



SUMMER SUNDAY SERIES

# RENEWAL



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# The RENEWAL

OF YOUR STRENGTH

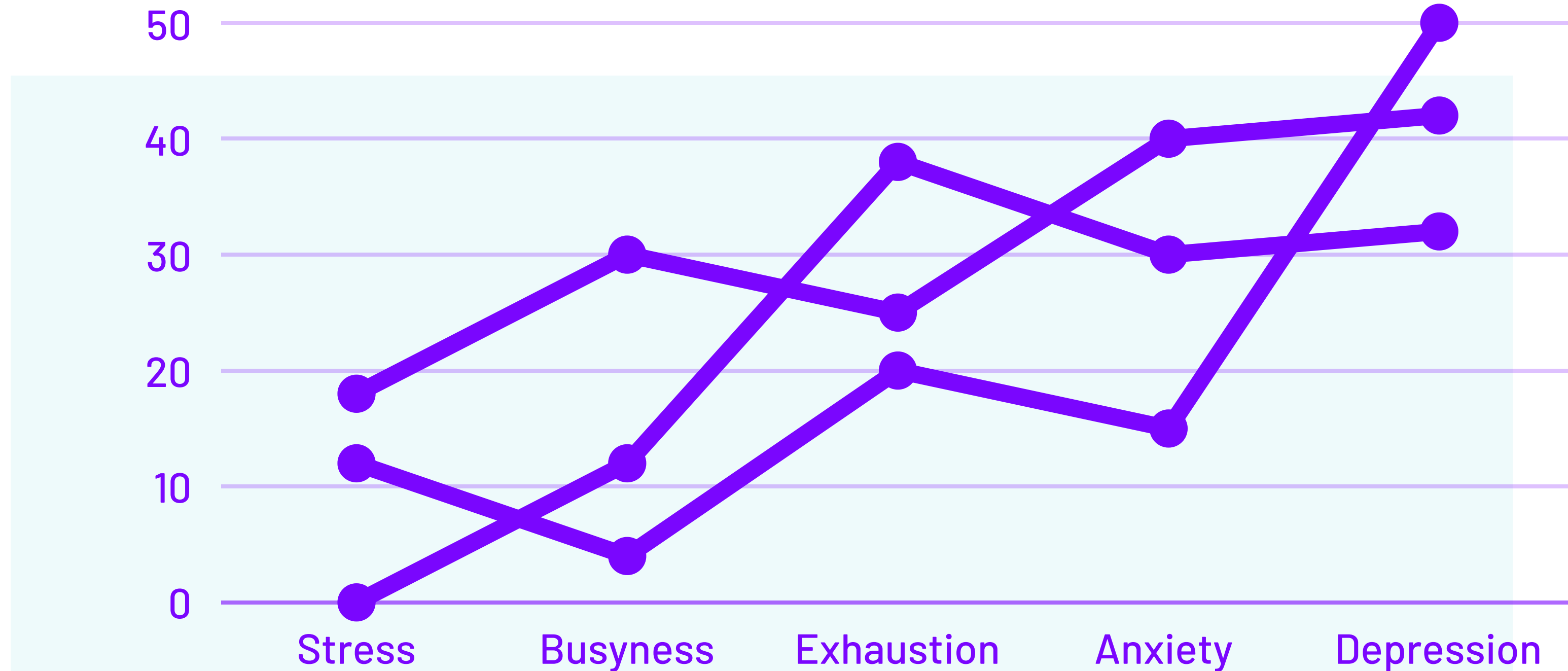
**Isaiah 40:  
28-30**

**“He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength.”**

Isaiah 40:31

**“They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”**

# WEARY? WEAK? TIRED?



ARE YOU  
TIRED?

HE GIVES STRENGTH TO THE  
WEARY.

HE INCREASES THE POWER OF  
THE WEAK.

# YOUTH AND YOUNG MEN

- Very zealous.
- Quite capable.
- Be idealistic.
- Feel invincible.





We start our spiritual  
lives with youthful  
passion!





We start our our  
ministries with  
youthful confidence!

