

SERMON DISCUSSION GUIDE: FEBRUARY 15, 2026

RUN TO WIN – 1 CORINTHIANS 10:1-14

1. Discussion Starter

- If your life were a Winter Olympics event, which would you win a gold medal in...and which would end in a spectacular crash?

2. Don't be ignorant (vv. 1-5)

- God uses the story of Israel to give us pertinent warnings. What does it mean to you that God was thinking about your choices and using history to guide and keep you even before you existed?

3. Heed God's Warning (vv.6-12)

- Paul lists patterns that destroyed Israel: idolatry, sexual immorality, testing God, and grumbling. Which of these patterns feels most relevant to your life right now and why?
- Are there small habits or choices you've been ignoring that could become bigger problems over time?

4. Trust God's Faithfulness (vv.13-14)

God does not leave us to face temptation alone. He is faithful and provides a way out.

- Why do you think this promise is so hard to believe and take hold of in the moment of temptation?
- Even when we've given in to the same temptation over and over, do you think God's promise to provide a way out still holds true, or is there a limit?

5. Personal Reflection (v.6)

- If God gave you the story of Israel to warn and guide you, what might He be saying to you personally right now? What's one step you can take this week to run more intentionally toward Christ and away from sin?

Take Time to Pray

