

Intellectual Fitness: Stewardship of the Mind

Romans 12:2

Page 947

The Lord's Day Morning

January 21, 2018

Our vision is that by 2020, we will be prepared to accommodate 1750 worshippers at First Bible Church who are significantly involved in the Great Commission. We are asking the Lord to multiply the number of disciples who *gather* at First Bible Church, *grow* in our community groups, and *go* to the nations to persuade them to be reconciled to God through Christ for their everlasting joy (2 Cor. 5:11,20; Mt. 28:18–20). While only God can cause the growth, we are responsible to be spiritually fit, unified, and organized. We support our spiritual fitness when we exercise self-control in the areas of physical fitness, intellectual fitness, financial fitness, and marital fitness. This morning, we consider four essentials for intellectual fitness and the stewardship of the mind:

1. Think through the options:

1. Trust God to reveal truth without _____. (anti-intellectualism)	3. Trust God to reveal truth through _____. (intellectual fitness)	2. Trust your mind to discover the truth through _____. (intellectualism)
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2. Don't be conformed: Do not uncritically receive the information coming at you from the world (peers, authority figures, political, sports, and religious celebrities, media, social media) to confirm your _____.
3. Be transformed: Critically gather and organize the facts of God's Word so that your mind is Biblically _____.
4. Discern the will of God: Learn to separate the truth from lies about God and how he wants you to live your life by _____ and _____ for the rest of your life.