

BREAKING BROKE | PT 9

Breaking the Blessing Bottleneck - Why Some People Are Blessed, Yet Still Stuck

WHEN BLESSING EXISTS BUT FLOW DOES NOT

INTRODUCTION: THE BLESSING OF ABRAHAM IS NOT PAST, IT IS PRESENT

Before we talk about bottlenecks, we must settle something foundational. We are not a people hoping God will bless us. We are a people who **carry the blessing**.

- The blessing did not begin with modern prosperity teaching. It began with a covenant.

Genesis 12:2–3 NKJV - “I will make you a great nation; **I will bless you** and make your name great; and you shall be a blessing... and in you all the families of the earth shall be blessed.”

- Notice the language. God did not merely promise Abraham moments of favor. **He placed something on him.**
- The Hebrew concept of blessing is not a wish. It is an **empowerment**. A divine enablement to be fruitful,

to multiply, to increase, and to govern what God assigns.

Abraham was not blessed occasionally. He walked under the blessing. It followed him. It distinguished him. It produced results wherever he went.

Genesis 13:2 NKJV - “Abram was very rich in livestock, in silver, and in gold.”

- This was not accidental wealth. This was covenant capacity.

Now here is where the New Testament reframes everything.

Galatians 3:13–14 NKJV - “Christ has redeemed us from the curse of the law, having become a curse for us... that **the blessing of Abraham** might come upon the **Gentiles** in Christ Jesus, that we might receive the promise of the Spirit through faith.”

Do not read past that too quickly.

The New Testament does not say we are trying to get Abraham’s blessing. It says **the blessing of Abraham has come upon us.**

You are not chasing blessing - You are carrying it.

Galatians 3:29 NKJV - “And if you are Christ’s, then you are Abraham’s seed, and **heirs according to the promise.**”

- Heirs do not beg. Heirs steward. This means the issue for believers today is rarely **whether the blessing exists.** The issue is **whether it is flowing.**

You can possess an inheritance and still live constrained. You can carry covenant and still experience congestion. You can have the blessing on your life, yet feel stuck, strained, and stalled.

So, when we talk about “breaking broke,” we are not talking about convincing God to do something He has already done. We are talking about identifying what is restricting the movement of what He has already released.

YOU DO NOT LACK ABUNDANCE. YOU LACK AN AWARENESS OF THE ABUNDANCE THAT IS ALL AROUND YOU AND HOW TO RECEIVE IT!

- You are not waiting on God. The blessing is already present.
- The question is not: “Does God bless?” The question is: **“Why is the blessing bottlenecked?” That is what we are addressing today.**

HOW MANY OF YOU HERE believe God is good? You believe God blesses? You believe Scripture?

Yet they live with tension. They have moments of favor but no momentum. They experience provision but no margin. They see God move, but the movement does not seem to last.

That is not always a poverty issue. That is often a **flow issue**.

A bottleneck is not the absence of supply. A bottleneck is restriction in movement. **God has not stopped blessing. Something is restricting how the blessing flows through life.**

1 Thessalonians 4:10–12 NKJV “But we urge you, brethren, that you **increase more and more**, that you also aspire to **lead a quiet life**, to **mind your own business**, and to **work with your own hands**, as we commanded you, that you may walk properly toward those who are outside, and **that you may lack nothing.**”

Increase is commanded. Lack nothing is expected. So, when lack persists, the question is not whether God blesses. The question is where the flow is restricted.

FOUNDATIONAL TEACHING: THE BLESSING VS BEING BLESSED

The Difference:

- Being blessed is episodic. The blessing is systemic.
- Being blessed is provision in a moment. The blessing is empowerment for a lifetime.
- The blessing is capacity. Capacity to produce. Capacity to sustain. Capacity to govern. Capacity to build.

When the blessing flows freely, life becomes ordered, fruitful, and stable. When it bottlenecks, life feels heavy even when good things happen. So today we locate and break the bottlenecks.

POINT 1: BLESSING FLOWS THROUGH ALIGNMENT, NOT INTENTION

Key Principle - Blessing responds to alignment, not desire.