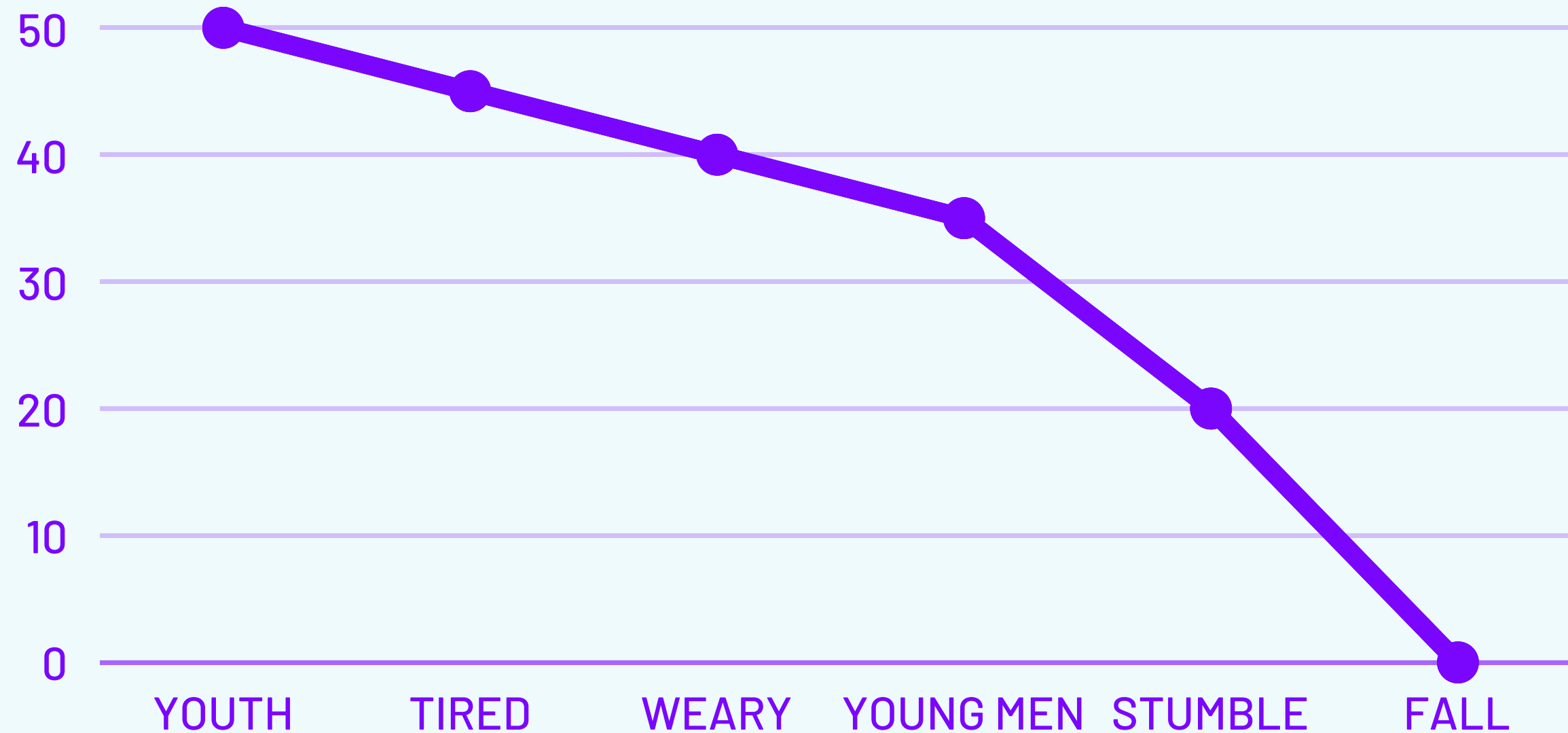
“God is  
attracted to  
weakness.”

Jim Cymbala

- “For when I am weak, then I am strong.”
  - (2 Corinthians 12:10)
- “For when we were yet without strength, in due time Christ died for the ungodly.”
  - (Romans 5:6)

# YOUTH BECOME YOUNG MEN

TIRED AND WEARY LEADS TO STUMBLING AND FALLING



# STUMBLE

WE BE TRIPPING OVER  
OFFENSE.



# FALLING

WE AREN'T ON THE LEVELS  
WE USED TO BE ON.

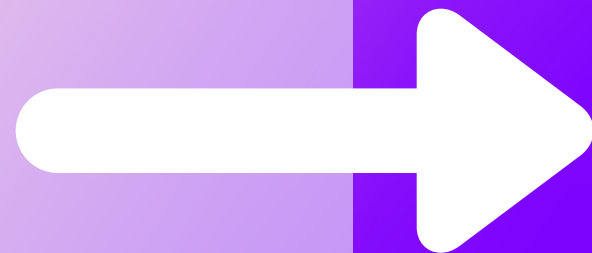
*"But I have this against you,  
that you have abandoned the  
love you had at first.*

*Remember therefore from  
where you have fallen..."*

*(Revelation 2:4-5)*



**DOUBTS,  
DEFEATS,  
DISAPPOINTMENTS,  
DRYNESS,  
DISTRESS,  
AND  
DISHEARTENMENT.**



**Desperation**

# Why do we lose our spiritual vitality?

**1. We have human weaknesses.**

“earthen vessels”  
(2 Corinthians 4:7)



# Why do we lose our spiritual vitality?

**2. We have selfish tendencies.**

“the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another.” (Galatians 5:17)

# Why do we lose our spiritual vitality?

**3. We have  
spiritual warfare.**

“For our struggle is not against flesh and blood, but against...the powers of this dark world and against the spiritual forces of evil”  
(Ephesians 6:12)

# Zechariah 4:6

**“It is not by might, nor by power, but by my Spirit says the Lord.”**

Renewal means an  
exchange...

Warren W. Wiersbe

How does  
this  
renewal of  
strength  
happen?

“but those who hope in  
(Wait upon) the Lord will  
renew their strength.”  
(Isaiah 40:29)

# 1. HUNGER

“Open wide your mouth and I will fill it.” (Psalm 81:10)



Anyone  
hungry for  
this?

“Your people will  
volunteer freely in the day  
of Your power”  
(Psalm 110:3)



# 2. EXPECTATION

“Open wide your mouth and I will fill it.” (Psalm 81:10)

SOAR

RUN &  
WALK

**“They will soar on wings  
like eagles; they will run  
and not grow weary, they  
will walk and not be faint.”**

**(Isaiah 40:31)**