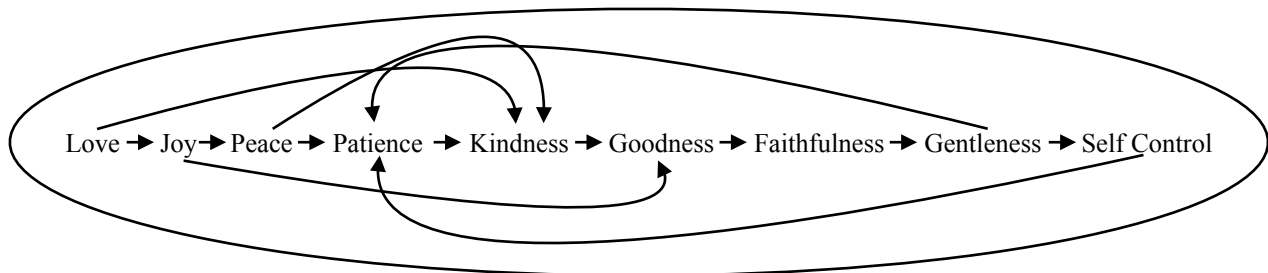


***Walk By The Spirit:***  
***The Role and Importance of the Holy Spirit in the Life of a Believer***  
***7 - The Fruit of the Spirit - Joy, Peace, Patience, Kindness, Goodness, Faithfulness,***  
***Gentleness and Self-Control***

*March 26, 2017*  
Galatians 5:16-26  
Sunday Evening Bible Study

1. Review
  - 1.1. Trinity
  - 1.2. Characteristics of the Holy Spirit - He is God, a person and is powerful
  - 1.3. Wrong reasons to seek to be filled with the Spirit - Acts 8:9-24
  - 1.4. Right reason to seek to be filled with the Spirit - 1 Corinthians 12:7
  - 1.5. What does it mean to be filled with the Spirit - Eph 5:18-21
  - 1.6. Things that prevent us from experiencing the Holy Spirit - Comfort and Volume
  - 1.7. The Spirit vs The Flesh - Romans 8:1-17
  - 1.8. Three Responses to the works of the Flesh
  - 1.9. The Works of the Flesh
  - 1.10. The Fruit of the Spirit - Love

**Paul is putting forth an interconnected list of virtues starting with Love, the most important, that are mutually enriching and flow into one another.**



2. Joy
  - 2.1. The experience of joy and gladness - joy, gladness, great happiness.
  - 2.2. God's Example (Hebrews 12:2, Galatians 5:22, Romans 15:13)
  - 2.3. The origin of the believers joy in in God. (Philippians 3:1, 4:4, Romans 5:11, 15:13, Galatians 5:22)
  - 2.4. Our joy is closely related to our eternal hope and peace. (Romans 5:2, 12:12, 15:13, 1 Peter 1:3-9)
  - 2.5. Believers are to rejoice always. (Philippians 4:4)
  - 2.6. Unlike worldly happiness, joy is not dictated by circumstances. We can experience great joy in difficult and sad times. (James 1:2-4, Hebrews 10:34, Romans 5:1-5, 2 Corinthians 6:10, 1 Peter 1:6-9)
  - 2.7. We rejoice in God's goodness to us. (Deuteronomy 26:11, Romans 8:28)

- 2.8. Repentance and regeneration are a cause for great joy on earth and in heaven. (Luke 15:7, 10, 32)
- 2.9. One of our greatest joys is centered on our secure standing before God because of Jesus's work on the cross. (Luke 10:20, Romans 5:10-11, 1 Peter 1:3-6, Psalm 51:12)
- 2.10. Joy is not optional for a Christian.
- 2.11. Application
  - Do you experience the joy of God?
  - What is preventing you from experiencing the joy of God?
  - Pray Psalm 51:12. Ask the Lord to give you joy. Remember and write out all that the Lord has done for you.

### 3. Peace

- 3.1. The state of peace, harmony - between governments or in personal relationships. Total well-being, prosperity and security associated with God's presence among his people. According to the prophets, peace will be an essential characteristic of the messianic kingdom. A state of freedom from anxiety and inner turmoil. Freedom from worry.
- 3.2. God's Example (Romans 15:33, 16:20, 1 Cor 14:33, Eph 2:14)
- 3.3. As a believer justified by faith, we have peace with God through Christ. (Romans 5:1)
- 3.4. Our peace with God allows us to have peace in the body of Christ. (Ephesians 2:14)
- 3.5. We should also strive for peace with everyone. (Hebrews 12:14)
- 3.6. Joy and peace are closely related. (Romans 15:13)
- 3.7. Our church should not be marked by confusion and chaos but by peace. (1 Cor 14:33)
- 3.8. Our lives should not be marked by confusion, chaos, anxiety and inner turmoil but rather by reasonableness, joy and the peace of God. (Philippians 4:4-7)
- 3.9. Application
  - Do I have peace with God?
  - Do I have peace among those in my church? Am I actively protecting and pursuing peace at my church? What do I need to do to reconcile any relationship?
  - Is my life marked by the peace of God or by confusion, chaos and anxiety?
  - What in my life is causing me to not be marked by peace?
  - Ask God to act in these situations and trust him. Thank him for all that he has done for you.

