life abiding in him."

2) Murder is SATANIC.

a) Cf. **1 John 3:11-12** - "For this is the message that ye heard from the beginning, that we should love one another. Not as Cain, who was of that wicked one, and slew his brother. And wherefore slew he him? Because his own works were evil, and his brother's righteous."

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- i. Cain was "of that wicked one."
    - a. In other words, Cain was of the Devil, under the control of Satan. That's why Jesus said that Satan "was a murderer from the beginning." (cf. [John 8:44](#))
- 3) Murder comes from AN EVIL HEART.
- a) Cf. [Mark 7:21-23](#) - "***For from within, out of the heart of men, proceed*** evil thoughts, adulteries, fornications, ***murders***, Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: All these evil things come from within, and defile the man."
  - b) Cf. [Titus 3:3](#) - "For we ourselves also were sometimes foolish, disobedient, deceived, serving divers lusts and pleasures, living in malice and envy, hateful, and hating one another."
  - c) Cf. [Proverbs 18:21](#) - "Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof."
    - i. **Q** = What is coming out of your mouth? Life or Death?...
    - ii. Cf. [James 3:6-10](#) - "And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell. For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: But the tongue can no man tame; it is an unruly evil, full of deadly poison. Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be."

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- iii. Cf. [Galatians 5:15](#) - *"But if ye bite and devour one another, take heed that ye be not consumed one of another."*

### G. (v. 9)

1. **"And the LORD said unto Cain, Where is Abel thy brother? And he said, I know not: Am I my brother's keeper?"**
  - a. "I know not" = FIRST LIE.
  - b. "Am I my brother's keeper?"
    - 1) The answer is YES!
      - a) Cf. [1 Thessalonians 4:9](#) - *"But as touching brotherly love ye need not that I write unto you: for ye yourselves are taught of God to love one another."*
      - b) Cf. [1 John 4:7-8](#) - *"Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love."*

## THE BEGINNING OF URBANIZATION AND INDUSTRY (v. 16-18)

### H. (v. 16)

1. **"And Cain went out from the presence of the LORD, and dwelt in the land of Nod, on the east of Eden."**
  - a. "from the presence of the LORD"
    - 1) He has now left the localized presence of the Shechinah Glory at the entrance of Garden of Eden ([Gen. 3:24](#)).

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- b. **NOTE:** In Jude's epistle, he mentioned "*the way of Cain*" (Jude 11), which includes:
- 1) Committing murder (v. 8), lying about it (v. 9-12), pitying himself (v. 13), separating himself from God (v. 14-16), and seeking worldly security (v. 17).
- c. **KEY:** Ultimately, the "Way of Cain" is seeking one's own way to God in place of the way God has preordained. It is rejecting God's way and becoming angry when God's doesn't accept one's own way to God.
- 1) **KEY:** All false religions follow the Way of Cain. All religious systems are man's way of trying to come to God, but God will only accept those who come to Him by His terms.
    - a) Cf. John 1:29 - "*The next day John seeth Jesus coming unto him, and saith, Behold **the Lamb of God**, which taketh away the sin of the world.*"
    - b) Cf. Acts 20:28 - "*Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased **with his own blood.***"
    - c) Cf. 1 Peter 1:18-19 - "*Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers; But with **the precious blood of Christ**, as of a lamb without blemish and without spot.*"
    - d) Cf. Hebrews 9:14 - "*How much more shall **the blood of Christ**, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?*"
    - e) Cf. 1 John 1:7 - "*But if we walk in the light, as he is in the light, we have fellowship one with another, and **the blood** of Jesus Christ his Son cleanseth us from all sin.*"

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### I. (v. 17)

1. **"And Cain knew his wife; and she conceived, and bare Enoch: and he builded a city, and called the name of the city, after the name of his son, Enoch."**

a. "Cain knew his wife"

1) Q = Where did Cain get his wife?...

a) I am always concerned when people want to know about another man's wife. 😏

b) Cf. **Genesis 5:4** - Adam had many "sons and daughters."

i. At some point, someone would have married their sister. Thus, Cain either married his sister or a close relative.

a. It was not prohibited by God until the Law was given to Israel. (**Lev. 18:9; 18:11; 20:17; Deut. 27:22**)

b. The gene-pool was purer than it is today, so there would be no birth defects like today.

b. "and he builded a city"

1) Don't think of Cain as a Fred Flintstone-type character, a Caveman dragging his wife by the hair, etc.

### [THE BEGINNING OF BIGAMY AND POLYGAMY \(v. 19\)](#)

### [THE BEGINNING OF THE NOMADIC LIFESTYLE AND CATTLE RANCHERS \(v. 20\)](#)

### [THE BEGINNING OF THE ARTS AND MUSIC \(v. 21\)](#)

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### THE BEGINNING OF METALLURGY (v. 22)

### THE BEGINNING OF SELF-SECURITY (v. 23-24)

### THE BEGINNING OF THE MESSIANIC LINE (v. 25-26)

#### J. (v. 25)

1. ***"And Adam knew his wife again; and she bare a son, and called his name Seth: For God, said she, hath appointed me another seed instead of Abel, whom Cain slew."***

a. *"and she bare a son, and called his name Seth"*

1) This does not mean that Seth was the third son born ([Gen. 5:4](#)), but probably the first son born after Abel was murdered.

a) Adam and Eve had Seth when Adam was 130 years old ([Gen. 5:3](#)). If Adam and Eve had Cain in year 1, then Cain may have been around 129 years old by this point.

b) Besides Enoch, who was taken into heaven without dying at age 365 ([Gen. 5:23-24](#)), the average age recorded of the 9 antediluvian patriarchs was 912 years.<sup>2</sup> Recorded ages at the births of their children ranged from 65 years (Mahalaleel, [Gen. 5:15](#); Enoch, [Gen. 5:21](#)) to 500 years (Noah, [Gen. 5:32](#)). Every one of them is said to have had "*sons and daughters*," so that each family had at least 4 children, and probably many more.

i. **NOTE:** If the average family size were 8, and the length of a generation 93 years, instead of 100, the population at the time of

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<sup>2</sup> Henry M. Morris, *The Biblical Basis for Modern Science*, Part 4, Chapter 15. Baker Books, Grand Rapids, Michigan, 1984. <http://www.ldolphin.org/morris.html>

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Adam's death, 930 years after his creation, would already have been 2,800,000.

### K. (v. 26)

1. ***"And to Seth, to him also there was born a son; and he called his name Enos: then began men to call upon the name of the LORD."***

a. *"And to Seth... was born a son"*

1) Enos was born when Seth was 105 years old (**Gen. 5:6**), thus 235 years after Adam was created, which places us in the Year 235 After Creation.

b. *"then began men to call upon the name of the LORD."*

1) Some scholars believe this is the FIRST REVIVAL.

2) Other scholars believe this is a wrong translation, and should rather say, *"then began men to call **themselves** by the name of the LORD."*