

Beyond SUNDAY
Following Jesus in the Regular Stuff of Life

The Idols that Make Us Idle

John 15: 1-5

INCLINE %

0.0

0:29

TIME ELAPSED

0:29

TIME ELAPSED

1

CALORIES BURNED

1

CALORIES BURNED

0.01

MILES

0.01

MILES

SPEED (MPH)

1.0

SPEED (MPH)

- 10
- 9
- 8
- 7
- 6
- 5
- 5
- 4
- 3

- 10
- 9
- 8
- 7
- 6
- 5
- 5
- 4

▲

0.0

INCLINE %

▼

▲

1.0

SPEED (MPH)

▼





The Treadmill

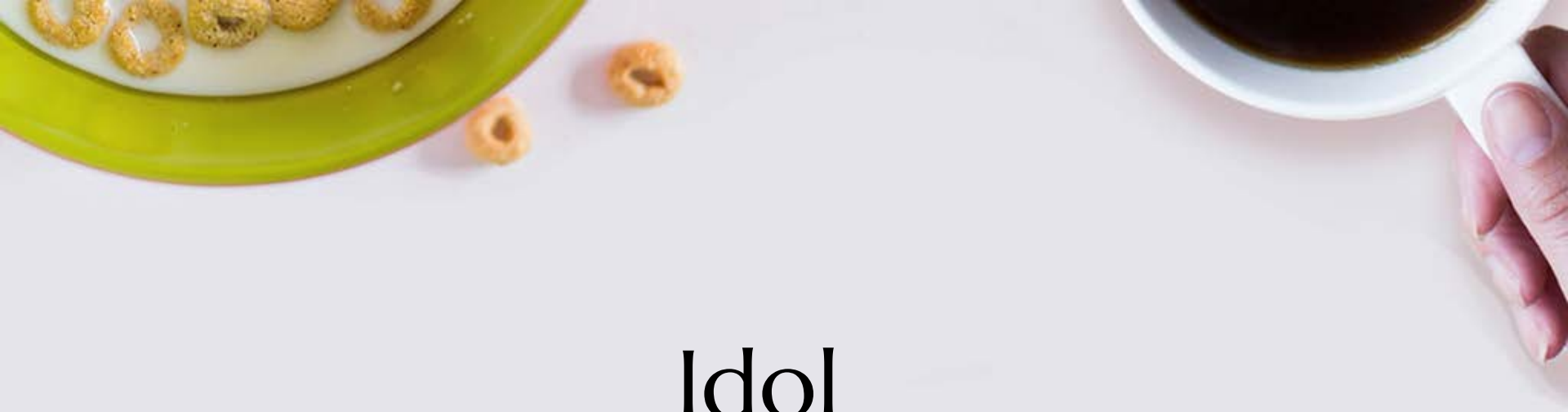
Idols

- Pleasures
- Approval/
Recognition
- Busyness
- Knowledge
- Success



Warning Signs

- Guilt
- Anxiety
- Stress/Anger
- Fatigue
- Exhaustion
- Depression
- Pain



Idol

Relying on things other than God to
get you through life



The Gospel

Idols



Warning Signs



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- Pleasures
- Approval/
Recognition
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A top-down view of a breakfast table. On the left, a green-rimmed bowl contains white cereal with several golden-brown cereal rings. To the right, a white mug filled with dark coffee is held by a hand. The background is a plain white surface.

The Gospel

1 Corinthians 15:3-4 (NASB)

³ For I delivered to you as of first importance what I also received, that Christ died for our sins according to the Scriptures, ⁴ and that He was buried, and that He was raised on the third day according to the Scriptures,



Romans 6:5-11

⁵ For if we have become united with *Him* in the likeness of His death, certainly we shall also be *in the likeness* of His resurrection, ⁶ knowing this, that our **old self was crucified with *Him***, in order that our body of sin might be done away with, so that we would no longer be slaves to sin; ⁷ for he who has died is freed from sin. ⁸ Now if we have died with Christ, we believe that we shall also live with Him, ⁹ knowing that Christ, having been raised from the dead, is never to die again; death no longer is master over Him. ¹⁰ For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. ¹¹ Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus.



Salvation is Past, Present & Future.

Are we applying that reality to our lives in the present?

A top-down view of a white table with a green bowl of cereal and milk, a white cup of coffee, and a hand holding the cup. The text is overlaid on the table.

The Gospel

Warning Signs

- Guilt
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- Stress/Anger
- Fatigue
- Exhaustion
- Depression
- Pain



**Jesus is
screaming,
“Abide in
me!”**

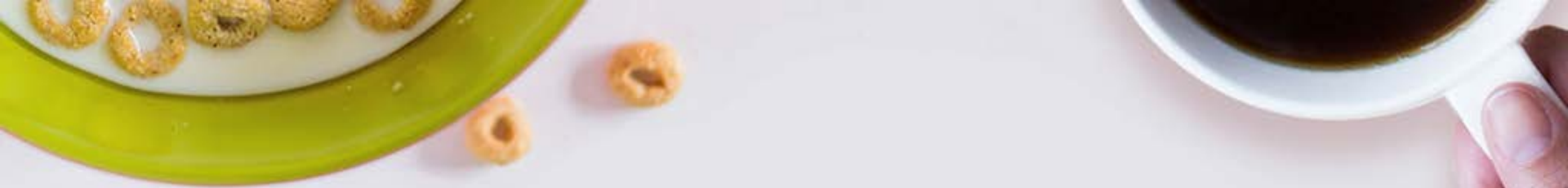
A top-down view of a breakfast table. On the left, a green bowl contains milk and several golden-brown cereal rings. A few more cereal rings are scattered on the white surface next to the bowl. On the right, a white mug filled with dark coffee is held by a hand, with the thumb and index finger visible. The background is a plain, light-colored surface.

John 15:5 (NASB)

5 "I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing.



Get Real Steve!



You can't follow Jesus if you're staying in one place on a treadmill. Following Jesus in the regular stuff of life means getting off the treadmill and walking in the reality that He has given you all you need (His Word, His Holy Spirit, His People) to live a victorious, abundant life!