

Cypress Church
White Noise
Week 1 Study Guide

Main Point: Our faith in Jesus Christ is a gift of God's grace and we are called to fan that gift into a flame: "Kindle, don't Dwindle". We must actively develop our faith and pattern of living by helping others discover and develop a relationship with Christ and then repeating the process over and over again. Discipleship means sharing the message of Christ with this and future generations.

What is the biggest generator of white noise in your life? TV? Facebook? This teaching series is designed to remind and encourage us to keep the main thing, Christ, the main thing, above all the noise.

Read aloud [2 Timothy 1:1-7](#)

- Who do you remember in your daily prayers and thought life?
- What family member or friend would be your Lois or Eunice?
- Do you have a Timothy in your life?

Whatever you feed will grow.

- This week, which habit in yourself or your family are you feeding?
- What is the greatest fear you experienced this week?
- Is that fear growing or is your faith growing?

Consider memorizing [2 Timothy 1:7 \(NLT\)](#) this week:

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Further Actions & Readings:

- Join the daily devotional plan on CypressChurch.TV [here](#).
- Watch the Bible Project's video on 2 Timothy: <https://youtu.be/urlvnxCaL00>
- Pray for the Interns and Residents at Cypress; the next generation leaders in ministry.