Deuteronomy 28:1–2 NKJV - “Now it shall come to pass, if you diligently obey the voice of the Lord your God... that

all these blessings shall come upon you and overtake you..."

Blessings overtake aligned lives.

1 Thessalonians 4:11 NKJV - "...that you also aspire to **lead a quiet life**, to mind your own business, and to work with your own hands..."

- A quiet life here is not passive. It is ordered. Focused. Disciplined.
- Blessing flows best through lives that are not scattered.

Blessing Insight

- **Many people want the blessing while resisting structure. They want increase but live reactive. They want peace but live undisciplined. They want margin but live impulsive.**

The blessing is not random - It responds to alignment.

Do an alignment check

- What area of my life lacks order?

- Where am I out of rhythm with God's instructions?
- What habit is restricting flow?

Blessing does not chase desire. Blessing overtakes alignment.

Order creates a runway for the blessing to land.

TRANSITION - Alignment opens the flow, but flow does not last without stewardship.

POINT 2: BLESSING STALLS WHERE STEWARDSHIP BREAKS DOWN

Key Principle - What you cannot steward, God will not expand.

Luke 16:10–11 NKJV - “He who is faithful in what is least is faithful also in much... If you have not been faithful in the unrighteous mammon, who will commit to your trust the true riches?”

- Jesus ties increase to faithfulness, not feelings. Faithfulness precedes fullness.

Blessing stalls when: (PUT ON ONE SCREEN)

- Increase arrives without management
- Opportunity comes without discipline
- Provision flows into chaos

God does not increase disorder. He increases stewardship. Stewardship is maturity. Stewardship is respect for what God sends.

Ask yourself:

- Do I track what God sends, or just react to it?
- Do I plan, or only respond to pressure?
- Do I steward time, energy, and money intentionally?

Faithfulness widens capacity.

God does not increase chaos. He increases faithfulness. Stewardship determines sustainability.

TRANSITION Alignment opens the valve. Stewardship stabilizes the flow. But another bottleneck shuts blessing down faster than most realize.

POINT 3: BLESSING STOPS WHERE GENEROSITY STOPS

Key Principle - Blessing is sustained by circulation, not accumulation.

Proverbs 11:24–25 NKJV - “There is one who scatters, yet increases more; and there is one who withholds more than is right, but it leads to poverty. The generous soul will be made rich...”

- Blessing is designed to move.
- When circulation stops, stagnation begins.

Fear creates hoarders - Faith creates distributors.

The blessing does not pool. It flows. God blesses channels, not containers. Rivers, not reservoirs. When generosity dries up, the flow narrows.

- Has fear tightened my grip?
- Has comfort replaced trust?
- Have I shifted from open-handed to guarded?

Reopen generosity, and flow begins again.

What you stop releasing, God stops increasing.

The blessing flows through open hands.

TRANSITION - Alignment opens the flow. Stewardship sustains it. Generosity widens it. But the final bottleneck is internal.

POINT 4: BLESSING IS RELEASED AT THE LEVEL OF CAPACITY

God releases blessing at the speed of your capacity to carry it.

Matthew 9:17 NKJV - “Nor do they put new wine into old wineskins, or else the wineskins break...”

- God protects you from blessing you cannot sustain.

Capacity includes:

- Maturity
- Discipline
- Wisdom
- Identity stability
- Leadership development

Many want more, but have not become more.

God is not withholding blessing. He is developing the vessel. Increase follows growth.

- Who must I become to carry what I am praying for?
- What systems need to grow?
- What discipline needs strengthening?

Capacity expansion precedes blessing expansion.

**God is not limiting blessing. He is developing capacity.
Increase follows growth.**

CONCLUSION: OPEN THE FLOW

- You are not cursed. You are not forgotten. You are not overlooked.
- You may simply be congested.
- Alignment opens the flow.
- Stewardship sustains it.
- Generosity widens it.
- Capacity carries it.

The blessing is not blocked. The bottleneck is removable.