

February 1/2, 2020

**TALK ABOUT IT**



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## TEACHING OVERVIEW

Pastor Ken shared the Biblical perspective on sex and intimacy. When done the Biblical way it is affirming, tender, and secure.

## FIRST GROUP MEETING?

Go If you are a **new** group or have **new** members, take time to get to **know** one each other. Share about your families, jobs, and **how** long each of you have been attending Cypress. Do a fun question, for example, if you had tickets and time machine, **what** event **would** you go to.

# Encouragement

Our basis of belief comes from 3 places: our upbringing/ family of origin, our friendships/ **who & what** we surround ourselves **with**, and truth revealed. Reflect and share **what** has formed your basis of belief about sex/sexuality.

This **weekend**, we talked about doing sex God's **way**. **How** does sex God's **way**, the Biblical way, compare **what** the **world** tells us sex/sexuality should be?

# Scripture & Discussion

**Read:** Genesis 2:22-25

## Discuss:

1. There is the emotional, spiritual, and physical components that make up relationships. There must be a unity of the 3. Of the 3, **which** can you **grow** in your relationship **with** your spouse/significant other? If you are single, **which** of these still play a factor in your friendships?
2. The Hebrew **word** form for "to become one" is active and ongoing. It has no end. What implications does this truth have in our lives today?

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**Review:** Song of Songs 1-4, Reading in entirety Song of Songs 4

### **Discuss**

3. The husband is affirming his **wife** through his **words**. **How** have **words** affected you? **When** have they uplifted you? **When** have they hurt you?
4. Our lives are to be full of grace and truth. **How** can you show grace and truth to those that you do not see eye to eye **with** on beliefs of sex/sexuality?
5. His **words** are tender, passionate, and secure. **What** are **ways** to show tenderness, passion, and security in our marriage/relationships?

## **P**Prayer

This **week** pray that each person in your group **would** have an open heart during this series and that they **would** be **aware** of **what** God **wants** to speak to them.

## **N**ext Steps

We are all coming from different places: some of us are single, others of us are dating, some are married, and others are divorced. Identify one thing from the sermon and this **week's** discussion that applies to your season of life and actively **work** on it this **week**.

Write out **where** you need to apply these Biblical truths on sex/sexuality instead of believing other influences in your life.