

1st Thessalonians 5:16-18

1. Continual Rejoicing

[Philippians 4:4](#) “4 Rejoice in the Lord always; again I will say, rejoice!”

[Matthew 5:12](#) “12 Rejoice and be glad, for your reward in heaven is great; for in the same way they persecuted the prophets who were before you.”

2. Constant Prayer

[James 5:16](#) “16 Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.”

[Colossians 1:14](#) “14 in whom we have redemption, the forgiveness of sins.”

[Ephesians 1:7](#) “7 In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace”

The Spurgeon Study Bible: Notes Chapter 5

Prayer gives a channel to the pent-up sorrows of the soul; they flow away, and in their place streams of sacred delight pour into the heart.

[Jeremiah 29:12](#) “12 Then you will call upon Me and come and pray to Me, and I will listen to you.”

3. The Court of Thanksgiving

[Psalm 100:4](#) “4 Enter His gates with thanksgiving And His courts with praise. Give thanks to Him, bless His name.”

[Psalm 116:17](#) “17 To You I shall offer a sacrifice of thanksgiving, And call upon the name of the Lord.”

[Philippians 1:6](#) “6 For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.”