### 4. Patience

- 4.1. State of remaining tranquil while awaiting an outcome. State of being able to bear up under provocation. Steadfastness, endurance, forbearance. A state of emotional calm in the face of provocation or misfortune and without complaint or irritation.
- 4.2. God's Example (Romans 2:4, 9:22, 1 Tim 1:16, Matt 27:41-44, 1 Peter 3:20, 2 Peter 3:15)
- 4.3. The prophets are an example to us of patiently waiting through suffering. (James 5:10)
- 4.4. Patience is common on the Christian virtue list. (2 Cor 6:6, Gal 5:22, Eph 4:2, Col 1:11, 3:12)
- 4.5. Patience should mark our ministry toward others. (2 Timothy 4:2, 1 Thess 5:14)

4.6. Love is patient. (1 Cor 13:4)

4.7. We patiently await God to fulfill his promises. (James 5:7-8, Hebrews 6:11-12)

4.8. Application

- Am I patient with God?
- Am I patient with my spouse, children, coworkers, employees, fellow drivers, etc?
- When I am not patient, what underlying desire of the flesh am I gratifying?
- Am I quick to judge? God shows patience in his judgement, can I show some grace to those around me?

5. Kindness

5.1. Uprightness in one's relations with others. The quality of being helpful or beneficial. To provide something beneficial for someone as an act of kindness.

5.2. God's Example (Romans 2:4, Ephesians 2:7, Romans 11:22)

5.3. Kindness is the result of Love. (1 Corinthians 13:4)

5.4. Kindness is a command to the church. (Ephesians 4:32)

5.5. Many times kindness towards others can lead to gospel conversations.

5.6. Application

- Do I behave towards others in the same kindness God shows toward me?
- What can I do this week to show kindness to someone?

6. Goodness

6.1. Positive moral quality characterized especially by interest in the welfare of others. The act of generous giving toward that which does not merit the action, with the implication of its relationship to goodness. Generosity that springs from kindness.

6.2. God's Example (Psalm 119:68, 107:1, 145:9, Matt 19:16-17, John 3:16, Romans 8:28)

6.3. Christians are to show generosity. (1 Timothy 6:17-19, 1 John 3:17)

6.4. Benevolent goodness towards others helps kill our envy and jealousy.

6.5. Application

- Are I benevolent and generous?
- Is envy and jealousy keeping me from being generous? What must I do to kill that desire of the flesh?

7. Faithfulness

7.1. That which evokes trust and faith. The state of being someone in whom confidence can be placed, faithfulness, reliability. The state of being someone in whom complete confidence can be placed—trustworthiness, dependability, faithfulness.

7.2. God's Example (Deut 7:9, Psalm 32:4, 33:4, 1 Cor 1:9, 2 Thess 3:3)

7.3. Qualification for discipleship and leadership. (2 Timothy 2:2)

7.4. Honoring your vows/contracts (marriage/business) shows faithfulness. (Deuteronomy 23:21, Ecclesiastes 5:4)

7.5. Application

- Am I honoring my marriage vows? Is there any danger slipping into my marriage that would cause me to not be faithful to my vow? Kill it!

- Am I trusted to do what I say I will do? Would my customers, competitors or boss say that about my work and word?

## 8. Gentleness

- 8.1. The quality of not being overly impressed by a sense of one's self-importance. Gentleness, humility, courtesy, considerateness, meekness. Power under control. Gentleness of attitude and behavior, in contrast with harshness in one's dealings with others.
- 8.2. God's Example (2 Corinthians 10:1, Philippians 2:5-8)
- 8.3. Qualification for elder. (1 Timothy 3:3)
- 8.4. Church discipline should be done in gentleness. (Galatians 6:1)
- 8.5. We defend our faith in gentleness. (2 Timothy 2:24-25, 1 Peter 3:15)
- 8.6. We receive the Scripture in meekness. (James 1:21)
- 8.7. We show courtesy to all people. (Titus 3:2)
- 8.8. Application
  - Am I overly impressed by my sense of self-importance? Why?
  - What can I do to develop more humility in my life?
  - Am I gentle when I discipline my children or do I discipline in a fit of anger?
  - Am I courteous to all people? Even the people I disagree with politically?

## 9. Self-Control

- 9.1. Restraint of one's emotions, impulses, or desires. To exercise complete control over one's desires and actions.
- 9.2. God's Example (Matt 26:53, 27:41, 2 Peter 3:8-10)
- 9.3. Characteristic of an elder. (1 Timothy 3:2, Titus 1:7-8)
- 9.4. Critically important in our sanctification and perseverance. (1 Corinthians 9:24-27)
- 9.5. As the final virtue it is an end cap and final summation of the previous virtues.
- 9.6. Self control is the virtue born in us through the Spirit that allows us to say no to sin.
- 9.7. Application
  - Practice learning to say NO to the desires of your body.
  - Where do I struggle in self-control (sex, anger, food, words, alcohol, etc)? Ask the Lord to empower you through the Spirit to exercise self-control in these areas. What must I do to protect my self from sin and crucify the desires of my flesh?
  - What proactive steps can I take to build up my self-control?