

**Inside/Out**  
**Study Guide – Week One**  
**Dealing With My Stuff**

**Main Point:** We can change and finish well.

1. Pastor Ken shared his story about his home repairs. Do you have a similar story – you try to fix something over and over to find out you need a professional to fix it?
2. Christ calls us to be Disciples. Describe, in your own words, the following statements:
  - a. Society values doing over becoming.
  - b. God values who we are becoming.
  - c. Becoming what God desires will bring about fruit.
3. We get a great picture of how powerful sin is from the story of Jacob and Esau. In Pastor Ken's message he shared three fundamental challenges that can prevent us from becoming who God wants us to be. Describe how each one of these stops us from being that person.
  - a. Sin. The cure is confession. Read 1 John 1:9
  - b. Wounded heart. The cure is draw near to God. Read Matthew 11:28-30
  - c. Stale. Commit to growing in Christ. Read John 15: 5
4. How could each one of the above affect our relationship with other people?
5. God gives us a cure for each one of these challenges through His word. Read the scripture and write the cure.
  - a. Read 1 John 1:9. The cure for sin is:
  - b. Read Matthew 11:28-30. The cure for a wounded heart is:
  - c. Read John 15:5. The cure for not becoming stale is:

Looking back on the story of Jacob and Esau – Jacob had a trust issue with God. However, by God's grace Jacob changed. Who or what are you trusting? God wants YOU. Today, right now, you may need to seek God's forgiveness, his healing or make a commitment to take a step to start growing. Whatever it is – He is there waiting.

Further reading:

Read the entire story of Jacob and Esau Genesis chapters 25-35. You won't be able to put it down!

Psalms 51:1-19